

# Charlotte Sophia Kasl Quotes

*Children, Memories, Responsibility, Father, Believe, Heart, Mistake, Fun, Little Things, Courage, Dance, Ocean, Daughter, Sex, Running, Eight, Ideas, Love You, People, Thinking*

A life-long blessing for children is to fill them with warm memories of times together. Happy memories become treasures in the heart to pull out on the tough days of adulthood.

~Charlotte Sophia Kasl

Prepare for joy - speak your truth, care for yourself, expand your knowledge, nurture your friendships, let people love you, take on new adventures, go where your heart leads you.

~Charlotte Sophia Kasl

Caring for children is a dance between setting appropriate limits as caretakers and avoiding unnecessary power struggles that result in unhappiness.

~Charlotte Sophia Kasl

The spiritual warrior hides from nothing. We jump into the fire, we dive into the ocean. We become the sea.

~Charlotte Sophia Kasl

Intimacy requires an ability to both merge and be separate, to come together and be apart, like oscillating on a giant swing from oneness to separateness, creating a constant rhythm.

~Charlotte Sophia Kasl

When we come to the end of our days, the little things will seem so unimportant compared to how well we've loved, laughed and treasured our lives and loved ones.

~Charlotte Sophia Kasl

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