People, Needs, Law Of Attraction, Attitude, Energy, Thinking, Ifs, Positive,
Divine, Heart, Grace, Mean, Challenges, Beautiful, Blessing, Space, Dream,
Choices, Pain, Letting Go

Your best teacher is the person offering you your greatest challenge.

~Cheryl Richardson

Just because some people are fueled by drama doesn't mean you have to attend the performance.

~Cheryl Richardson

People start to heal the moment they feel heard.

~Cheryl Richardson

If you avoid conflict to keep the peace, you start a war inside yourself.

~Cheryl Richardson

When you trust and act on your intuition, you increase your self-esteem, build trust in yourself and experience a profound sense of security that no relationship or amount of money will ever give you.

~Cheryl Richardson

Abundance flows into my life in surprising and miraculous ways every day.

~Cheryl Richardson

Sometimes the best way to uncover a new goal or dream is to step back, make space, and allow what's next to find you.

~Cheryl Richardson

I am a master at setting boundaries that protect my time, energy, creativity, and emotional well-being.

~Cheryl Richardson

You don't need to get anywhere or be anything more than the beautiful soul that you already are.

You are an artist. The canvas is your life. Make something worth staring at.

~Cheryl Richardson

To practice Extreme Self-Care, you must learn to love yourself unconditionally, accept your imperfections, and embrace your vulnerabilities.

~Cheryl Richardson

I am a shining star, and I surround myself with people who encourage my brightness.

~Cheryl Richardson

There are no coincidences. Every event we experience and every person we meet has intentionally been put in our path to help raise our level of consciousness.

~Cheryl Richardson

I let go of all I no longer love, need, or use. I adore space.

~Cheryl Richardson

Think BIG. There are unseen forces ready to support your dreams.

~Cheryl Richardson

Count your blessings. A grateful heart attracts more joy, love and prosperity.

~Cheryl Richardson

What if the only resolution you made was to love yourself more? ~Cheryl Richardson

Express your creativity. Delight in the mystery of your inner muse.

I trust in the perfection of Divine Timing and allow my life to unfold as it should.

~Cheryl Richardson

Today I share my abundance with someone who needs a gift of kindness.

~Cheryl Richardson

Ignore the mean voice in your head. It never does any good - ever.

~Cheryl Richardson

We need the dark to appreciate the light. And the light always returns.

~Cheryl Richardson

Stop rehearsing life's failures. Use your beautiful imagination to visualize success.

~Cheryl Richardson

Words are an invitation to life, a request to bring energy into form. Choose your words carefully.

~Cheryl Richardson

I am patient with my needs, kind with my words, and respectful of my soft places.

~Cheryl Richardson

I honor and protect my sensitivity.

~Cheryl Richardson

Step into the light. Unseen forces are cheering you on.

~Cheryl Richardson

Your life is influenced by the energy you bring to every moment.

I surround myself with authentic and loving people who share my journey of personal growth and awakening.

~Cheryl Richardson

Don't be limited by what has been. Be inspired knowing that what could be is far greater than your wildest dreams.

~Cheryl Richardson

Be patient. Life can seem pretty gray while those beautiful wings of yours are being formed. All in due time, dear one. All in due time.

~Cheryl Richardson

Lean back into the arms of grace.

~Cheryl Richardson

Stop worrying about what others think. At the end of the day, you have to live with you. Trust yourself. No one has to tell you when it's right. Do what you need to do.

~Cheryl Richardson

Ask for help. Receiving is an act of generosity.

~Cheryl Richardson

When you look in the mirror and say, 'I love you,' don't worry if you don't believe it yet. Love is far more powerful than your limiting beliefs.

~Cheryl Richardson

Our thoughts, words and actions produce feelings; and these feelings become the currency with which we produce our life experiences.

~Cheryl Richardson

If it's not an absolute YES, it's a NO

Raise your energy. You attract what you radiate.

~Cheryl Richardson

I am focused, organized, and easily able to honor the priorities that need my attention.

~Cheryl Richardson

The more I take care of myself, the more prosperous I am.

~Cheryl Richardson

Be true to what matters most to your heart.

~Cheryl Richardson

My thoughts lead me in the direction of healing, prosperity, connection, and grace-filled experiences.

~Cheryl Richardson

If you eliminate what no longer works, you illuminate what does.

~Cheryl Richardson

To focus means to bring your attention to the center, to concentrate on one thing intently in order to gain clarity.

~Cheryl Richardson

If beating yourself up worked you'd be rich, thin, and happy. Try loving yourself instead.

~Cheryl Richardson

Awareness is a powerful catalyst for positive change.

~Cheryl Richardson

Breathe... Everything is happening exactly as it should be.

If you don't have time for your life, what's the point of it all?

~Cheryl Richardson

Every day, in some way, we're all being prepared for something better.

~Cheryl Richardson

The most powerful tool that I can share with you to transform any situation is the power of blessing with love. No matter where you work or how you feel about the place, bless it with love.

~Cheryl Richardson

Affirmation plus action equals miracles.

~Cheryl Richardson

Trust in Divine timing. Your future holds something far greater than your past.

~Cheryl Richardson

No matter where you work or how you feel about the place, bless it with love.

~Cheryl Richardson

Inner child work is essential. It's the essence of growth as a whole person

~Cheryl Richardson

If beating ourselves up worked, we would all be thin, rich, and happy, wouldn't we?

~Cheryl Richardson

Schedule a sacred date with yourself. You deserve time for your life.

~Cheryl Richardson

Never underestimate the power of intention.

~Cheryl Richardson

When you're brave enough to let go of anything you don't absolutely love or need, what you have left is the space for stillness and possibility.

~Cheryl Richardson

Nothing soulful is birthed from force.

~Cheryl Richardson

Set a goal, write it down, and release the outcome. Small steps make a big difference.

~Cheryl Richardson

There is nothing heavier than the burden of potential

~Cheryl Richardson

Think thoughts that make you feel good, make choices that make you feel good, and take actions that make you feel good.

~Cheryl Richardson

The possibility for rich relationships exists all around you - you simply have to open your eyes, open your mouth and most importantly, open your heart.

~Cheryl Richardson

Let go of the need to control. Trust in the wisdom of a divine plan.

~Cheryl Richardson

Forgiveness releases you from a past that no longer defines you. Allow yourself to move on.

~Cheryl Richardson

The best motivating factor of all, however, is divine intervention, or what

I like to call The Magic of Grace.

~Cheryl Richardson

I will take a pie in the face any time for a worthy cause.

~Cheryl Richardson

Manage your mind. When we direct our thoughts and words toward the outcome we most desire, we ignite grace.

~Cheryl Richardson

If you want to enjoy life more fully, the trick is to teach yourself to live in the insightful mode more often.

~Cheryl Richardson

I want people to have the practical tools and resources they need to lead high quality, authentic lives.

~Cheryl Richardson

Leaders stand out. Good leaders succeed. Great leaders make a difference in the world.

~Cheryl Richardson

I bring a loving presence to everyone I meet and everything I do.

~Cheryl Richardson

Chronic pain or other challenges are invitations; gifts that challenge us to learn how to manage the mind.

~Cheryl Richardson

Our thinking absolutely affects the physical body.

~Cheryl Richardson

Our beliefs become the rules we live by, and then here's what happens: We make ourselves right.

~Cheryl Richardson

The more I trust my intuition and act on its wisdom, the more extraordinary my life becomes.

~Cheryl Richardson

A high quality life starts with a high quality you!

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