Medicine, Men, People, Chocolate, World, Sex, Numbers, Ayahuasca,
Alternative Medicine, Powerful, Healing, Healthy, Important, Suffering, Kissing,
Falling In Love, Museums, Coffee, Dysfunction, Diets

You know the expression, "It's not personal; it's business." We sneer at such rot. All business is personal, all the time.

~Chris Kilham

Mistletoe, the same plant you kiss under at holiday time, may be an effective aid against certain types of cancer.

~Chris Kilham

We are destroying the world's greatest pharmacy. It is very important that we protect the rainforest in everything that we do.

~Chris Kilham

On the other side of the spirit veil, I spend more than a little bit of time researching the hallucinogens. I personally believe ayahuasca is also the greatest natural healing agent, period.

~Chris Kilham

Fire walking is an act of faith. I don't know why it works. I don't know why people don't die doing it. I found it very exhilarating.

~Chris Kilham

A man doesn't need a study to know if he's feeling amorous. There is no such thing as a placebo erection.

~Chris Kilham

Coffee, one of the most widely consumed beverages in the world, contains a plethora of naturally-occurring compounds, including several classes of antioxidants.

~Chris Kilham

While there are a great many agents in nature which boost libido and enhance sexual function, chocolate alone actually promotes the brain chemistry of being in love.

~Chris Kilham

Every herbalist has their favorite plant. Mine is Rhodiola rosea.

~Chris Kilham

As state and local laws mutate and change in favor of greater tolerance, perhaps cannabis will find it's proper place in the home medicine chest.

~Chris Kilham

You need to understand plant chemistry, be inured to discomfort and awesomely flexible. When something breaks down-the plane, the boat, you just have to roll with it.

~Chris Kilham

People in the U.S. are more cranked up on pharmaceutical drugs than any other culture in the world today. I want people using safer medicine. And that means plant medicine.

~Chris Kilham

Hot Plants enhance sexual experience. They increase sensitivity and make sex more urgent. Men get better erections. Women benefit, too. Your orgasms are like Chinese New Year fireworks.

~Chris Kilham

Chocolate just may be the healthiest thing you can put in your mouth.

~Chris Kilham

Only a system in which all parts flourish is holistic.

~Chris Kilham

Anything that's popular gets made into a diet. Acai is no more of a diet than the eraser on your No. 2 pencil.

~Chris Kilham

Maca boosts sex drive like crazy. And if there's any side effect, some

people just have to stop taking it because they get so sexually stimulated... Kind of makes you feel a little like a superhero.

~Chris Kilham

For a product to really be sustainable, it's really got to deliver the goods for the end user. That drives the whole rest of the equation.

~Chris Kilham

There is no such thing as a placebo erection.

~Chris Kilham

You don't have to do something exotic to enjoy the benefits of natural healing agents. So many things in your kitchen - common spices, common herbs and foods - have powerful healing agents as well.

~Chris Kilham

In other parts of the world where I go, people are worried about, Jeez, you know, I really wanted to buy my kids shoes this year.

~Chris Kilham

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