

# Chris Weidman

## Quotes

*Mma, Thinking, Fighting, Knows, Ceilings, Winning, Stronger, Want, Goal,  
Looks, Opportunity, Rooms, Trying, Brain, Together, Being The Best, Sky,  
Break, Continuing To Learn, Eye*

One of the big things that I focus on is not having regrets, just taking every opportunity I have and going for it.

~Chris Weidman

I think any time you get beaten down and rise back up again, you become stronger.

~Chris Weidman

There's no ceiling... just a continuation of improvement.

~Chris Weidman

Its about continuing to learn and being open-minded, don't ever think you know it all.

~Chris Weidman

The truth comes out... I think when you fight you find out who you are

~Chris Weidman

The sky is the limit when you work hard.

~Chris Weidman

When I get in there, everything gets blocked out. I just focus on the person in the cage with me. That's all my brain has room for at the time.

~Chris Weidman

Don't think OF your goals, think FROM them.

~Chris Weidman

I want to be undefeated for a while and end my career as one of the greatest of all-time.

~Chris Weidman

I only train, I don't know what a break is.

~Chris Weidman

The only reason I got into MMA was to be the best.

~Chris Weidman

I try to keep a positive attitude about everything.

~Chris Weidman

I am always in the gym sparring. I look at every fight kind of like a sparring match.

~Chris Weidman

I won't be happy unless I finish Lyoto Machida.

~Chris Weidman

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