

# Christina Baldwin

## Quotes

*Spiritual, Writing, Stories, Inspirational, Journey, Heart, Thinking, Real, Soul,  
Despair, Responsibility, Mean, Needs, Maps, Pain, Compassion, People,  
Mother, Sacred, Forgiveness*

Wonder is not a Pollyanna stance, not a denial of reality; wonder is an acknowledgement of the power of the mind to transform, to notice, to decide what experience shall mean.

~Christina Baldwin

When you're stuck in a spiral, to change all aspects of the spin you need only to change one thing.

~Christina Baldwin

Writing bridges the inner and outer worlds and connects the paths of action and reflection.

~Christina Baldwin

Words are how we think; stories are how we link.

~Christina Baldwin

Journal writing is a voyage to the interior.

~Christina Baldwin

In the midst of overwhelming noise and distraction, the voice of story is calling us to remember our true selves.

~Christina Baldwin

To work in the world lovingly means that we are defining what we will be for, rather than reacting to what we are against.

~Christina Baldwin

Spiritual life is contractual. The sacred cannot dialogue with the unresponsive.

~Christina Baldwin

Creatures of a very particular making, we need to know the cultural blinders that narrow our world view as well as the psychological blinders that narrow our view of our personal experience.

~Christina Baldwin

The purpose of life is not to maintain personal comfort; it's to grow the soul.

~Christina Baldwin

How we remember, what we remember, and why we remember form the most personal map of our individuality.

~Christina Baldwin

With compassion, we see benevolently our own human condition and the condition of our fellow beings. We drop prejudice. We withhold judgment.

~Christina Baldwin

This unceasing interplay between experience and narrative is a uniquely human attribute. We are the storytellers, the ones who put life into words.

~Christina Baldwin

Every person is born into life as a blank page and every person leaves life as a full book.

~Christina Baldwin

Ritual is the way you carry the presence of the sacred. Ritual is the spark that must not go out.

~Christina Baldwin

Meaning drives us from despair to wonder, from confusion to clarity, from hesitance to confidence. And the only place to find meaning is in the importance of small things.

~Christina Baldwin

Forgiveness is the act of admitting we are like other people.

~Christina Baldwin

in writing we live life twice: once in the experience, and again in recording and reflecting upon our experience.

~Christina Baldwin

My real journey had very little to do with traveling Europe, and a whole lot to do with traveling my own mind.

~Christina Baldwin

Our desires teach us who we are and who we want to become. Our desires shape our stories.

~Christina Baldwin

Intuition always has our best interest at heart.

~Christina Baldwin

We cannot think without language, we cannot process experience without story.

~Christina Baldwin

Spiritual energy brings compassion into the world.

~Christina Baldwin

Spiritual life is contractual.

~Christina Baldwin

The reason I spend thousands of lifetime hours creating something 99 percent of which no one else is likely to ever read is that writing itself is the gift.

~Christina Baldwin

My journal is my life's companion.

~Christina Baldwin

Friendship has no civil, and few emotional, rights in our society.

~Christina Baldwin

Story is the mother of us all, for we become who we say we are.

~Christina Baldwin

The spiritual journey is what the soul is up to while we attend to daily living.

~Christina Baldwin

Story is the mother of us all. First we wrap our lives in language and then we act on who we say we are. We proceed from the word into the world and make a world based on our stories.

~Christina Baldwin

Writing makes a map, and there is something about a journey that begs to have its passage marked.

~Christina Baldwin

Despair is our chance to wrestle with fire and come through.

~Christina Baldwin

History is what scholars and conquerors say happened; story is what it was like to live on the ground.

~Christina Baldwin

We make our lives bigger or smaller, more expansive or more limited, according to the interpretation of life that is our story.

~Christina Baldwin

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