Thinking, People, Body, Inspirational, Dream, Hero, Giving, Adversity, Life, Inspiring, Mean, Mind, Ideas, Responsibility, Powerful, Heart, College, Real, Giving Up, Writing

A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles.

~Christopher Reeve

Once you choose hope, anything's possible

~Christopher Reeve

Don't give up. Don't lose hope. Don't sell out.

~Christopher Reeve

Either you decide to stay in the shallow end of the pool or you go out in the ocean.

~Christopher Reeve

What makes Superman a hero is not that he has power, but that he has the wisdom and the maturity to use the power wisely. From an acting point of view, that's how I approached the part.

~Christopher Reeve

So many of our dreams at first seem impossible, then they seem improbable, and then, when we summon the will, they soon become inevitable.

~Christopher Reeve

I'm not living the life I thought I would lead, but it does have meaning, purpose. There is love... there is joy... there is laughter.

~Christopher Reeve

Never accept ultimatums, conventional wisdom, or absolutes.

~Christopher Reeve

In the face of adversity, hope often comes in the form of a friend who reaches out to us.

A hero is someone who, in spite of weakness, doubt or not always knowing the answers, goes ahead and overcomes anyway.

~Christopher Reeve

You've got to give more than you take.

~Christopher Reeve

Success is finding satisfaction in giving a little more than you take.

~Christopher Reeve

Some people are walking around with full use of their bodies and they're more paralyzed than I am.

~Christopher Reeve

Pain is inevitable. Misery is a choice.

~Christopher Reeve

Even if your body doesn't work the way it used to, the heart and the mind and the spirit are not diminished.

~Christopher Reeve

What I do is based on powers we all have inside us; the ability to endure; the ability to love, to carry on, to make the best of what we have - and you don't have to be a 'Superman' to do it.

~Christopher Reeve

Your body is not who you are. The mind and spirit transcend the body.

~Christopher Reeve

When we turn our attention away from ourselves, our potential is limitless.

~Christopher Reeve

Once we choose hope, everything is possible.

~Christopher Reeve

For everyone who thought I couldn't do it… for everyone who thought I shouldn't do it… for everyone who said, †It's impossible … see you at the finish line!

~Christopher Reeve

To be able to feel the lightest touch really is a gift.

~Christopher Reeve

I have never been disabled in my dreams.

~Christopher Reeve

I remember telling a neurosurgeon, "Don't give me too much information, because at the moment my ignorance is my best asset."

~Christopher Reeve

I have more awareness of other people and, I hope, more sensitivity to their needs. I also find that I'm more direct and outspoken.

~Christopher Reeve

Success is not about money and power. Real success is about relationships. There's no point in making \$50 million a year if your teenager thinks you're a jerk and you spend no time with your wife.

~Christopher Reeve

Don't put a limit on what can be accomplished.

~Christopher Reeve

If you don't have a vision, nothing happens.

~Christopher Reeve

Either you vegetate and look out a window, or activate and try to effect change.

~Christopher Reeve

You can do anything you think you can.

~Christopher Reeve

If we don't dream of the possible, the possible never happens.

~Christopher Reeve

You play the hand you're dealt. I think the game's worthwhile.

~Christopher Reeve

I am a very lucky guy. I can testify before Congress. I can raise funds. I can raise awareness.

~Christopher Reeve

And if you can channel the truth of your own experience onto the stage, that's what the audience wants to see.

~Christopher Reeve

It's important to me to say what I really mean.

~Christopher Reeve

I did my first apprenticeship when I was 15, then joined the union when I was 17. I worked every summer in high school and college.

~Christopher Reeve

In the second half of the 20th century, people are becoming more limited: Vocabularies are smaller, thoughts are smaller, aspirations are smaller, everything is very scaled down. Everyone is typecast.

~Christopher Reeve

If I can laugh, I can live.

I gradually stopped wondering, †What life do I have?' and began to consider, †What life can I build?

~Christopher Reeve

Even though I don't personally believe in the Lord, I try to behave as though He was watching.

~Christopher Reeve

there is a relationship between the mind and the body that can both create a physical condition and enable us to recover from it

~Christopher Reeve

We all have many more abilities and internal resources than we know. My advice is that you don't need to break your neck to find out about them.

~Christopher Reeve

I have no bones to pick and no fight with society. And I'm willing to be and interested in being in the mainstream of society.

~Christopher Reeve

I am optimistic. But I also know that, with time, I'm beginning to fight issues of aging as well as long-term paralysis.

~Christopher Reeve

America is better when all of us take care of all of us.

~Christopher Reeve

I don't think actors are to blame for poor writing. The culture changes first, and the theater follows it. In the case of the movies, it's the same thing.

~Christopher Reeve

You should take some responsibility for the way you present yourself.

But you should not be hung up on your looks, whether you are ugly or handsome, because it isn't an achievement.

~Christopher Reeve

I refuse to allow a disability to determine how I live my life. There is only one way to go in life and that is forward.

~Christopher Reeve

By reaching out, more comes back than you can possibly imagine.

~Christopher Reeve

A hero is an ordinary person doing things in an extra ordinary way.

~Christopher Reeve

I've still never had a dream that I'm disabled. Never.

~Christopher Reeve

All the scientists who are working on solving the problem of curing paralysis say that it won't do you any good if you don't keep your body in shape.

~Christopher Reeve

I don't have to prove anything to anyone. As a result, I am ready to take up again the characters who are closer to what I really am.

~Christopher Reeve

I get pretty impatient with people who are able-bodied but are somehow paralyzed for other reasons.

~Christopher Reeve

Nothing of any consequence happens unless people get behind an idea. It begins with an individual and they share the idea with more individuals-and eventually it becomes a movement.

I never said I will stand, I said I hoped to stand. It wasn't a prediction.

~Christopher Reeve

The character is a piece of fiction. You are yourself, however, and that makes you interesting, because you're alive and you're a human being. ~Christopher Reeve

People may never understand this - and perhaps I should give up caring whether they do or not - but the idea of me playing Superman is so far away from what I was brought up to aspire to.

~Christopher Reeve

The bigger the canvas, the better I do. I'm not so good at understated, kitchen-sink kinds of parts.

~Christopher Reeve

You learn the stuff of your life (sports, movies, traveling) ... that's not the essence of your existence, my relationships were always good. Now they have transcended (rise beyond).

~Christopher Reeve

It's defeatist to harp on what might have been, and yet, it's hard to resist considering what might have been.

~Christopher Reeve

I'm starting a new chapter in my [[life], and you have no idea how much that means.

~Christopher Reeve

There is no such thing as can't.

~Christopher Reeve

You should have a dream and absolutely go for it. Don't let anybody say you can't do it.

~Christopher Reeve

Every scientist should remove the word 'impossible' from their lexicon.

~Christopher Reeve

Living a life with meaning means spreading the word. Even if you can't move, you can have a powerful effect with what you say.

~Christopher Reeve

What can I do today to take a step forward?

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