

# Chuck Palahniuk

## Quotes

*People, Writing, Thinking, Want, Stories, Real, Book, Fighting, World, Ideas,  
Life, Jobs, Way, Believe, Giving, Children, Beautiful, Years, Looks, Fall*

Our generation has had no Great Depression, no Great War. Our war is spiritual. Our depression is our lives.

~Chuck Palahniuk

The one you love and the one who loves you are never, ever the same person.

~Chuck Palahniuk

We all die. The goal isn't to live forever, the goal is to create something that will.

~Chuck Palahniuk

Worker bees can leave. Even drones can fly away. The Queen is their slave.

~Chuck Palahniuk

Did perpetual happiness in the Garden of Eden maybe get so boring that eating the apple was justified?

~Chuck Palahniuk

You know, the condom is the glass slipper of our generation. You slip it on when you meet a stranger. You dance all night, then you throw it away.

~Chuck Palahniuk

If you love something set it free, but don't be surprised if it comes back with herpes.

~Chuck Palahniuk

Nothing of me is original. I am the combined effort of everyone I've ever known.

~Chuck Palahniuk

Love is bullshit. Emotion is bullshit. I am a rock. A jerk. I'm an uncaring

asshole and proud of it.

~Chuck Palahniuk

The trick to forgetting the big picture is to look at everything close-up.

~Chuck Palahniuk

It's so hard to forget pain, but it's even harder to remember sweetness. We have no scar to show for happiness. We learn so little from peace.

~Chuck Palahniuk

Las Vegas looks the way you'd imagine heaven must look at night.

~Chuck Palahniuk

Carl Jung called this his shadow work. He said we never see others. Instead we see only aspects of ourselves that fall over them. Shadows. Projections. Our associations.

~Chuck Palahniuk

Of all the priceless objects left behind, this is what we rescue. These artifacts. Memory cues. Useless souvenirs. Nothing you could auction. The scars left from happiness.

~Chuck Palahniuk

We've spent so much time judging what other people created that we've created very, very little of our own.

~Chuck Palahniuk

Make me into anything, but just love me.

~Chuck Palahniuk

"Getting fired," Tyler says, "is the best thing that could happen to any of us. That way, we'd quit treading water and do something with our lives."

~Chuck Palahniuk

Your past is just a story. And once you realize this it has no power over you.

~Chuck Palahniuk

All God does is watch us and kill us when we get boring. We must never, ever be boring.

~Chuck Palahniuk

If people thought you were dying, they gave you their full attention.

~Chuck Palahniuk

Find joy in everything you choose to do. Every job, relationship, home... it's your responsibility to love it, or change it.

~Chuck Palahniuk

After you find out all the things that can go wrong, your life becomes less about living and more about waiting.

~Chuck Palahniuk

The most boring scenes are the scenes where a character is alone.

~Chuck Palahniuk

Maybe humans are just the pet alligators that God flushed down the toilet.

~Chuck Palahniuk

Yes, terrible things happen, but sometimes those terrible things - they save you.

~Chuck Palahniuk

Have your adventures, make your mistakes, and choose your friends poorly -- all these make for great stories.

~Chuck Palahniuk

It's easy to cry when you realize that everyone you love will reject you or die.

~Chuck Palahniuk

What we call chaos is just patterns we haven't recognized. What we call random is just patterns we can't decipher.

~Chuck Palahniuk

Burn the Louvre, and wipe your ass with the Mona Lisa. This way at least, God would know our names.

~Chuck Palahniuk

Sticks and stones may break your bones but words can hurt like hell.

~Chuck Palahniuk

When we don't know who to hate, we hate ourselves.

~Chuck Palahniuk

Because nothing is as good as you can imagine it. No one is as beautiful as she is in your head. Nothing is as exciting as your fantasy.

~Chuck Palahniuk

If death meant just leaving the stage long enough to change costume and come back as a new character, would you slow down? Or speed up?

~Chuck Palahniuk

What makes earth feel like hell is our expectation that it should feel like heaven.

~Chuck Palahniuk

Your heart is my piñata.

~Chuck Palahniuk

I would say any behavior that is not the status quo is interpreted as insanity, when, in fact, it might actually be enlightenment. Insanity is sorta in the eye of the beholder.

~Chuck Palahniuk

You are not special. You are not a beautiful or unique snowflake. You're the same decaying organic matter as everything else.

~Chuck Palahniuk

Didn't I realize that each of us is a sacred, unique snowflake of special unique specialness?

~Chuck Palahniuk

Give me rampant intellectualism as a coping mechanism.

~Chuck Palahniuk

As if you cut open a rag doll with a sill name, and found inside:Real intestines, real lungs, a beating heart and blood. A lot of hot, sticky blood.

~Chuck Palahniuk

I wanted to destroy everything beautiful I'd never have.

~Chuck Palahniuk

If you don't know what you want, you end up with a lot you don't.

~Chuck Palahniuk

It's only after we've lost everything that we're free to do anything.

~Chuck Palahniuk

We'll be remembered more for what we destroy than what we create.

~Chuck Palahniuk

Maybe we have to break everything to make something better out of

ourselves.

~Chuck Palahniuk

I let go. Lost in oblivion. Dark and silent and complete. I found freedom. Losing all hope was freedom.

~Chuck Palahniuk

You know how they say you only hurt the ones you love? Well, it works both ways.

~Chuck Palahniuk

The world of American politics is more contentious than it has ever been in my lifetime.

~Chuck Palahniuk

I think standardization is really the first step to something being commodified.

~Chuck Palahniuk

People are all over the world telling their one dramatic story and how their life has turned into getting over this one event. Now their lives are more about the past than their future.

~Chuck Palahniuk

You have a choice. Live or die. Every breath is a choice. Every minute is a choice. To be or not to be.

~Chuck Palahniuk

The only reason why we ask other people how their weekend was is so we can tell them about our own weekend.

~Chuck Palahniuk

Just for the record, the weather today is calm and sunny, but the air is full of bullshit.

~Chuck Palahniuk

A good story should change the way you see the world.

~Chuck Palahniuk

You can only hold a smile for so long, after that it's just teeth.

~Chuck Palahniuk

Everyone thinks their whole life should be at least as much fun as masturbation.

~Chuck Palahniuk

Self improvement is masturbation.

~Chuck Palahniuk

May I never be complete. May I never be content. May I never be perfect.

~Chuck Palahniuk

I say never be complete, I say stop being perfect, I say let... lets evolve, let the chips fall where they may.

~Chuck Palahniuk

your handwriting. the way you walk. which china pattern you choose. it's all giving you away. everything you do shows your hand. everything is a self portrait. everything is a diary.

~Chuck Palahniuk

You realize that our mistrust of the future makes it hard to give up the past.

~Chuck Palahniuk

There are bodies buried everywhere you just have to know where to look.



~Chuck Palahniuk

Having nothing to lose is the new wealth.

~Chuck Palahniuk

In truth, the degree of anyone's success depends on how often they can say the word yes and hear the word no.

~Chuck Palahniuk

I don't know the difference between what I want and what I'm trained to want.

~Chuck Palahniuk

Hey, you created me! I didn't create some loser alter-ego to make myself feel better. Take some responsibility!

~Chuck Palahniuk

Writing is like sex, if it's difficult you're not doing it right.

~Chuck Palahniuk

Do you know why most survivors of the Holocaust are vegan? It's because they know what it's like to be treated like an animal.

~Chuck Palahniuk

This is your life and its ending one moment at a time.

~Chuck Palahniuk

We live and we die and anything else is just a delusion.

~Chuck Palahniuk

Actually, watching television and surfing the Internet are really excellent practice for being dead.

~Chuck Palahniuk

If you could be either God's worst enemy or nothing, which would you choose?

~Chuck Palahniuk

You can tell a more over-the-top incredible story if you use a nonfiction form.

~Chuck Palahniuk

What I did was pour out about a gallon of Chanel Number Five and put a burning wedding invitation to it, and boom, I'm recycling.

~Chuck Palahniuk

It's pathetic how we can't live with the things we can't understand. How we need everything labeled and explained and deconstructed.

~Chuck Palahniuk

Are these things really better than the things I already have? Or am I just trained to be dissatisfied with what I have now?

~Chuck Palahniuk

You ever wonder when God's coming back with a lot of barbecue sauce?

~Chuck Palahniuk

I don't want to die without any scars.

~Chuck Palahniuk

It's easy to attack and destroy an act of creation. It's a lot more difficult to perform one.

~Chuck Palahniuk

Why is it you feel like a dope if you laugh alone, but that's usually how you end up crying?

~Chuck Palahniuk

I just don't want to die without a few scars.

~Chuck Palahniuk

First your parents, they give you your life, but then they try to give you their life.

~Chuck Palahniuk

If the living are haunted by the dead, then the dead are haunted by their own mistakes.

~Chuck Palahniuk

Don't do what you want. Do what you don't want. Do what you're trained not to want. Do the things that scare you the most.

~Chuck Palahniuk

I am an invisible monster, and I am incapable of loving anybody. You don't know which is worse.

~Chuck Palahniuk

Game shows are designed to make us feel better about the random, useless facts that are all we have left of our education.

~Chuck Palahniuk

Parents are like God because you wanna know they're out there, and you want them to think well of you, but you really only call when you need something.

~Chuck Palahniuk

What they don't teach you in art school is how your whole life is about discovering who you already were.

~Chuck Palahniuk

When nobody will look at you, you can stare a hole in them. Picking out all the little details you'd never stare long enough to get if they'd even

just return your gaze, this, this is your revenge.

~Chuck Palahniuk

Think of spoiled cat food and ulcerated cankers and expired donor organs. That's how beautiful she looks.

~Chuck Palahniuk

Real smarts begin when you quit quoting other people.

~Chuck Palahniuk

By the time you read this, you'll be older than you remember.

~Chuck Palahniuk

Stop trying to control everything and just let go! LET GO!

~Chuck Palahniuk

If you worry about disaster all the time, that's what you're going to get.

~Chuck Palahniuk

The only difference between suicide and martyrdom is press coverage.

~Chuck Palahniuk

People used what they called a telephone because they hated being close together and they were scared of being alone.

~Chuck Palahniuk

You couldn't have small, dying children in a movie without really bringing everyone down, but you can in comics.

~Chuck Palahniuk

It's only in drugs or death we'll see anything new, and death is just too controlling.

~Chuck Palahniuk

No matter how much you think you love somebody, you'll step back when the pool of their blood edges up too close.

~Chuck Palahniuk

Our real discoveries come from chaos, from going to the place that looks wrong and stupid and foolish.

~Chuck Palahniuk

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