

# Coco Rocha Quotes

*Girl, Dad, Thinking, Body, Fashion, Unique, Ifs, Years, Heat, Stupid, Tomorrow,  
Children, Work Out, Want, Crazy, Matter, Believe, Views, Sweet, Self*

It took a while to grow the confidence to say, 'This is who I am, take it or leave it.'

~Coco Rocha

Every sweet, humble young model is only one campaign away from becoming a fashion monster.

~Coco Rocha

I know what I want, I know where I'm going and I'm happy with what I am.

~Coco Rocha

I know every girl has her own form of beauty, its just a matter of discovering it and celebrating it.

~Coco Rocha

I never plan tomorrow because I don't even know what I'm doing today.

~Coco Rocha

Girls need to know that we are all unique and that we should all celebrate our unique beauty because it comes in all different shapes and sizes.

~Coco Rocha

Being able to talk about your body openly is such an empowering thing.

~Coco Rocha

From a young age, my parents always told me and my sister how important it was as a girl to be more than just a pretty face and I think we've carried that message through out our lives.

~Coco Rocha

I strongly believe every model has a right to set rules for how she is

portrayed and for me these rules were clearly circumvented.

~Coco Rocha

How can any person justify an aesthetic that reduces a woman or child to an emaciated skeleton? Is it art? Surely fashion's aesthetic should enhance and beautify the human form, not destroy it.

~Coco Rocha

I remember trying to work out like crazy to get rid of all of my womanly features because I thought they made me fat.

~Coco Rocha

Obviously from 12-years-old to 16-years-old, your body changes and that's nothing to be embarrassed about, but boy I was!

~Coco Rocha

I always wear what I'm comfortable in. If one designer doesn't like what I'm wearing, the next one will.

~Coco Rocha

There's not a woman in the world who hasn't felt self-conscious about something! We as women all experience it but we never talk about it.

~Coco Rocha

Your kids are never too young or too old to hear nice words about them.

~Coco Rocha

Mothers have a huge influence on how their daughters view themselves and how they treat their bodies.

~Coco Rocha

I am a girl, so I never looked at my dad's body and thought that's what I need to look like.

~Coco Rocha

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