

Constantin Stanislavski

Quotes

*Actors, Art, Play, Theatre, Feelings, Acting, Interesting, Character, Inspiration,
Artist, Real, Important, Stage, Two, Lying, Mind, Perspective, Partners, Simple,
Doors*

All action in theatre must have inner justification, be logical, coherent, and real.

~Constantin Stanislavski

The life of a character should be an unbroken line of events and emotions, but a play only gives us a few moments on that line - we must create the rest to portray a convincing life.

~Constantin Stanislavski

The person you are is a thousand times more interesting than the best actor you could ever hope to be.

~Constantin Stanislavski

The actor must use his imagination to be able to answer all questions (when, where, why, how). Make the make-believer existence more definite.

~Constantin Stanislavski

Create your own method. Don't depend slavishly on mine. Make up something that will work for you! But keep breaking traditions, I beg you.

~Constantin Stanislavski

The language of the body is the key that can unlock the soul.

~Constantin Stanislavski

What is important to me is not the truth outside myself, but the truth within myself.

~Constantin Stanislavski

Play well, or play badly, but play truly.

~Constantin Stanislavski

Never allow yourself externally to portray anything that you have not

inwardly experienced and which is not even interesting to you.

~Constantin Stanislavski

Who am I? What will I be? Why am I here? Where am I going?

~Constantin Stanislavski

When you're playing a character who's cruel, look for the places where he's kind. When you're playing a character who is unhappy, look for the places where he has a glint of merriment.

~Constantin Stanislavski

Of course, if you have thought up to now that an actor relies merely on inspiration you will have to change your mind. Talent without work is nothing more than raw unfinished material.

~Constantin Stanislavski

Unless the theatre can ennoble you, make you a better person, you should flee from it.

~Constantin Stanislavski

When an actor is completely absorbed by some profoundly moving objective so that he throws his whole being passionately into its execution, he reaches a state we call inspiration.

~Constantin Stanislavski

In the given circumstances you must be rooted in the play. Do not depart from the play. Don't cut yourself off from your partner in the scene, or partners.

~Constantin Stanislavski

When we are on stage, we are in the here and now.

~Constantin Stanislavski

Doubt is the enemy of creativeness.

~Constantin Stanislavski

You'll never see any two good actors approach a role in the same way.

~Constantin Stanislavski

Remember: there are no small parts, only small actors.

~Constantin Stanislavski

Every person who is really an artist desires to create inside of himself another, deeper, more interesting life than the one that actually surrounds him.

~Constantin Stanislavski

Fear your admirers! Learn in time to hear, understand, and love the cruel truth about yourselves!

~Constantin Stanislavski

In the language of an actor, to know is synonymous with to feel

~Constantin Stanislavski

Love the art in yourself, not yourself in the art.

~Constantin Stanislavski

In the creative process there is the father, the author of the play; the mother, the actor pregnant with the part; and the child, the role to be born.

~Constantin Stanislavski

The main factor in any form of creativeness is the life of a human spirit, that of the actor and his part, their joint feelings and subconscious creation.

~Constantin Stanislavski

Our demands are simple, normal, and therefore they are difficult to

satisfy. All we ask is that an actor on the stage live in accordance with natural laws.

~Constantin Stanislavski

You must be so thoroughly immersed in the given circumstances of the play, then you decide what it is at any given moment what that the actor wants.

~Constantin Stanislavski

Talent is nothing but a prolonged period of attention and a shortened period of mental assimilation.

~Constantin Stanislavski

The theatre infects the audience with its noble ecstasy.

~Constantin Stanislavski

At times of great stress it is especially necessary to achieve a complete freeing of the muscles

~Constantin Stanislavski

The character has to have some kind of arch. The character has to go through an event, and be changed by the human event.

~Constantin Stanislavski

The greatest wisdom is to realize one's lack of it.

~Constantin Stanislavski

In life we listen to other people. Listen with varying degrees of concentration and attention, right? Actors must learn to listen in a different way.

~Constantin Stanislavski

I was born an ordinary actor. I will die an ordinary actor. But I've persisted.

~Constantin Stanislavski

Don't go so deep in yourself that you no longer exist for your partner and for the character and for the play.

~Constantin Stanislavski

Success is transient, evanescent. The real passion lies in the poignant acquisition of knowledge about all the shading and subtleties of the creative secrets.

~Constantin Stanislavski

In talking about a genius, you would not say that he lies; he sees realities with different eyes from ours.

~Constantin Stanislavski

All art is autobiographical - if it's not, it's not going to quicken on-stage, and it's not going to come alive.

~Constantin Stanislavski

Gratuitous cruelty borders on the pathological, psychotic and that becomes uninteresting because there is no choice.

~Constantin Stanislavski

Related Links:

- [Actors Quotes](#)
- [Art Quotes](#)
- [Play Quotes](#)
- [Theatre Quotes](#)
- [Feelings Quotes](#)
- [Acting Quotes](#)
- [Interesting Quotes](#)
- [Character Quotes](#)
- [Inspiration Quotes](#)
- [Artist Quotes](#)
- [Real Quotes](#)
- [Important Quotes](#)
- [Stage Quotes](#)
- [Two Quotes](#)
- [Lying Quotes](#)
- [Mind Quotes](#)
- [Perspective Quotes](#)
- [Partners Quotes](#)
- [Simple Quotes](#)
- [Doors Quotes](#)