

Cynthia Kenyon

Quotes

People, Aging, Age, Mutation, Healthy, Ideas, Normal, Worms, Needs, Too Much, Way, Pasta, Heart, Disease, Cutting, Tree, Made, Country, Too Short, Logical

It was like stepping on to an escalator; I could do anything. I was just made for science.

~Cynthia Kenyon

The idea that ageing was subject to control was completely unexpected.

~Cynthia Kenyon

You would think that UV just causes mutations, but it doesn't, you need a gene to be active for it.

~Cynthia Kenyon

Life's too short to not be around nice people.

~Cynthia Kenyon

I eat some fruit every day, but not too much and almost no processed food. I stay away from sweets, except 80 per cent chocolate.

~Cynthia Kenyon

In principle, if you understood the mechanisms of keeping things repaired, you could keep things going indefinitely.

~Cynthia Kenyon

Imagine that: If you could change one of the genes in an experiment, an aging gene, maybe you could slow down aging and extend lifespan.

~Cynthia Kenyon

Age is the single largest risk factor for an enormous number of diseases. So if you can essentially postpone aging, then you can have beneficial effects on a whole wide range of disease.

~Cynthia Kenyon

Maybe one day we will be able to take a pill that keeps us young and healthy much longer. I believe in my heart that this will happen.

~Cynthia Kenyon

You could have two completely different careers if you could stay healthy to 90. How fascinating that would be.

~Cynthia Kenyon

If I were a worm, I would rather be the long-lived mutant than the normal worm, that's for sure.

~Cynthia Kenyon

I loved the idea that biology was logical.

~Cynthia Kenyon

The hope is that if we can increase youthfulness, we can postpone age-related diseases.

~Cynthia Kenyon

If the aging process is controlled in a similar way in worms and humans, then we can use what we learn about worms to speed our study of higher organisms.

~Cynthia Kenyon

In the early '90s, we discovered mutations that could double the normal life span of worms.

~Cynthia Kenyon

I have always gotten a thrill, a kick, from learning new things.

~Cynthia Kenyon

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