

Daisaku Ikeda

Quotes

*Heart, People, Compassion, Giving Up, Believe, Attitude, Moving, Peace, Mean,
Reality, Winning, Long, Buddhist, Life, Lying, Struggle, Challenges, Strong,
War, Art*

With love and patience, nothing is impossible.

~Daisaku Ikeda

What may look like a small act of courage is courage nevertheless. The important thing is to be willing to take a step forward.

~Daisaku Ikeda

You must not for one instant give up the effort to build new lives for yourselves. Creativity means to push open the heavy, groaning doorway to life.

~Daisaku Ikeda

Freedom doesn't mean the absence of all restrictions. It means possessing unshakable conviction in the face of any obstacle.

~Daisaku Ikeda

Salute to the Smiling Faces of the 21st Century.

~Daisaku Ikeda

No matter what our personal circumstances may be, if we ourselves become a source of light, then there will be no darkness in the world.

~Daisaku Ikeda

What matters is the value we've created in our lives, the people we've made happy and how much we've grown as people.

~Daisaku Ikeda

I cannot say this too strongly: Do not compare yourselves to others. Be true to who you are, and continue to learn with all your might.

~Daisaku Ikeda

Hope is the sun. It is light. It is passion. It is the fundamental force for life's blossoming.

~Daisaku Ikeda

Being sincere, dedicated and honest is the key. People of integrity triumph in the end.

~Daisaku Ikeda

Envyng another's beauty will diminish your own. But when you praise beauty in others your own beauty deepens.

~Daisaku Ikeda

Youthfulness is not determined by age. It is determined by one's life force. One who possesses hope is forever young. One who continually advances is forever beautiful.

~Daisaku Ikeda

Faith is to fear nothing, to stand unswayed, the power to surmount any obstacle.

~Daisaku Ikeda

If we look at the world with a love of life, the world will reveal its beauty to us.

~Daisaku Ikeda

Life can unfold unlimitedly as long as we have a heart of appreciation and an undefeated mind.

~Daisaku Ikeda

Dialogue starts from the courageous willingness to know and be known by others. It is the painstaking and persistent effort to remove all obstacles that obscure our common humanity.

~Daisaku Ikeda

There is no one as strong as a person whose heart is always filled with gratitude.

~Daisaku Ikeda

it is impossible to build one's own happiness on the unhappiness of others. This perspective is at the heart of Buddhist teachings.

~Daisaku Ikeda

The person who lives life fully, glowing with life's energy, is the person who lives a successful life.

~Daisaku Ikeda

Even if things don't unfold the way you expected, don't be disheartened or give up. One who continues to advance will win in the end.

~Daisaku Ikeda

Everything begins with the resolve to take the first step. From that action, wisdom arises and change begins. Without action, nothing changes.

~Daisaku Ikeda

Japan learned from the bombings of Hiroshima and Nagasaki that the tragedy wrought by nuclear weapons must never be repeated and that humanity and nuclear weapons cannot coexist.

~Daisaku Ikeda

A person, who no matter how desperate the situation, gives others hope, is a true leader.

~Daisaku Ikeda

Creativity means to push open the heavy, groaning doorway to life.

~Daisaku Ikeda

Hardships make us strong. Problems give birth to wisdom. Sorrows cultivate compassion. Those who have suffered the most will become the happiest.

~Daisaku Ikeda

Increase your joy by doing the good you wish to have done to you.

~Daisaku Ikeda

I firmly believe that the mission of religion in the 21st century must be to contribute concretely to the peaceful coexistence of humankind.

~Daisaku Ikeda

While it is important to win, it's even more important to remain undefeated no matter what happens.

~Daisaku Ikeda

Whatever your circumstances, whatever your past, the forces that determine your future are nowhere but within your own heart and mind. It is here that the star of your destiny shines.

~Daisaku Ikeda

Living here on Earth, we breathe the rhythms of a universe that extends infinitely above us. When resonant harmonies arise between this vast outer cosmos and the inner human cosmos, poetry is born.

~Daisaku Ikeda

Embrace your dreams and advance as far as they can take you.

~Daisaku Ikeda

Rather than becoming discouraged, know that encountering a wall is proof of the progress that you have made so far.

~Daisaku Ikeda

Effort and hard work construct the bridge that connects your dreams to reality.

~Daisaku Ikeda

Those who always have a sense of appreciation and gratitude never reach an impasse in life.

~Daisaku Ikeda

Let us give something to each person we meet: joy, courage, hope, assurance, or philosophy, wisdom, a vision for the future. Let us always give something.

~Daisaku Ikeda

True happiness means forging a strong spirit that is undefeated, no matter how trying our circumstances.

~Daisaku Ikeda

If you lose today, win tomorrow. In this never-ending spirit of challenge is found the heart of a victor.

~Daisaku Ikeda

To be fearless no matter what happens-that is the root of true happiness. To move forward resolutely regardless of what lies in store-that is the spirit, the resolve, that leads to human victory.

~Daisaku Ikeda

It is much more valuable to look for the strength in others. You can gain nothing by criticizing their imperfections.

~Daisaku Ikeda

Prayer is the way to destroy all fear. It is the way to banish sorrow, the way to light a torch of hope. It is the revolution that rewrites the scenario of our destiny.

~Daisaku Ikeda

No matter how hopeless or bleak things appear, the moment always comes when suddenly our spirit revives, and hope is reborn. That is why we must never give up.

~Daisaku Ikeda

Ultimately, the only way to make good friends is to become a good friend yourself. Good people gather around other good people.

~Daisaku Ikeda

No one can live entirely on their own, nor can any country or society exist in isolation.

~Daisaku Ikeda

The determination to win is the better part of winning.

~Daisaku Ikeda

No matter how complex global problems may seem, it is we ourselves who have given rise to them. They cannot be beyond our power to resolve

~Daisaku Ikeda

A genuinely happy person is one who has rendered others happy.

~Daisaku Ikeda

There are no greater treasures than the highest human qualities such as compassion, courage and hope. Not even tragic accident or disaster can destroy such treasures of the heart.

~Daisaku Ikeda

Leave behind the passive dreaming of a rose-tinted future. The energy of happiness exists in living today with roots sunk firmly in reality's soil.

~Daisaku Ikeda

Patience is, in and of itself, a great challenge and it often holds the key to breaking through a seeming impasse.

~Daisaku Ikeda

A person's true nature is revealed at times of the greatest adversity.

~Daisaku Ikeda

People who cease to grow can't inspire others. Leadership begins with challenging oneself.

~Daisaku Ikeda

Hope transforms pessimism into optimism. Hope is invincible.

~Daisaku Ikeda

Before comparing yourself with others, win the battle with yourself. Strive to be better today than yesterday, and better tomorrow than today.

~Daisaku Ikeda

The place where you are now is vital. The path toward victory opens from where you stand.

~Daisaku Ikeda

Whatever the outcome may be, the important thing is to step forward on the path that you believe is right.

~Daisaku Ikeda

Within the heart of every person exists the flame of wisdom that transforms all suffering into kindling for the fire of creative energy.

~Daisaku Ikeda

Having lived through the transition from totalitarianism, I am acutely mindful of the need to never take for granted the basic freedoms of thought, expression and belief that democracy brings.

~Daisaku Ikeda

Rather than turning away from the staggering scale and depth of misery caused by war, we must strive to develop our capacity to empathize and feel the sufferings of others.

~Daisaku Ikeda

Rise to the challenges that life presents you. You can't develop genuine character and ability by sidestepping adversity and struggle.

~Daisaku Ikeda

Keep moving forward, even one or two steps, in your own way. Those who live out their lives to the fullest, unperturbed by the noisy clamor around them, are the true winners.

~Daisaku Ikeda

The course of our lives is determined by how we react--what we decide and what we do--at the darkest of times. The nature of that response determines a person's true worth and greatness.

~Daisaku Ikeda

So long as nuclear weapons continue to exist, so will the temptation to threaten others with overwhelming military force.

~Daisaku Ikeda

The power of art can break the shackles that bind and divide human beings.

~Daisaku Ikeda

A truly heroic way of life lies in squarely confronting and courageously overcoming the pounding vicissitudes that life always throws in our paths

~Daisaku Ikeda

A great revolution in just one single individual will help achieve a change in the destiny of a society and, further, will enable a change in the destiny of humankind.

~Daisaku Ikeda

Nothing is more precious than peace. Peace is the most basic starting point for the advancement of humankind.

~Daisaku Ikeda

While conservatism and self-protection might be likened to winter, night, and death, the spirit of pioneering and attempting to realize ideals evokes images of spring, morning, and birth.

~Daisaku Ikeda

Come on obstacles! I've been expecting you! This is the chance that I've been waiting for!

~Daisaku Ikeda

Bravely overcoming one small fear gives you the courage to take on the next.

~Daisaku Ikeda

A truly beautiful person is one who is good at discovering beauty.

~Daisaku Ikeda

The darker the night, the nearer the dawn. Victory in life is decided by that last concentrated burst of energy filled with the resolve to win.

~Daisaku Ikeda

We must take steps to prevent further nuclear weapons development or modernization.

~Daisaku Ikeda

The effects of human rights education can be dramatic in awakening people to the value and power of their own lives, as shown in the following stories.

~Daisaku Ikeda

A healthy vision of the future is not possible without an accurate knowledge of the past.

~Daisaku Ikeda

Let us join our efforts toward building the unshakable foundations for a culture of peace.

~Daisaku Ikeda

Dialogue and education for peace can help free our hearts from the impulse toward intolerance and the rejection of others.

~Daisaku Ikeda

When human beings live together, conflict is inevitable. War is not.

~Daisaku Ikeda

To communicate the truths of history is an act of hope for the future.

~Daisaku Ikeda

In the past, human society provided encouragement and opportunity for people to extend support to each other, especially in highly stressful situations.

~Daisaku Ikeda

Hope changes everything. It changes winter into summer, darkness into dawn, descent into ascent, barrenness into creativity, agony into joy.

~Daisaku Ikeda

The heart is what is important." There is nothing more vulnerable, nothing more corruptible than the human mind; nor is there anything as powerful, steadfast and ennobling.

~Daisaku Ikeda

No one should be left to suffer alone.

~Daisaku Ikeda

Happiness does not exist as an isolated quality, nor does it conform to a single fixed pattern. Happiness is something that breathes and lives in the relationships between one person and another.

~Daisaku Ikeda

It is precisely when we have suffered defeat that we can determine to win and open the path to future victory.

~Daisaku Ikeda

We are responsible for our own destiny. What matters is how we improve ourselves from this moment forward.

~Daisaku Ikeda

It is natural for us, as human beings, to look forward. Our eyes naturally look ahead. In this sense, we are made for moving toward a goal.

~Daisaku Ikeda

In most cases, our so-called limitations are nothing more than our own decision to limit ourselves.

~Daisaku Ikeda

Do something! Start something! As you make consistent efforts, you will begin to see your goals come into focus. You will discover your mission--the one only you can fulfill.

~Daisaku Ikeda

The wisdom and experience of older people is a resource of inestimable worth. Recognizing and treasuring the contributions of older people is essential to the long-term flourishing of any society.

~Daisaku Ikeda

There's no need for us to be held back by the past or how things have been so far. The important thing is what seeds we are sowing now for the future.

~Daisaku Ikeda

I can do more. I can grow. I can become a bigger and better human

being.

~Daisaku Ikeda

There are some among the so-called elite who are overbearing and arrogant. I want to foster leaders, not elitists.

~Daisaku Ikeda

We are not merely passive pawns of historical forces; nor are we victims of the past. We can shape and direct history.

~Daisaku Ikeda

The idea of interdependence is central to Buddhism, which holds that all things come into being through the mutual interactions of various causes and conditions.

~Daisaku Ikeda

I believe that a culture of peace must be the essential foundation of our efforts for peace.

~Daisaku Ikeda

Strength is happiness. Strength is itself victory. In weakness and cowardice there is no happiness

~Daisaku Ikeda

The gratification of desire is not happiness.

~Daisaku Ikeda

A person fully awakened to the jewel-like dignity of their own life is capable of truly respecting that same treasure in others.

~Daisaku Ikeda

Hope is life's greatest treasure. If you have no hope, create some!

~Daisaku Ikeda

Often the biggest obstacle in meeting life's challenges is actually our own fear of failure.

~Daisaku Ikeda

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