People, Real, Children, Alive, Mom, Thinking, Giving, Dream, Meditation,

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Mother

When I was in high school I moved from the big city to a tiny village of 500 people in Vermont. It was like The Waltons!

~Daphne Zuniga

You don't have to save the world, but you can be in the world-that's where the beauty comes from

~Daphne Zuniga

People can be so apathetic. They continue to ignore the real people trapped in poverty and homelessness. It's almost maddening

~Daphne Zuniga

Endangered forests are being slaughtered for toilet paper

~Daphne Zuniga

When you face your fears, you are free of them. There's nothing in the world I need to hide from again

~Daphne Zuniga

My mom was sarcastic about men. She would tell me Adam was the rough draft and Eve was the final product. She was a feminist minister, an earth mom who wore a bra only on Sundays.

~Daphne Zuniga

I started dating older men, and I would fall in love with them. I thought they could teach me about life.

~Daphne Zuniga

I stopped dating for six months a year ago. Dating requires a lot of energy and focus.

~Daphne Zuniga

I have learned the art of filling in your lines with your visuals and your movies and your imagination

~Daphne Zuniga

To play a bag woman is brave for any woman.

~Daphne Zuniga

People feel powerless and useless in the world. But they can buy something. It can give them a sense of value, of power

~Daphne Zuniga

Before I do a movie, I watch Meryl Streep movies over and over. It's not to mimic her. It's to remind myself to be more committed.

~Daphne Zuniga

Hey! I don't have to put up with this! I'm rich!

~Daphne Zuniga

I've been on shows that go for shock value

~Daphne Zuniga

The planet does nothing but support us, and we are constantly committing crimes against nature

~Daphne Zuniga

Tim Robbins had real confidence in college. He literally stole actors from the theater department at UCLA to be in his plays. The department heads got so mad at him

~Daphne Zuniga

People go to movies or listen to music because they want to be inspired.

~Daphne Zuniga

I love men in bed when they are sleeping. But then they have to go and wake up

~Daphne Zuniga

I usually get recognized for Spaceballs.

~Daphne Zuniga

I spent most of my adult life looking for romantic love.

~Daphne Zuniga

This leaf here took forever to become that perfect leaf. We're that. We're work in progress. That's actually being alive.

~Daphne Zuniga

She's a real adventurer, my mother.

~Daphne Zuniga

Early on, my emotional work had to do with feeling unheard and invisible.

~Daphne Zuniga

That's what meditation is. You just sit with yourself.

~Daphne Zuniga

Whatever the emotion is, I have learned over the years to give it space, which is also why I love acting.

~Daphne Zuniga

Where the terror is, is where you must go.

~Daphne Zuniga

Start to become active in what u love DOING. People admire action, courage&real happiness far more than they admire a size 2

~Daphne Zuniga

Without vulnerability, you're not really alive.

~Daphne Zuniga

You feel touched and honored and alive when you give to someone ~Daphne Zuniga

Your vulnerability is your power.

~Daphne Zuniga

The one that I really call love is when I feel like everything's okay. That state of, it's all right here.

~Daphne Zuniga

I cannot tell you how happy and in love I am with everything

~Daphne Zuniga

I'm a late bloomer. Being a late bloomer is a problem when you decide at 40 you want to have children

~Daphne Zuniga

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