

Darren Johnson Quotes

*Letting Go, Action, Want, Voice, Order, Focus, Facts, Believe, Decision,
Mistake, Years, Mind, Keys, Quality, Powerful, Stop Dreaming, Self Love,
Giving Up, Dream, Destiny*

The ego constantly competes with the spirit for control over your inner voice.

~Darren Johnson

The process of letting go is like taking a journey to the center of your being.

~Darren Johnson

Anytime there is a struggle between doing what is actually right and doing what seems right, then your ego is interfering with your decision.

~Darren Johnson

We all talk to ourselves. A major key to success exists in what we say to ourselves, which helps to shape our attitude and mindset.

~Darren Johnson

When you do not know how to focus your thoughts effectively, they can become scattered, miscellaneous, and fixated on "stuff negative notions, toxic relationships, and situations from the past."

~Darren Johnson

Love is the foundation from which your decisions about your life should be made.

~Darren Johnson

I believe it is important for people to create a healthy mental environment in which to accomplish daily tasks.

~Darren Johnson

I finally learned to live in the present and focus only on what I want rather than what I don't want.

~Darren Johnson

Long-lasting change that will help you create new habits and actions

requires an inside-out approach, as well as two very important tools: the mirror and time.

~Darren Johnson

Fear stimulates us to take action and can be our friend, but if you act as though fear is not there-if you deny it-it will build and create barriers.

~Darren Johnson

A big part of letting go is recognizing when it is time to stay in a situation and when it is time to move on.

~Darren Johnson

Whatever you do, never stop dreaming.

~Darren Johnson

Be who you want to be, do what it takes to be that way, and in time, you will have what you want in life.

~Darren Johnson

Acknowledging and accepting whatever stuff you may have to let go comes easier when you love yourself.

~Darren Johnson

If we need to be reminded to love one another, then we have already lost sight of the very essence of our existence.

~Darren Johnson

Believing in who you are is a major part of a powerful combination for success.

~Darren Johnson

Don't get too caught up in making money or having a job, get excited about the fact that you can design your life.

~Darren Johnson

In order to grow, you must learn to let go and strive toward something greater.

~Darren Johnson

Your destiny is in your hands. Creating the life you want is only, and always, up to you.

~Darren Johnson

Your behavior is based on your beliefs, and what you do and say, over and over again, helps develop your habits.

~Darren Johnson

If you want to grow, you must learn to let go.

~Darren Johnson

Giving up represents a choice you make when you decide not to take action on something over which you actually do have control.

~Darren Johnson

Although most of us realize what we control and do not control, we live as though we do not really know, and in some cases we spend years focusing on things we cannot control.

~Darren Johnson

In order to change unwanted habits and actions, it is important to take the time to get to know yourself.

~Darren Johnson

If our core belief is based on what other people think, then we eventually will allow their opinions to become our reality.

~Darren Johnson

Do not lose hope in what the universe has placed you here to do.

~Darren Johnson

How you manage yourself as you deal with stuff in your life largely determines the quality of your life.

~Darren Johnson

Forgiveness leads to love, and love leads to forgiveness.

~Darren Johnson

When you accept the fact you have no control and choose not to take any action, you are letting go.

~Darren Johnson

Your spirit is the universal voice of love - in you.

~Darren Johnson

Choosing to be miserable is an option, but not one I recommend.

~Darren Johnson

Change is wonderful, and necessary.

~Darren Johnson

We all must learn to dig down deep inside, trust that inner voice, and not be afraid to face and forgive ourselves.

~Darren Johnson

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- Giving Up Quotes
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- Destiny Quotes