Thinking, Ideas, Beautiful, Creativity, People, Meditation, World, Dream, Ocean, Real, Film, Light, Cinema, Artist, Negativity, Different, Falling In Love, Powerful, Sound, Art

I like cappuccino, actually. But even a bad cup of coffee is better than no coffee at all.

~David Lynch

I don't know why people expect art to make sense. They accept the fact that life doesn't make sense.

~David Lynch

I like things that go into hidden, mysterious places, places I want to explore that are very disturbing. In that disturbing thing, there is sometimes tremendous poetry and truth.

~David Lynch

This whole world is wild at heart and weird on top.

~David Lynch

We think we understand the rules when we become adults but what we really experience is a narrowing of the imagination.

~David Lynch

Mankind was not meant to suffer -- bliss is our nature. The individual is cosmic. Let's rock.

~David Lynch

Absurdity is what I like most in life.

~David Lynch

It's so freeing, it's beautiful in a way, to have a great failure, there's nowhere to go but up.

~David Lynch

We only dream of images we already have inside of us.

I supported myself by delivering the 'Wall Street Journal' and doing odd jobs. I love plumbing and carpentry.

~David Lynch

The more unknowable the mystery, the more beautiful it is.

~David Lynch

New mysteries. New day. Fresh doughnuts.

~David Lynch

There's a safety in thinking in a diner. You can have your coffee or your milkshake, and you can go off into strange dark areas, and always come back to the safety of the diner.

~David Lynch

All my movies are about strange worlds that you can't go into unless you build them and film them. That's what's so important about film to me. I just like going into strange worlds.

~David Lynch

Many things happen that we don't know the significance of until a little bit later.

~David Lynch

I like to remember things my own way. How I remembered them, not necessarily the way they happened.

~David Lynch

Cinema is a medium that can translate ideas. But wood can translate ideas, too. You have wood and then you get a chair. Some ideas are for different things.

~David Lynch

Life is filled with abstractions, and the only way to make heads or tails

of it is going through intuition.

~David Lynch

Through the darkness of future past, the magician longs to see, one chance out between two worlds, fire walk with me!

~David Lynch

Life is very, very complicated, and so films should be allowed to be, too.

~David Lynch

Black has depth.. you can go into it.. And you start seeing what you're afraid of. You start seeing what you love, and it becomes like a dream.

~David Lynch

I discovered that if one looks a little closer at this beautiful world, there are always red ants underneath.

~David Lynch

I like making films because I like to go into another world. I like to get lost into another world.

~David Lynch

Sex is a doorway to something so powerful and mystical, but movies usually depict it in a completely flat way.

~David Lynch

I just like going into strange worlds.

~David Lynch

Inside, we are ageless and when we talk to ourselves, it's the same age of the person we were talking to when we were little. It's the body that is changing around that ageless center.

Be true to yourself. Don't take no for an answer. And start your Transcendental Meditation.

~David Lynch

We want to generate the electricity of peace through music, and it's a thrill to know that the super-creative, enthusiastic musicians of our world are with us to achieve this goal.

~David Lynch

Film noir has a mood that everyone can feel. It's people in trouble, at night, with a little bit of wind and the right kind of music. It's a beautiful thing.

~David Lynch

I just have to think of Philadelphia now, and I get ideas, I hear the wind, and I'm off into the darkness somewhere.

~David Lynch

Intuition is knowingness, and this field of unbounded knowing, of knowingness, is within every human being. You start tapping into that and it becomes an ocean of solutions.

~David Lynch

I love seeing people come out of darkness.

~David Lynch

You don't need a special place to meditate. You can transcend anywhere in the world. The unified field is here, and there, and everywhere.

~David Lynch

When you have something that brings a real emotion, that's the power of cinema.

There is an ocean of pure vibrant consciousness inside each one of us.

~David Lynch

The day you catch an idea you fall in love with, even a small one, is a beautiful day.

~David Lynch

Being in darkness and confusion is interesting to me. But behind it you can rise out of that and see things the way the really are.

~David Lynch

There is an ocean of creativity within every human being.

~David Lynch

I think that ideas exist outside of ourselves. I think somewhere, we're all connected off in some very abstract land. But somewhere between there and here ideas exist.

~David Lynch

Negativity is the enemy of creativity.

~David Lynch

Films are 50 percent visual and 50 percent sound. Sometimes sound even overplays the visual.

~David Lynch

I don't like Thomas Edison. I'm a fan of Nicolai Tesla.

~David Lynch

Every time I hear sounds, I see pictures. Then, I start getting ideas. It just drives me crazy

The world is as you are.

~David Lynch

It's important that a film is loud and I hope many people agree. You should be inside of a film when you go into a theater. It should surround you, envelope you, so you can live inside a dream.

~David Lynch

Everyone's got consciousness... Grow that ball of consciousness and all avenues of life improve. Your work just blossoms.

~David Lynch

A filmmaker doesn't have to suffer to show suffering. You just have to understand it. You don't have to die to shoot a death scene.

~David Lynch

I love industry. Pipes. I love fluid and smoke. I love man-made things. I like to see people hard at work, and I like to see sludge and man-made waste.

~David Lynch

I like darkness and confusion and absurdity, but I like to know that there could be a little door that you could go out into a safe life area of happiness.

~David Lynch

The only thing that disturbs me is that many psychopaths say they had a very happy childhood.

~David Lynch

My cow is not pretty, but it is pretty to me.

~David Lynch

Everybody's got creativity. You just get more of it [when you meditate].

~David Lynch

What do you fear, most of all? The possibility that love may not be enough.

~David Lynch

I truly believe there is a field of peace within and that it can be enlivened and brought to the surface to be enjoyed by all.

~David Lynch

Secrets and mysteries provide a beautiful corridor where you can float out. The corridor expands and many, many wonderful things can happen... I love the process of going into mystery.

~David Lynch

The thing about meditation is: you become more and more you.

~David Lynch

If a scene isn't honest, it stands out like a sore thumb.

~David Lynch

There's always fear of the unknown where there's mystery.

~David Lynch

It's better not to know so much about what things mean or how they might be interpreted or you'll be too afraid to let things keep happening.

~David Lynch

Every viewer is going to get a different thing. That's the thing about painting, photography, cinema.

~David Lynch

I like things to be orderly.

~David Lynch

You're right on the money with that. We're all like detectives in life. There's something at the end of the trail that we're all looking for.

~David Lynch

If you keep your eye on the doughnut and do your work, that's all you can control. You can't control any of what's out there, outside yourself.

~David Lynch

A film is its own thing and in an ideal world I think a film should be discovered knowing nothing and nothing should be added to it and nothing should be subtracted from it.

~David Lynch

Some things we forget. But many things we remember on the mental screen, which is the biggest screen of all.

~David Lynch

Been trying the soapy water and instant coffee method. Works somewhat, but boy it tastes terrible. I don't know how you guys can stand it. I'm going back to milk and espresso for my cappas.

~David Lynch

The cinema is really built for the big screen and big sound, so that a person can go into another world and have an experience.

~David Lynch

To me, jazz is the closest thing to insanity that there is in music.

~David Lynch

Mystery is the number one conjurer of ideas.

Death in my mind isn't a finality. There's a continuum: It's like at night, you go to sleep and in the daytime you wake up, or whenever you wake up, and it's a new day.

~David Lynch

The ideas dictate everything, you have to be true to that or you're dead.

~David Lynch

The concept of absurdity is something I'm attracted to.

~David Lynch

To me, a story can be both concrete and abstract, or a concrete story can hold abstractions. And abstractions are things that really can't be said so well with words.

~David Lynch

The ideas dictate everything.

~David Lynch

The mantra that you're given in Transcendental Meditation you keep to yourself. The reason being, true happiness is not out there, true happiness lies within.

~David Lynch

The big treasury is an ocean of infinite creativity. It's a creativity that creates everything that is a thing - it's mighty powerful creativity.

~David Lynch

Sugar does make people happy, but then you fall off the edge after a few minutes, so I've really pretty much cut it out of my diet. Except for cupcakes. I like those.

Stories hold conflict and contrast, highs and lows, life and death, and the human struggle and all kinds of things.

~David Lynch

My mother refused to give me coloring books as a child. She probably saved me, Because when you think about it, what a coloring book does is completely kill creativity.

~David Lynch

Sometimes film kills the room to dream.

~David Lynch

Television provides the opportunity for an ongoing story - the opportunity to meld the cast and the characters and a world, and to spend more time there.

~David Lynch

I've always loved the electric guitar: to hold it and work it and hear what it does is unreal.

~David Lynch

I'm not really into vinyl. There's something about that raw, birth of rock and roll feel that makes me crazy.

~David Lynch

Sometimes I get ideas for lyrics in anyplace, but I work a lot in the studio. So I collect little bits of lyrics. I go through the box of lyrics I have and see if something fits.

~David Lynch

I know club music has to be infectious and it's got to make you move.

~David Lynch

I believe in creative control. No matter what anyone makes, they should

have control over it.

~David Lynch

I thought when I started meditation that I was going to get real calm and peaceful and it's going to be over. It's not that way; it's so energetic. That's where all the energy and creativity is.

~David Lynch

Surface cures are not going to get rid of the torment that's inside.

~David Lynch

I've seen so many cases where lives have been transformed for the good and heard so many stories about this. The technique of Transcendental Meditation really works for the human being.

~David Lynch

I just love musicians. They're not all super-happy all the time, but when they're playing they're happy, and it's such a beautiful thing.

~David Lynch

Transcendental meditation is like a car, a vehicle that allows you to go within. It's a mental technique.

~David Lynch

Film can't just be a long line of bliss. There's something we all like about the human struggle.

~David Lynch

We're like lightbulbs. If bliss starts growing inside you, it's like a light; it affects the environment.

~David Lynch

The side effect of expanding consciousness is that negativity starts to evaporate; it goes away like darkness when you turn on a light.

~David Lynch

As a teenager, I was really trying to have fun 24 hours a day. I didn't start thinking until I was 20 or 21. I was doing regular goof-ball stuff.

~David Lynch

I just hope that I get a chance to keep making pictures in the atmosphere of freedom to make mistakes, and to find those magical things. Then I don't care what else happens.

~David Lynch

To make the script, you need ideas, and for me a lot of times, a final script is made up of many fragments of ideas that came at different times.

~David Lynch

### Achievement is its own reward

~David Lynch

When you sleep, you don't control your dream. I like to dive into a dream world that I've made, a world I chose and that I have complete control over.

~David Lynch

Music has fed me a lot of ideas... The film BLUE VELVET came out of Bobby Vinton's version of the song BLUE VELVET.

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