

# David Millar

## Quotes

*Sports, Cycling, Team, Thinking, Firsts, Done, People, Cheater, Opportunity,  
Way, Legs, Fighting, Battle, Proud, Clean, Sometimes, Kissing, Awful,  
Restaurants, Stupid*

There will always be cheaters. It is human nature. It will never be 100 percent clean, in any sport.

~David Millar

People do make mistakes and I think they should be punished. But they should be forgiven and given the opportunity for a second chance. We are human beings.

~David Millar

I was awarded 'Most Aggressive Rider of the Day', generally given to the most spectacular loser of the day.

~David Millar

Cycling is such a stupid sport. Next time you are in a car travelling at 40mph think about jumping out - naked. That's what it's like when we crash.

~David Millar

The manner in which one loses the battle can sometimes outshine the victory.

~David Millar

If you're not at the front, you're not in the race.

~David Millar

Often the best guys are just those that can suffer longer, who don't give up. And it's so easy to give up, when you're on a mountain and it's really hurting. We go through a lot physically.

~David Millar

I'm an accumulation of every single thing I've done, good and bad.

~David Millar

I like my hands. Which is lucky as I have to spend all day looking at

them on the handlebars.

~David Millar

I shave my legs twice a week. It's hard the first time you do it. But I'm very lazy. For a team photo in December I just did the fronts.

~David Millar

Cycling is based so much on form, on aesthetics, on class - the way you carry yourself on the bike, the sort of technique you have.

~David Millar

My epiphany came in that police cell: I realized I was about to lose everything and it didn't bother me, not in the slightest. I'd come to hate cycling because I blamed it for the lie I was living.

~David Millar

In Italy it's full-on stardom when you're a cyclist - eating in restaurants for free, it's great.

~David Millar

I had grown used to getting a pat on the back and being told after a good result: 'Well done, David - you should be happy, you're the first clean rider.

~David Millar

I think cycling has always had a tradition of being a bit dapper, especially back in the day.

~David Millar

Survival is the main objective. There are going to be some awful days, I know that from my background in the sport.

~David Millar

Now there are two or three teams who are very ethical in their outlook

who have opened up the economic benefits and that is probably going to be a turning point in the sport.

~David Millar

The first time I rode a bike I was four or five. I crashed into the back of a car.

~David Millar

The sky was falling down on me and I spent most of the time drunk. It was the only way I could handle it.

~David Millar

I might have changed, but that did not mean the sport had.

~David Millar

To be brutally honest, it's simple economics. If they want to come into cycling, sponsors need to know the team they are funding is clean, otherwise the risk is just too great.

~David Millar

I've been proud to be national champion.

~David Millar

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