

David Wolfe

Quotes

*Thinking, Chocolate, Stress, People, Way, Fighting, Body, Trying, Skins, May,
Our World, Cancer, Believe, Consciousness, Events, Giving, Looks, Reality,
World, Solutions*

To be loved, we have to love ourselves. Only when we love ourselves do we have enough love to give away. By giving love we then receive love.

~David Wolfe

Life is a mirror that magnifies. What we see 'out there' is only a duplication of what we are inside.

~David Wolfe

Faith is the ability to have trust in powers greater than yourself, to confidently stride into the unknown, and to believe in your own abilities-no matter what.

~David Wolfe

This is the only planet with chocolate, so we've got to save it.

~David Wolfe

The solutions are here. They have always been here. Food does matter!

~David Wolfe

I love hanging out with people who make me forget to look at my phone.

~David Wolfe

Every organism exists as a vehicle for the ennoblement of water into consciousness.

~David Wolfe

We are eating too much of the wrong thing, and not enough of the right thing

~David Wolfe

Until further notice, celebrate everything.

~David Wolfe

Being empowered with the knowledge that you are the creator of your own reality, is the best way to accelerate healing and learning.

~David Wolfe

Look for foods that create beauty from the inside out. Instead of coating yourself in chemical laden beauty products, why not try to get healthy skin from the foods you eat.

~David Wolfe

Paradise is a state of consciousness. All you have to do is purify yourself and you automatically arrive.

~David Wolfe

Food is exacting. The face is truly a canvas upon which our food choices paint an accurate picture. The body is truly a sculpture, chiseled and polished by our food choices.

~David Wolfe

My goal is to make everybody skilled enough to be able to be their own doctor, their own nutritionist. Because all of us intrinsically have that inside of us.

~David Wolfe

The most successful people in life have the best information

~David Wolfe

Beautify your thoughts. Thoughts are the headwaters of action, life and manifestation.

~David Wolfe

The world we think we see is only a view, a collective description of the world that we create through our belief systems. Accepting this fact

seems to be one of the most empowering things one can do.

~David Wolfe

Make different teas with the superherbs or create new smoothies with the superfoods. Better yet, take your superherb tea and blend it with your superfoods to make the best elixirs ever.

~David Wolfe

The calcium theory has probably done more to damage our health than any single theory in the history of humanity.

~David Wolfe

True beauty comes from the inside out. It emerges from proper thinking, as well as proper nutrition and exercise.

~David Wolfe

If you think humans are meat-eaters then try eating the animal raw like every other meat-eater on the planet. If something is not palatable in its raw state then you probably shouldn't be eating it.

~David Wolfe

If you eat well, you can transform your life.

~David Wolfe

Chaga is the most powerful cancer-fighting herb known and fights all kinds of radiation damage to healthy tissue.

~David Wolfe

My daily routine is to make every day the best day.

~David Wolfe

Cacao is rich in happy phenethylamine chemicals called PEA. These compounds have been associated with feeling good and falling in love.

~David Wolfe

Cacao is not just a food; it is a "superfood".

~David Wolfe

People are going to start realizing, why take those antibiotics that are extracts of mushrooms? Why not just have the mushrooms?

~David Wolfe

You cannot have chocolate without cacao. The cacao bean is chocolate. All chocolate contains at least some ground up cacao beans.

~David Wolfe

Nature is malleable and nature learns.

~David Wolfe

Our body craves what is in our bloodstream. Wheat, sugar, alcohol, coffee & de-vitalized foods are designed to be addictive!

~David Wolfe

The cosmetic industry seems to be a wholesale dumping ground for just about every single type of chemical that exists.

~David Wolfe

This is an abundant universe. Grasp your birthright. Success is a massive abundance of physical, mental, emotional and spiritual health.

~David Wolfe

Nature's solution to pollution is dilution.

~David Wolfe

Being on the road and doing events is like getting kids ready for school for most families.

~David Wolfe

UNIX is a user-friendly operating system. It just picks its friends more carefully than others.

~David Wolfe

The raw food wave has swept through, and now it is the superfoods wave. The next thing to happen will be super herbalism.

~David Wolfe

Add in the good stuff - eventually it will crowd out the bad stuff.

~David Wolfe

You have to be very careful with who you do business. It's like a marriage. Do your research and check references.

~David Wolfe

I have done more live events in the past twenty years than I have eaten dinner.

~David Wolfe

Food is the most important influence on your health. It is even more important than your thoughts and emotions.

~David Wolfe

It is your own habits of thinking which give you mastery in any field of achievement

~David Wolfe

We live in a time of unprecedented abundance.

~David Wolfe

Let's face it. Chocolate is the world's most well-loved food.

~David Wolfe

Getting healthier and healthier is fun!

~David Wolfe

There are no laws of nature; there are habits of nature.

~David Wolfe

Live events and lectures in front of large audiences. It is the best. I like it more than eating dinner.

~David Wolfe

A company may be the de jure owner, but customers are the de facto owners of the brand.

~David Wolfe

Here is the one truth you know for sure: there is no truth for sure.

~David Wolfe

When the body has too much to deal with, it stops being able to get rid of its waste efficiently and requires more support to help it fight off what is attacking it.

~David Wolfe

Nature learns and changes as a result of stimuli, and certain habitats of nature will be formed that weren't there before. That's how I look at reality.

~David Wolfe

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