

Dawna Markova

Quotes

*Kindness, Purpose, Mean, Gratitude, Heart, Inspirational, Stories, Compassion,
Tears, People, Positive, Children, Education, Dies, Doe, Capacity To Love,
Unique, School, Feelings, Fall*

Once you begin to acknowledge random acts of kindness-both the ones you have received and the ones you have given - you can no longer believe that what you do does not matter.

~Dawna Markova

Gratitude is like a flashlight. If you go out in your yard at night and turn on a flashlight, you suddenly can see what's there. It was always there, but you couldn't see it in the dark.

~Dawna Markova

I wonder why it is that we so often imprison ourselves in the opinions of other people. There can be no punishment worse than conspiring in our own diminishment.

~Dawna Markova

Kindness is twice blessed. It blesses the one who gives it with a sense of his or her own capacity to love, and the person who receives it with a sense of the beneficence of the universe.

~Dawna Markova

Living on purpose requires us to find what we love fiercely, give it all we've got and then pass it on, as if it were a torch, to those who follow

~Dawna Markova

To explore what it would mean to live fully, sensually alive and passionately on purpose, I have to drop my preconceived ideas of who and what I am.

~Dawna Markova

I need to take a sacred pause, as if I were a sun warmed rock in the center of a rushing river.

~Dawna Markova

Reignite the fire in your heart. Live on purpose.

~Dawna Markova

I choose to inhabit my days, to allow my living to open me, to make me less afraid, more accessible, to loosen my heart until it becomes a wing, a torch, a promise.

~Dawna Markova

I will not die an unlived life...I choose to inhabit my days, to allow my living to open me...I choose to risk my significance.

~Dawna Markova

That which came to me as seed goes to the next as blossom, and that which came to me as blossom, goes on as fruit.

~Dawna Markova

In my better moments, I think of apathy as purpose's sleep. In my worse moments, when I'm trying to fix it or get rid of it, I call it feeling lazy, depressed, or useless.

~Dawna Markova

I will not die an unlived life.

~Dawna Markova

The tears had turned to ink.

~Dawna Markova

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