

Debby Ryan

Quotes

*People, Believe, Acting, Thinking, Writing, School, Growing Up, Looks, Class,
Names, Wise, Brother, Able, Needs, Life Is, Love Is, Eye, Hype, Running,
Healthy*

I never wash my hair the night before an event - I call it second day hair, and it holds better.

~Debby Ryan

Nobody has any right to tell you what you aren't capable of. If you're meant to, you're able to. There is no such thing as impossible.

~Debby Ryan

You're not only the spotlight in which you perform, but the shadows where you practice.

~Debby Ryan

Every day is a reminder of what I need to do to be the best person; the best me.

~Debby Ryan

You are yourself, and you've never been more beautiful!

~Debby Ryan

Nobody has your eyes. They can look at the exact same thing & could never see what you see.

~Debby Ryan

I was raised to volunteer: nursing homes, clinics, church nurseries, school, everywhere that could use help. It's such an intrinsic part of me, to use my life to help improve the quality of others.

~Debby Ryan

To love is a brave thing. To be loved, braver still. But allowing yourself to love yourself? That takes the most courage of all.

~Debby Ryan

I've got stories untold & maps to unfold, but everyday I get where I'm going

~Debby Ryan

A real, healthy relationship is about empowerment and love and that should be standard - but it isn't.

~Debby Ryan

Hi. My name is Debby, and I am a storyteller. I don't think of myself as an actress. I am more like a face that takes words on a page, and puts them in front of your eyes.

~Debby Ryan

Failure is relative. Life is adventure. Everything has beauty.

~Debby Ryan

I want people to know that on the other side of the world - and even in your own country or on your own street - there are people who need something that you can give them.

~Debby Ryan

I think beauty has a lot to do with class. A bit of mystery. Rarity.

~Debby Ryan

Have an anchor so that life doesn't toss you around.

~Debby Ryan

Everyday's a battle against; everyday's a fight for. Everyday is collaged with shadows cast in everyday's sunrise. Everyday is a new chance.

~Debby Ryan

Maybe love isn't supposed to be comfortable. Maybe love is just supposed to be worth it.

~Debby Ryan

I believe that people start to get into trouble when they start to believe

their own hype.

~Debby Ryan

I like the idea of knowing that somebody somewhere made a difference so that your life could be better.

~Debby Ryan

You won't ever be totally gotten by any human. That's part of the fun.

~Debby Ryan

It may get worse before it gets better. But it WILL get better.

~Debby Ryan

Somewhere in the midst of smudgy maps, following waters, surviving the storms, & deep, deep digging.. treasure is found.

~Debby Ryan

I hope more women see, at least eventually, that a healthy relationship isn't anything that breaks you down.

~Debby Ryan

I definitely believe in the power of education. I believe the more people know, the more they are able to do what they can.

~Debby Ryan

More than anything, acting helped me discover who I'm not. I've learned that I'm a girly girl, but not a prissy girl.

~Debby Ryan

Life is about growing, but it's also about making peace with who you are.

~Debby Ryan

You may build walls in my path, but I will knock them down. then all

your hard work only made me stronger, and all you have is gravel.

~Debby Ryan

I want in 40 years to still be acting and to more than anything have longevity and not just be this huge flash in the pan and then disappear.

~Debby Ryan

The easiest way to not believe your own hype is to not know what people are saying about you.

~Debby Ryan

You can't force music; It just has to come to you.

~Debby Ryan

I'm different, and I'm not afraid to be different.

~Debby Ryan

Any mature, responsible adult doesn't run around stomping their feet and screaming 'I'm a mature, responsible, adult.'

~Debby Ryan

I went to school on a military base in Germany. I got a lot of my clothes at the army surplus store.

~Debby Ryan

I don't call myself a singer, I'm a voice, lent to music

~Debby Ryan

Don't be afraid of your own power.

~Debby Ryan

I feel like music does have a role to play in waking people up; it can be an alarm clock or it can be a lullaby.

~Debby Ryan

When you're in an industry where you're forced to grow up so quickly, part of you never grows up, and that's a good thing.

~Debby Ryan

I can look back at things I've done and said and worn and be completely humiliated by them, but I can never say it wasn't me. I feel really honored to say that.

~Debby Ryan

I'm very, very low-key in general.

~Debby Ryan

I'm introverted by nature, and I need to have some things of my own.

~Debby Ryan

I'm not making music for people who like Disney shows. I make music for people who like music.

~Debby Ryan

T.V. acting is a great skill to have, and it's nice to have that stability.

~Debby Ryan

Music is such an intensely personal thing for me, and I knew if I was going to do it, it would be in my own way.

~Debby Ryan

I wouldn't do the music thing if it weren't for my brother, who's a producer. He understands me and helps my vision come to life.

~Debby Ryan

For me, shoe-wise, platforms give me the same height that I need, but they're not as taxing on my feet.

~Debby Ryan

With 'Suite Life,' I had three years to sit a little bit on the back burner and learn with less pressure.

~Debby Ryan

My brother plays guitar and base and writes. His name is Chase Ryan.

~Debby Ryan

Natalie Portman never looks back, ever. Ever!

~Debby Ryan

It's really special to be a part of something that's really changing lives.

~Debby Ryan

I grew up watching James Bond and Star Wars and I just love that kind of action. I love trying to see if *I* can actually do it.

~Debby Ryan

I'm always doing something new. I took a fencing class - that was awesome. And I do a lot of my own athletic work or stunts.

~Debby Ryan

I'm very practical and realistic.

~Debby Ryan

It's crazy to see people having tattooed my lyrics on their body, and quite frankly writing is just an outlet for my voice and getting it out there.

~Debby Ryan

I think there's something charming about incorporating summer clothes into winter, like pairing a summery skirt with a massive sweater. I'm also really into layering during the winter!

~Debby Ryan

I remember going to acting class, so certain that no one's ever going to know my name.

~Debby Ryan

One of the things I love about summer is that you can wear a bikini top and put something over it and it kind of just always looks a little beach-ready, which I think is very fun.

~Debby Ryan

I love people like Tina Fey and Amy Poehler, people who create and write their own stuff - especially when there's just not enough cool, interesting characters out there.

~Debby Ryan

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