

Deborah Norville

Quotes

People, Thinking, Grateful, Gratitude, Want, Knows, Kids, Numbers, May, Inspirational, Jobs, Motherhood, Passed Away, Trying, Dream, Television, Magic, God's Plan, Arrows, Benefits

When you're true to who you are, amazing things happen.

~Deborah Norville

There is something in even the darkest situations that we can make a positive in our lives.

~Deborah Norville

I've been blessed, acne never knocked on my door. I think I look pretty darn good.

~Deborah Norville

A thankful outlook smoothes the rough edges off life.

~Deborah Norville

'Thank you power' is writing down the moments that are good in your life so that you can go back and reflect on them - so you've got this sort of repository of good stuff in your past.

~Deborah Norville

My job as a television anchor or television reporter is not to proselytize.

~Deborah Norville

What I've learned is there's a scientifically proven phenomenon that's attached to gratitude, and that if you consciously take note of what is good in your life, quantifiable benefits happen.

~Deborah Norville

If you want to be liked, get a dog. The people you work with are not your friends.

~Deborah Norville

It is hard to get in the habit of forcing yourself to find three things on a regular basis that you are grateful for.

~Deborah Norville

There is a comfort in rituals, and rituals provide a framework for stability when you are trying to find answers.

~Deborah Norville

The scripture is God's plan on how we are to live our lives here and what we are to do to have eternal life.

~Deborah Norville

Im about as straight an arrow as youll find out there.

~Deborah Norville

People who feel positively think differently. They think better.

~Deborah Norville

So many self-help ideas are like meringue - you take a big bite, and there's nothing there.

~Deborah Norville

I think our job as parents is to give our kids roots to grow and wings to fly.

~Deborah Norville

When my mother passed away I was 20.

~Deborah Norville

I think for anyone who's gone through a crisis, there comes a turning point, an epiphany, that marks the beginning of the end.

~Deborah Norville

If I have time to exercise, I do it, but I don't fixate on numbers like weight or waist size. Numbers don't work for me.

~Deborah Norville

There is no dramatic difference in happiness on the part of people who

are wealthy.

~Deborah Norville

I now find magic in the mundane. I'm also more creative - better able to look beyond the obvious and come up with new story angles.

~Deborah Norville

The biggest surprise, which is also the best, is that I didn't know I would love motherhood as much as I do.

~Deborah Norville

So for years I kept mum about my passion for needle arts.

~Deborah Norville

Children may not notice the positive moments in life unless we point them out to them.

~Deborah Norville

Grateful people may recover faster from trauma.

~Deborah Norville

Certainly the research shows that grateful people are more innovative thinkers.

~Deborah Norville

Your dreams can be realities. They are the stuff that leads us through life toward great happiness.

~Deborah Norville

It is important for women to know who they are, and to know what makes their hearts sing.

~Deborah Norville

I want my kids to be curious, to be interested in a lot of things, to be

confident, and to feel they belong in any number of situations.

~Deborah Norville

I was brought up Methodist, christened as a little baby and went to church every Sunday.

~Deborah Norville

I sensed that my life was better when I focused on things that were working as opposed to focusing on the long list that goes wrong, but I wanted to know if there was any validity to that.

~Deborah Norville

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