

Dilgo Khyentse Rinpoche Quotes

*Buddhism, Sky, Mind, Suffering, Compassion, Freedom, Hatred, Fall, Inspire,
Opportunity, Past, Wind, Should Have, Attachment, Beautiful, Single Mom,
Clouds, Wisdom, Strong, Death*

It is our mind, and that alone, that chains us or sets us free.

~Dilgo Khyentse Rinpoche

Once you overcome the hatred within your mind, you will discover that in the world outside, there is no longer any such thing as even a single enemy.

~Dilgo Khyentse Rinpoche

Do not encumber your mind with useless thoughts. What good does it do to brood on the past or anticipate the future? Remain in the simplicity of the present moment.

~Dilgo Khyentse Rinpoche

If we allow our thoughts to arise and dissolve by themselves, they will pass through our mind as a bird flies through the sky, without leaving a trace.

~Dilgo Khyentse Rinpoche

Meditation could be said to be the Art of Simplicity: simply sitting, simply breathing and simply being.

~Dilgo Khyentse Rinpoche

Day by day, be content with whatever you have and satisfied with whatever happens. Everything else will then fall naturally into place.

~Dilgo Khyentse Rinpoche

There is no logical reason why thoughts, which have no substance, should have so much power over you, nor is there any reason why you should become their slave

~Dilgo Khyentse Rinpoche

On the day that you were born, you began to die. Do not waste a single moment more!

~Dilgo Khyentse Rinpoche

A beautiful country is a dream-like illusion. It is senseless to cling to it. Unless the inner forces of negative emotions are conquered, strife with outer enemies will never end.

~Dilgo Khyentse Rinpoche

Life is fragile, like the dew hanging delicately on the grass, crystal drops that will be carried away on the first morning breeze.

~Dilgo Khyentse Rinpoche

Your practice should be strengthened by the difficult situations you encounter, just as a bonfire in a strong wind is not blown out, but blazes even brighter.

~Dilgo Khyentse Rinpoche

To go beyond samsara and nirvana, we will need the two wings of emptiness and compassion. From now on, let us use these two wings to fly fearlessly into the sky of the life to come.

~Dilgo Khyentse Rinpoche

To wish happiness for others, even for those who want to do us harm, is the source of consummate happiness.

~Dilgo Khyentse Rinpoche

If one were truly aware of the value of human life, to waste it blithely on distractions and the pursuit of vulgar ambitions would be the height of confusion.

~Dilgo Khyentse Rinpoche

Examine the nature of hatred; you will find that it is no more than a thought. When you see it as it is, it will dissolve like a cloud in the sky.

~Dilgo Khyentse Rinpoche

When death finally comes you will welcome it like an old friend, being aware of how dreamlike and impermanent the phenomenal world

really is.

~Dilgo Khyentse Rinpoche

...with the power of compassion there is nothing that cannot be accomplished.

~Dilgo Khyentse Rinpoche

May the suffering of all beings be pacified.

~Dilgo Khyentse Rinpoche

Love and nonattachment are the basis of true generosity.

~Dilgo Khyentse Rinpoche

Instead of allowing ourselves to be led and trapped by our feelings, we should let them disappear as soon as they form, like letters drawn on water with a finger.

~Dilgo Khyentse Rinpoche

Like a robe wears out over time and turns to rags, life wears out from day to day, from second to second.

~Dilgo Khyentse Rinpoche

Simply allow your thoughts and experiences to come and go, without ever grasping at them.

~Dilgo Khyentse Rinpoche

If you vanquish ego-clinging today, tonight you will be enlightened.

~Dilgo Khyentse Rinpoche

It's never too early or too late to benefit beings.

~Dilgo Khyentse Rinpoche

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