

# Dzogchen Ponlop Rinpoche Quotes

*Mind, Religious, Appearance, Meditation, Buddhist, Drama, Reality, Suffering,  
Relaxation, Doubt, Falling In Love, World, Meaningful, Fall, Littles, Be Who You  
Are, Inspirational Life, Nothing To Lose, Ego, Culture*

When we wake up from our confused state of mind, that is enlightenment.

~Dzogchen Ponlop Rinpoche

In the end, we have nothing to lose by opening our hearts.

~Dzogchen Ponlop Rinpoche

Sometimes we are too polite with our suffering and allow it to dominate our life.

~Dzogchen Ponlop Rinpoche

You fall in love with your heart; you fall out of love with your head.

~Dzogchen Ponlop Rinpoche

There is no emptiness without appearance, and there is no appearance without emptiness. That is what we call the interdependent nature.

~Dzogchen Ponlop Rinpoche

The truth about who we really are, beyond all appearances, is knowledge worth seeking.

~Dzogchen Ponlop Rinpoche

It is not about how much you give, it is about how much you can let go with your mind.

~Dzogchen Ponlop Rinpoche

True wisdom is free of the dramas of culture or religion and should bring us only a sense of peace and happiness.

~Dzogchen Ponlop Rinpoche

The true opponent in a debate on emptiness is your own ego.

~Dzogchen Ponlop Rinpoche

We actually need intelligent doubt and skepticism; they protect us

against mistaken views and propaganda.

~Dzogchen Ponlop Rinpoche

When we recognize that the seemingly object nature of reality is nothing different than the subject nature of mind, which is rigpa, it is called enlightenment.

~Dzogchen Ponlop Rinpoche

Meditation is simply getting to know your mind.

~Dzogchen Ponlop Rinpoche

Two aspects to the relative world: relaxation and time management.

~Dzogchen Ponlop Rinpoche

### **Related Links:**

- Mind Quotes
- Religious Quotes
- Appearance Quotes
- Meditation Quotes
- Buddhist Quotes
- Drama Quotes
- Reality Quotes
- Suffering Quotes
- Relaxation Quotes
- Doubt Quotes
- Falling In Love Quotes
- World Quotes
- Meaningful Quotes
- Fall Quotes
- Littles Quotes
- Be Who You Are Quotes
- Inspirational Life Quotes
- Nothing To Lose Quotes
- Ego Quotes
- Culture Quotes