

Eben Alexander Quotes

*Brain, Self, Body, Believe, Thinking, Spiritual, Journey, World, Neurosurgeons,
Facts, Past, Devices, Universe, Powerful, Son, Laughter, Home, Life Is, Life,
Glimpse*

As a neurosurgeon, I did not believe in the phenomenon of near-death experiences.

~Eben Alexander

Laughter and irony are at heart reminders that we are not prisoners in this world, but voyagers through it.

~Eben Alexander

Our eternal spiritual self is more real than anything we perceive in this physical realm, and has a divine connection to the infinite love of the Creator.

~Eben Alexander

There is no scientific explanation for the fact that while my body lay in coma, my mind - my conscious, inner self - was alive and well.

~Eben Alexander

Love is, without a doubt, the basis of everything.

~Eben Alexander

I grew up in a scientific world, the son of a neurosurgeon.

~Eben Alexander

We can only see what our brain's filter allows through.

~Eben Alexander

We - each of us - are intricately, irremovably connected to the larger universe.

~Eben Alexander

Our spirit is not dependent on the brain or body. It is eternal, and no one has one sentence worth of hard evidence that it isn't.

~Eben Alexander

Physical life is characterized by defensiveness, whereas spiritual life is just the opposite.

~Eben Alexander

A story-a true story-can heal as much as medicine can.

~Eben Alexander

I'm not the first person to have discovered evidence that consciousness exists beyond the body. Brief, wonderful glimpses of this realm are as old as human history.

~Eben Alexander

I finally chalked it up to the fact that the brain is truly an extraordinary device: more extraordinary than we can even guess.

~Eben Alexander

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