

Eda LeShan

Quotes

Children, People, Grandparent, Parent, Baby, Adventure, Dream, Long, Feelings, Want, Progress, Sex, Operations, Inspirational, Couple, Inspiring, Perspective, Age, Love, Silence

A new baby is like the beginning of all things - wonder, hope, a dream of possibilities.

~Eda LeShan

When we cannot bear to be alone, it means we do not properly value the only companion we will have from birth to death-ourselves.

~Eda LeShan

A child can live with anything as long as he or she is told the truth and is allowed to share with loved ones the natural feelings people have when they are suffering.

~Eda LeShan

Once we are truly for ourselves, it becomes possible to care far more profoundly about other people.

~Eda LeShan

Depression occurs when you are not being yourself. You're probably doing things you don't want to do.

~Eda LeShan

Anxiety checks learning. A feeling of well being and respect stimulates an alert mind.

~Eda LeShan

All important progress made by the human race has its roots in daydreaming.

~Eda LeShan

Until every individual feels personally responsible for the careful planning and the preservation of natural resources, the inexorable destruction will go on.

~Eda LeShan

It is strange but true that although we may have learned all sorts of important facts while raising our own children, when we become grandparents we still tend to forget a whole lot of things we knew.

~Eda LeShan

If grandparents want to have a meaningful and constructive role, the first lesson they must learn is that becoming a grandparent is not having a second chance at parenthood!

~Eda LeShan

Although there are real hazards in saying yes to life, they are inconsequential when compared to the regrets that come with saying "no".

~Eda LeShan

Sex is something we are, not something we do.

~Eda LeShan

Every time a child is born, we have another chance.

~Eda LeShan

... no man can be psychologically castrated without his co-operation!

~Eda LeShan

We all wanted babies - but did any of us want children?

~Eda LeShan

Our attitudes toward retirement, marriage, recreation, even our feelings about death and dying may make much more of an impression than we realize.

~Eda LeShan

the highest priority for any government concerned with its own future and the peace of the world community ought to be the facilities it

provides for the care and nurturance of young children.

~Eda LeShan

Psychotherapy can be one of the greatest and most rewarding adventures, it can bring with it the deepest feelings of personal worth, of purpose and richness in living.

~Eda LeShan

most of us carry into marriage not only our childlike illusions, but we bring to it as well the demand that it has to be wonderful, because it's supposed to be.

~Eda LeShan

If you are a parent it helps if you are a grown-up.

~Eda LeShan

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