

# Edwin Moses

## Quotes

*School, Athlete, People, Winning, Preparation, College, Track, Father, Skills,  
Scholarship, Kids, Tall, Influence, Used, Jocks, Teenage, Track And Field,  
Parent, Champion, Joints*

Concentration is why some athletes are better than others. You develop that concentration in training and concentrate in a meet.

~Edwin Moses

I never struggled with injury problems because of my preparation - in particular my stretching.

~Edwin Moses

My father was also a principal of a school and mother was a curriculum advisor. Both were educators.

~Edwin Moses

Stretching was a major part of my preparation.

~Edwin Moses

I went to Moorehouse College. There was no track and field there.

~Edwin Moses

I used biomechanics to save time when I was competing.

~Edwin Moses

One of my major competitors was Harold Smith. Smith beat me in 1977. I was loafing during that competition.

~Edwin Moses

I was always more of an academic than a jock.

~Edwin Moses

In digital world, sport provides opportunity to bring people together.

~Edwin Moses

I always had to keep improving my skills in order to remain competitive and keep winning.

~Edwin Moses

I don't really see the hurdles. I sense them like a memory.

~Edwin Moses

No one runs fast without an extreme amount of training. Like today, you see kids walking around dribbling a basketball. I had a bag with track shoes in it, and I used to go to the track every day.

~Edwin Moses

Both parents supported my becoming a world class athlete.

~Edwin Moses

I didn't get an athletics scholarship at a major school.

~Edwin Moses

Lots of people let it go by and never accomplish what they want. I just wanted to see what I could do.

~Edwin Moses

I was always a mean and lean athlete - not tall - not large.

~Edwin Moses

I wanted to go to medical school. But, I never got a college scholarship.

~Edwin Moses

You have to have already convinced yourself that you are going to win no matter what other influences are.

~Edwin Moses

There are so many people afraid of a task. They get so overwhelmed by the obstacles in front of them that they shy away from reaching beyond a position of safety.

~Edwin Moses

I overcame size with mechanics.

~Edwin Moses

I always got my work done before playing.

~Edwin Moses

Social ills: teenage pregnancy, gangs, children with behavioral problems. All these things can be alleviated if kids got more physical activity for starters.

~Edwin Moses

My father was an all-American football player.

~Edwin Moses

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