

Elizabeth Berg Quotes

*Thinking, People, Heart, Mother, Children, Believe, Men, Trying, Beautiful, Dark,
Important, Self, Moving, Real, Mean, Writing, Dating, Kind, Girl, Mind*

My mind was in my heart, anchored like a bright kite in a safe place.

~Elizabeth Berg

Don't let your habits become handcuffs

~Elizabeth Berg

You are born into your family and your family is born into you. No returns. No exchanges.

~Elizabeth Berg

People say you should give until it hurts. I say you should give until it stops hurting. Know what I mean?

~Elizabeth Berg

The seasons tell us, everything in organic life tells us, that there is no holding on; still, we try to do just that. Sometimes, though, we learn the kind of wisdom that celebrates the open hand.

~Elizabeth Berg

You feel the call. That's the important thing. Now answer it as fully as you can. Take the risk to let all that is in you, out. Escape into the open.

~Elizabeth Berg

Nothing tastes as good as being thin feels.

~Elizabeth Berg

You are always in my thoughts. When you were little, I knew your whereabouts at any given moment. Now that you are...off on your own, I still always know where you are, because I keep you in my heart.

~Elizabeth Berg

I like to listen to sad music when I'm sad. It seems honest. It makes me cry, and sometimes a good cry is the only thing that can make you feel

better.

~Elizabeth Berg

I cried until my eyes swelled shut, and then I slept, a black, dreamless sleep from which I awoke amazingly refreshed, at least until I remembered.

~Elizabeth Berg

There is love in holding and there is love in letting go.

~Elizabeth Berg

There is incredible value in being of service to others.

~Elizabeth Berg

Now, on this road trip, my mind seemed to uncrinkle, to breathe, to present to itself a cure for a disease it had not, until now, known it had.

~Elizabeth Berg

I hadn't realized how much I'd been needing to meet someone I might be able to say everything to.

~Elizabeth Berg

I turn off the radio, listen to the quiet. Which has its own, rich sound. Which I knew, but had forgotten. And it is good to remember.

~Elizabeth Berg

I will come back as a little breeze. You will feel me on your face, and you will know that I am still listening. So you can still talk to me.

~Elizabeth Berg

The truth is, aging can be your realest opportunity to decide how best to live - and the best incentive for getting you to do just that.

~Elizabeth Berg

Sometimes serendipity is just intention unmasked.

~Elizabeth Berg

It feels like some part of me that was curled down and waiting in the dark has risen, and now stands stretching and strong in the sunshine. I knew it.

~Elizabeth Berg

I thought of the priest who'd told me that many religions hold that it is easier to be closely connected to people we love after death than before.

~Elizabeth Berg

...in my head, a person who was out walking and walking in the dark comes to a little house with a light on. Waits at the door for a moment, and then goes in finds such a welcome that she stays.

~Elizabeth Berg

If I were to draw on a paper what gym does for me, I would make one dot and then I would erase it.

~Elizabeth Berg

I hoped we never had to realize all the opportunities we missed in this life.

~Elizabeth Berg

My inside self and my outside self used to match. A compass needle pointed true north. Now the needle spins around and around indicating the sad direction of nowhere.

~Elizabeth Berg

Anything we have, we are only borrowing. Anything. Any time.

~Elizabeth Berg

Just one look and then I knew that all I longed for long ago was you

~Elizabeth Berg

Ruth has friends like other people have wardrobes. I mean that there's someone for every occasion.

~Elizabeth Berg

Remember me in your dreams, as I will you.

~Elizabeth Berg

I think one of the reasons we have children is to believe everything all over again. And I'm not talking Santa, here, either.

~Elizabeth Berg

We are assumed to be rather hopeless - swallowed up by incorrect notions, divorced from the original genius with which we are born, lost within days of living this distracting life.

~Elizabeth Berg

How important things had become, now that they were gone! I felt a sudden panic that I would soon forget everything.

~Elizabeth Berg

I hate banana bread. It's too suspicious-looking. I always thought the cooked banana looked like insect legs.

~Elizabeth Berg

The truth is, we usually only show our unhappiness to another woman. I suppose this is one of our problems. And yet it is also one of our strengths.

~Elizabeth Berg

As a writer, you should have a sticky soul; the act of continually taking things in should be as much a part of you as your hair color.

~Elizabeth Berg

No one wants to mother more vigilantly than a woman who is childless and wishes she wasn't.

~Elizabeth Berg

books are like comfort food without the calories

~Elizabeth Berg

I have wanted you to see out of my eyes so many times.

~Elizabeth Berg

This is one rule about mixing boys and girls: that a date always comes first.

~Elizabeth Berg

I would make an anonymous call and say, this is someone who cares, do you know what kind of children you have?

~Elizabeth Berg

It will happen when you're not looking for it. Love likes to take you by surprise.

~Elizabeth Berg

*We give so little when it's in us always to give so much more. It's bothering to listen with an open heart to someone who smells bad. It's hard.

~Elizabeth Berg

One thing I have always been is too short. It's adorable when you're in junior high. After that, it's a pain in the ass for the rest of your life.

~Elizabeth Berg

I remove my wedding rings and put them in the jewelry box. So many

others have done this. I am not the only one. I am not the only one. But here, I am the only one.

~Elizabeth Berg

I don't think men try to make women be like them, but I think women try to make men be like them, a lot.

~Elizabeth Berg

It is never about how good your voice is; it is only about feeling the urge to sing, and then having the courage to do it with the voice you are given.

~Elizabeth Berg

Never be afraid of doing the thing you know in your heart is right, even if others don't agree.

~Elizabeth Berg

As far as I'm concerned, the most important thing you need when inventing characters is empathy.

~Elizabeth Berg

There are some things you never say good-bye to

~Elizabeth Berg

I felt myself trapped in line for a ride I was not nearly ready for, looking back but moving forward in the only direction I could go.

~Elizabeth Berg

You don't get everything all at once. You wait.

~Elizabeth Berg

I believe that the souls of women flatten and anchor themselves in times of adversity, lay in for the stay.

~Elizabeth Berg

Abstracts are real and time is a lie, it cannot be measured when one moment can expand to hold everything.

~Elizabeth Berg

Sometimes you know before you know.

~Elizabeth Berg

It is such a terrifying thing to see a man cry.

~Elizabeth Berg

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