

# Elizabeth Gilbert Quotes

*Thinking, Love, People, Men, Writing, Years, Heart, Believe, Heartbreak, Two,  
Beautiful, Needs, Order, Want, Trying, Giving, Long, Night, World, Destiny*

A true soul mate is a mirror, the person who shows you everything that is holding you back, the person who brings you to your own attention so you can change your life.

~Elizabeth Gilbert

I've never seen any life transformation that didn't begin with the person in question finally getting tired of their own bullshit.

~Elizabeth Gilbert

Tis' better to live your own life imperfectly than to imitate someone else's perfectly.

~Elizabeth Gilbert

Stop wearing your wishbone where your backbone ought to be.

~Elizabeth Gilbert

I'm choosing happiness over suffering, I know I am. I'm making space for the unknown future to fill up my life with yet-to-come surprises.

~Elizabeth Gilbert

There's always another level up. There's always another ascension. More grace, more light, more generosity, more compassion, more to shed, more to grow.

~Elizabeth Gilbert

You were given life; it is your duty (and also your entitlement as a human being) to find something beautiful within life, no matter how slight.

~Elizabeth Gilbert

This is a good sign, having a broken heart. It means we have tried for something.

~Elizabeth Gilbert

Never forget that once upon a time, in an unguarded moment, you recognized yourself as a friend.

~Elizabeth Gilbert

If you're going to answer the call and you're going to transform and you're going to change, get ready. It is not a day at the beach.

~Elizabeth Gilbert

Being content with what you have already is an art form that leads to a peace that can't be replaced by anything else.

~Elizabeth Gilbert

The only thing more unthinkable than leaving was staying; the only thing more impossible than staying was leaving.

~Elizabeth Gilbert

There is hardly a more gracious gift that we can offer somebody than to accept them fully, to love them almost despite themselves.

~Elizabeth Gilbert

Your emotions are the slaves to your thoughts, and you are the slave to your emotions.

~Elizabeth Gilbert

You can measure the happiness of a marriage by the number of scars that each partner carries on their tongues, earned from years of biting back angry words.

~Elizabeth Gilbert

we must take care of our families wherever we find them.

~Elizabeth Gilbert

We all want things to stay the same. Settle for living in misery because we are afraid of change, of things crumbling to ruins. Ruin is a gift. Ruin

is the road to transformation.

~Elizabeth Gilbert

Do not apologize for crying. Without this emotion, we are only robots.

~Elizabeth Gilbert

What are you willing to give up, in order to become who you really need to be?

~Elizabeth Gilbert

Ruin is a gift. Ruin is the road to transformation.

~Elizabeth Gilbert

Balance is not letting anyone love you less than you love yourself.

~Elizabeth Gilbert

At some point, you gotta let go, and sit still, and allow contentment to come to you.

~Elizabeth Gilbert

The world is like a dropped pie most of the time. Don't kill yourself trying to put it back together. Just grab a fork and eat some of it off the floor. Then carry on.

~Elizabeth Gilbert

I would like to spend the rest of my days in a place so silent-and working at a pace so slow-that I would be able to hear myself living.

~Elizabeth Gilbert

Everything good I've ever gotten in life, I only got because I gave something else up.

~Elizabeth Gilbert

Depression on my left, Loneliness on my right. They don't need to show

me thier badges. I know these guys very well.

~Elizabeth Gilbert

Someday you're gonna look back on this moment of your life as such a sweet time of grieving. You'll see that you were in mourning and your heart was broken, but your life was changing.

~Elizabeth Gilbert

If life gives you lemons, don't settle for simply making lemonade - make a glorious scene at a lemonade stand.

~Elizabeth Gilbert

The love that moves the sun and the other stars.

~Elizabeth Gilbert

To be fully seen by somebody, then, and be loved anyhow - this is a human offering that can border on miraculous.

~Elizabeth Gilbert

And then, in that regal silence, finally - I began to meditate on (and with) God.

~Elizabeth Gilbert

you must stop looking at the world through your head. You must look through your heart, instead.

~Elizabeth Gilbert

But never again use another person's body or emotions as a scratching post for your own unfulfilling yearnings.

~Elizabeth Gilbert

Zen masters say you cannot see your reflection in running water, only in still water.

~Elizabeth Gilbert

Bhuta ia, dewa ia. (Bali expression meaning Man is a demon, man is a god.)

~Elizabeth Gilbert

That's the thing about a human life-there's no control group, no way to ever know how any of us would have turned out if any variables had been changed.

~Elizabeth Gilbert

So now I have started living my own life. Imperfect and clumsy as it may look, it is resembling me now, thoroughly.

~Elizabeth Gilbert

God dwells within you, as you.

~Elizabeth Gilbert

To lose balance sometimes for love is part of living a balanced life.

~Elizabeth Gilbert

Maybe the difference between first marriage and second marriage is that the second time at least you know you are gambling.

~Elizabeth Gilbert

This was my moment to look for the kind of healing and peace that can only come from solitude.

~Elizabeth Gilbert

Guilt's just your ego's way of tricking you into thinking that you're making moral progress. Don't fall for it, my dear.

~Elizabeth Gilbert

Dear Lord, please show me everything I need to understand about forgiveness and surrender

~Elizabeth Gilbert

I actually have a great deal of respect for antidepressants; I think they can be enormously mighty tools toward recovery.

~Elizabeth Gilbert

David was catnip and kryptonite to me.

~Elizabeth Gilbert

The inability to open up to hope is what blocks trust, and blocked trust is the reason for blighted dreams.

~Elizabeth Gilbert

I have these new policies toward my life, like 'I will not accelerate when I see the yellow light.'

~Elizabeth Gilbert

There is a reason they call God a presence - because God is right here, right now. In the present is the only place to find Him, and now is the only time.

~Elizabeth Gilbert

A lovely evening of new idioms and fresh mozzarella.

~Elizabeth Gilbert

Your fear is the most boring thing about you.

~Elizabeth Gilbert

Look for God. Look for God like a man with his head on fire looks for water.

~Elizabeth Gilbert

Success isn't about acquiring things, it's about discovering your life purpose and following the call

~Elizabeth Gilbert

I am stronger than depression and I am braver than loneliness and nothing will ever exhaust me.

~Elizabeth Gilbert

I said, "It seems like you have fond feelings toward your ex-wife. Are you two still close?" "Nah," he said casually. "She thinks I changed my name to Motherfucker."

~Elizabeth Gilbert

I am a better person when I have less on my plate.

~Elizabeth Gilbert

Power is a neutral energy source, like tofu. It's what you do with it that gives it flavor.

~Elizabeth Gilbert

You have to participate relentlessly in the manifestation of your own blessings.

~Elizabeth Gilbert

The more exquisitely and delightfully you can do nothing, the higher your life's achievement.

~Elizabeth Gilbert

to travel is worth any cost or sacrifice.

~Elizabeth Gilbert

We don't realize that, somewhere within us all, there does exist a supreme self who is eternally at peace.

~Elizabeth Gilbert

Don't be afraid. Don't be daunted. Just do your job. Continue to show up for your piece of it, whatever that might be.

~Elizabeth Gilbert

I consider a good dinner party at our house to be where people drink and eat more than they're meant to.

~Elizabeth Gilbert

I am the planet's most affectionate life-form, something like the cross between a golden retriever and a barnacle.

~Elizabeth Gilbert

Childlessness doesn't make people selfish; selfishness makes people selfish.

~Elizabeth Gilbert

You might get nothing out of it at all except a beautiful, long life where all you did was follow your gorgeous curiosity. And that should be enough too.

~Elizabeth Gilbert

Real, sane, mature love—the kind that pays the mortgage year after year and picks up the kids after school—is not based on infatuation but on affection and respect.

~Elizabeth Gilbert

I crossed the street to walk in the sunshine.

~Elizabeth Gilbert

a woman's place is in the kitchen...sitting in a comfortable chair, with her feet up, drinking a glass of wine and watching her husband cook dinner.

~Elizabeth Gilbert

Mistakes will be made. Failure will occur. You pick yourself up and carry on.

~Elizabeth Gilbert

Sometimes life is too hard to be alone, and sometimes life is too good to be alone.

~Elizabeth Gilbert

There's a crack (or cracks) in everyoneâ€™ that's how the light of God gets in.

~Elizabeth Gilbert

Learn your way around loneliness. Make a map of it. Sit with it, for once in your life. Welcome to the human experience.

~Elizabeth Gilbert

Man is a demon, man is a god. Both true.

~Elizabeth Gilbert

God never slams a door in your face without opening a box of Girl Scout cookies.

~Elizabeth Gilbert

Your home is whatever in this world you love more than you love yourself.

~Elizabeth Gilbert

[Italian men] are like show poodles. Sometimes they look so good I want to applaud.

~Elizabeth Gilbert

We're already separated that's official but there's still a window of hope left open that perhaps someday we could give things another try.

~Elizabeth Gilbert

Having a baby is like getting a tattoo on your face. You really need to be certain it's what you want before you commit.

~Elizabeth Gilbert

meditation vs prayer = listening vs talking

~Elizabeth Gilbert

You know the old adage: Plant an expectation, reap a disappointment.

~Elizabeth Gilbert

I never wanted to be the person that waited for a stranger to come to town - I wanted to be the stranger!

~Elizabeth Gilbert

God wants us to be in joy, God wants us to be happy.

~Elizabeth Gilbert

Om Namah Shivaya, meaning, I honor the divinity that resides within me.

~Elizabeth Gilbert

Maybe it's just me but I would suspect that a man trying to impress a woman would be more likely to bring out the steak - "I killed this for you, now I'm grilling it for you."

~Elizabeth Gilbert

Happiness is the consequence of personal effort. You must fight for it, strive for it, and insist upon it.

~Elizabeth Gilbert

The resting place of the mind is the heart.

~Elizabeth Gilbert

Life's metaphors are God's instructions.

~Elizabeth Gilbert

A true soul mate is probably the most important person you'll ever meet, because they tear down your walls and smack you awake.

~Elizabeth Gilbert

Devotion is diligence without assurance

~Elizabeth Gilbert

What worked yesterday doesn't always work today.

~Elizabeth Gilbert

Destiny, I feel, is also a relationship - a play between divine grace and willful self-effort.

~Elizabeth Gilbert

What happens and what you encounter, what you collide with - it's so exciting and revealing about how much more interesting and tricky the universe is than we think in our daily lives.

~Elizabeth Gilbert

The Yogic path is about disentangling the built-in glitches of the human condition, which I'm going to over-simplify here as the heartbreaking inability to sustain contentment.

~Elizabeth Gilbert

Faith is belief in what you cannot see or prove or touch. Faith is walking face-first and full-speed into the dark.

~Elizabeth Gilbert

I was not rescued by a prince; I was the administrator of my own rescue.

~Elizabeth Gilbert

The best we can do then, in response to our incomprehensible and dangerous world, is to practice holding equilibrium internally - no matter what insanity is transpiring out there.

~Elizabeth Gilbert

My heart was broken so badly last time that it still hurts. Isn't that crazy? To still have a broken heart almost two years after a love story ends?

~Elizabeth Gilbert

Nothing is less efficient than perfectionism.

~Elizabeth Gilbert

There's no trouble in this world so serious that it can't be cured with a hot bath, a glass of whiskey, and the Book of Common Prayer.

~Elizabeth Gilbert

When the karma of a relationship is done, only love remains. It's safe. Let go.

~Elizabeth Gilbert

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