

Elizabeth Jane Howard Quotes

*Thinking, Sleep, Up Early, Fall, Feelings, Missing, Relaxation, Fuel, Night,
Wonderful, Divorce, Past, Book, Family, Rainy Day, Guilty, Lunch, Math,
People, Luxury*

It's better to oversleep and miss the boat than get up early and sink.

~Elizabeth Jane Howard

I'm not lazy. I'm just really gifted, only instead of being good at music or math I'm good at sleeping late.

~Elizabeth Jane Howard

A rainy day is like a lovely gift -- you can sleep late and not feel guilty.

~Elizabeth Jane Howard

I think best in a hot bath, with my head tilted back and my feet up high.

~Elizabeth Jane Howard

When you fall asleep after a big lunch you're really just saving up energy to work off all the calories later on.

~Elizabeth Jane Howard

You can't run from feelings, Charity. You have to face them. Otherwise your future will look just like your past.

~Elizabeth Jane Howard

I have lived my life in the slipstream of experience

~Elizabeth Jane Howard

A massage is just like a movie, really relaxing and a total escape, except in a massage you're the star. And you don't miss anything by falling asleep!

~Elizabeth Jane Howard

Laughter is just like champagne -- only without the headache afterwards.

~Elizabeth Jane Howard

I'm not particularly keen on pity. Pity takes something away from grief.

People think they're sharing it, but really they're just taking some. I prefer to keep my grief intact.

~Elizabeth Jane Howard

Holidays were invented so single women could overeat without feeling guilty.

~Elizabeth Jane Howard

Sex is like petrol. It's a galvaniser, a wonderful fuel for starting a relationship.

~Elizabeth Jane Howard

Does breakfast in bed count as a morning workout?

~Elizabeth Jane Howard

Why does getting ahead always have to involve getting up early?

~Elizabeth Jane Howard

It's not a luxury if you can't do without it!

~Elizabeth Jane Howard

For a single girl in London, luck isn't always a glass slipper that fits. Sometimes luck is a splash of mud from a passing bus.

~Elizabeth Jane Howard

The craze of genealogy is connected with the epidemic for divorce. If we can't figure out who our living relatives are, then maybe we'll have more luck with the dead ones.

~Elizabeth Jane Howard

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