

Ellen Bass Quotes

*People, Love You, Healing, Writing, Keys, Honey, Self Esteem, Kind, Life,
Charming Smile, Knowing, Wanted, Responsibility, Hope, Great Gifts, Proud,
Heard, Apples, Thinking, Ocean*

Allow yourself to release the emotions you have struggled all your life to contain.

~Ellen Bass

There's a part of every living thing that wants to become itself: the tadpole into the frog, the chrysalis into the butterfly, a damaged human being into a whole one. That is spirituality.

~Ellen Bass

There is a comfort in knowing that you don't have to pretend anymore, that you are going to do everything within your power to heal.

~Ellen Bass

What would people look like if we could see them as they are, soaked in honey, stung and swollen, reckless, pinned against time?

~Ellen Bass

It's impossible to feel good about yourself if you are doing things that you aren't proud of. . . . It's essential that you . . . [do] things you can respect and admire.

~Ellen Bass

I live in Santa Cruz. I moved here in 1974 and couldn't leave.

~Ellen Bass

Everyone has the right to tell the truth about her own life.

~Ellen Bass

Then you hold life like a face between your palms, a plain face, no charming smile, no violet eyes, and you say, yes, I will take you I will love you, again.

~Ellen Bass

So much inspires me. People living their lives with courage, beauty of

all kinds, nature in all its aspects, people I love and people I hardly know, and, of course, other poets.

~Ellen Bass

Poetry is the most intimate of all writing. I want to speak first from me to myself and then from me to you.

~Ellen Bass

If you've managed to do one good thing, the ocean doesn't care. But when Newton's apple fell toward the earth, the earth, ever so slightly, fell toward the apple as well.

~Ellen Bass

Visualizing how you want to be is [an] effective way to move toward your goal.

~Ellen Bass

I think many people love poetry who don't know they love it. People are sometimes afraid of poetry, or they've been introduced to poetry that doesn't speak to them.

~Ellen Bass

Garrison Keillor read several of my poems on 'The Writer's Almanac' and I've heard from listeners nationally and internationally. That's one of the great gifts of email.

~Ellen Bass

Your wallet will be stolen, you'll get fat, slip on the bathroom tiles of a foreign hotel and crack your hip.

~Ellen Bass

No matter how many vitamins you take, how much Pilates, you'll lose your keys, your hair and your memory.

~Ellen Bass

I wanted to be a writer since I was in high school, but I never thought it was possible.

~Ellen Bass

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