Kids, Cooking, Thinking, People, Trying, Fun, Wine, Simple, Years, Giving, Mom, Educational, Mean, New Orleans, Hands, Vegetables, Growing Up, Book, Passion, Philosophy

My favorite Aspen memory is saving an upside-down cake that had exploded from the high altitude.

~Emeril Lagasse

I grew up in Fall River, Massachusetts. My background was modest, and I worked at a Portuguese bakery in town.

~Emeril Lagasse

A lot of parents ask me how to get kids to eat more vegetables. The first thing I say is that it starts from the top.

~Emeril Lagasse

You gotta have good olive oil. You should have a cooking olive oil and you should have a finishing olive oil, like an extra-virgin olive oil.

~Emeril Lagasse

Anything made with love, bam! -it's a beautiful meal.

~Emeril Lagasse

Food is very representative of a city's culture. In order to really get to know a place and the people, you've got to eat the food.

~Emeril Lagasse

If you don't follow your dream, who will?

~Emeril Lagasse

Life just doesn't hand you things. You have to get out there and make things happen. that's the exciting part.

~Emeril Lagasse

Kids are now eating things like edamame and sushi. I didn't know what shiitake mushrooms were when I was 10 - most kids today do.

Spice is life. It depends upon what you like... have fun with it. Yes, food is serious, but you should have fun with it.

~Emeril Lagasse

If kids can learn how to make a simple Bolognese sauce, they will never go hungry. It's pretty easy to cook pasta, but a good sauce is way more useful.

~Emeril Lagasse

In order to be big, you have to think big. If you think small, you're going to be small.

~Emeril Lagasse

I think you've got to keep it simple, keep it fresh. Stay away from all that processed stuff, read the labels.

~Emeril Lagasse

Cooking is so popular today because it's the perfect mix of food and fun.

~Emeril Lagasse

Radishes grow just about anywhere. People think, 'Oh it's just a radish.' But radishes are delicious, and people don't think of cooking them.

~Emeril Lagasse

It's okay to play with your food.

~Emeril Lagasse

I spent a lot of time on farms when I was young. My uncle and my dad owned a big farm.

~Emeril Lagasse

I think all kids need snacks. Mine are fruit machines. I give them things like apple slices, berries and melon. Do I let them eat ice cream?

Absolutely. But not every day.

~Emeril Lagasse

Cleanliness is very important. If you let kids make a total mess in the kitchen and then leave, you're not really teaching them anything.

~Emeril Lagasse

If you think big, then it's going to be big.

~Emeril Lagasse

Whether it's books or TV, or whatever the case may be, the backbone of what I do is my restaurants.

~Emeril Lagasse

The cool thing is that now that people have made this evolution where cooking is cool, people are doing it on weekends, they're doing their own challenges. It's back to cooking. And it's real cooking.

~Emeril Lagasse

My philosophy from day one is that I can sleep better at night if I can improve an individual's knowledge about food and wine, and do it on a daily basis.

~Emeril Lagasse

You know, for 300 years it's been kind of the same. There are restaurants in New Orleans that the menu hasn't changed in 125 years, so how is one going to change or evolve the food?

~Emeril Lagasse

What I go for in my cooking is sinful, bold and real.

~Emeril Lagasse

I had these recipes that say do this, do that. Who MAKES these rules?

The world has changed, and it's almost been 11 years. I have 975 employees. I have six restaurants. We haven't opened any new ones in almost three years.

~Emeril Lagasse

I think many cooks are afraid of undercooked meats. A good thermometer is a cook's best friend.

~Emeril Lagasse

I ended up turning down a full scholarship of music at the conservatory to pay to go to cooking school.

~Emeril Lagasse

I'm not a TV guy. I'm a restaurant chef and a businessman.

~Emeril Lagasse

I don't limit myself.

~Emeril Lagasse

My family... always had the value of the family table and these cultural influences of growing up.

~Emeril Lagasse

Those other 10 o'clock shows that come on, all you get from them is headaches and nightmares when you go to bed! At least we give you food, know what I mean?

~Emeril Lagasse

Soups are a great way to introduce a lot of vegetables to kids. Stir-fries, too, because they contain so many different shapes and colors.

~Emeril Lagasse

In the restaurant it's much more serious.

I started cooking when I was about 10. I have memories like when I was 6 or 7 with my mom, and when I was 12 I started getting real serious about cooking.

~Emeril Lagasse

If somebody has a chance to put my food in their mouth, that tells the story.

~Emeril Lagasse

I like to keep things simple. It's really about the wine, food and the beach view. Nothing can beat that.

~Emeril Lagasse

Everyone needs a mentor.

~Emeril Lagasse

We're setting up an urban farm for kids on more than 20 acres in New Orleans. We want to make this a world-class educational center for the community.

~Emeril Lagasse

I love to cook; that's my passion.

~Emeril Lagasse

Get up every day and try a little harder than the day before.

~Emeril Lagasse

I had a fierce curiosity about this food thing.

~Emeril Lagasse

Books make great gifts because they expand your horizons and keep you cooking.

I came here because the city has a tradition and is a very respected food city.

~Emeril Lagasse

Many of my staff have been with me for over 20 years. I have a great team, and I make sure they feel respected and appreciated.

~Emeril Lagasse

Growing up in New England, being schooled and classically trained, it needed to shake, it needed to evolve.

~Emeril Lagasse

I've never really had a problem with people.

~Emeril Lagasse

The most interesting thing I've ever heard about myrself that isn't true is that I'm not a nice guy.

~Emeril Lagasse

I'm not impressed with presidents. I have met a few, but I'm not impressed with them.

~Emeril Lagasse

I've been very fortunate, because I've cooked for a lot of actors and actresses and musicians. I've cooked for presidents and I've been to the White House.

~Emeril Lagasse

Spain has some of the richest culinary traditions and truly appreciates food that is simply prepared with top-notch ingredients.

~Emeril Lagasse

When it ceases to be fun, I'll stop and just stay in my restaurants.

My office in New York is overflowing with all kinds of cookbooks, and in New Orleans we have a huge culinary library. So yeah, I guess I'm a little bit obsessed.

~Emeril Lagasse

Scatter soaked hardwood chunks over your coals for a quick and easy way to add a smoky nuance to your grilled foods.

~Emeril Lagasse

Mom ran the house, so we grew up Portuguese.

~Emeril Lagasse

We're probably close to reaching 2,000 shows, which is more than Julia Child and Jacques Pepin together.

~Emeril Lagasse

One big reason I do what I do is there's no two days alike. It's not work for me. It's my life. My passion.

~Emeril Lagasse

You are going to be what you put in your body, so I try to teach that to my kids, and the kids around me.

~Emeril Lagasse

When I first decided to open a restaurant, I was turned down by several banks. It was the late 80's and many restaurants were failing. I refused to give up because I knew I had a good concept.

~Emeril Lagasse

Food that's beautiful to look at seems to taste better than food that isn't.

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