Thinking, People, Heart, Two, Writing, Regret, Character, Want, Trying, Believe, Real, Past, Sometimes, Book, Love Is, Girl, Guy, Mean, World, Jobs

You can only control your own actions. Not other people's reactions.

~Emily Giffin

A son is a son 'til he gets a wife, but a daughter is a daughter all her life.

~Emily Giffin

Love and friendship. They are what make us who we are, and what can change us, if we let them.

~Emily Giffin

...love is the sum of our choices, the strength of our commitments, the ties that bind us together.

~Emily Giffin

Maybe the thing to do after you roll the dice-and lose-is simply pick them up and roll them again.

~Emily Giffin

When you're in love, sometimes you have to swallow your pride, and sometimes you have to keep your pride. It's a balance. But when the relationship is right, you find the balance.

~Emily Giffin

I think of how each person in a marriage owes it to the other to find individual happiness, even in a shared life. That this is the only way to grow together, instead of apart.

~Emily Giffin

Life's not black-and-white. Sometimes the ends justifies the means.

~Emily Giffin

Hush little baby, Dont you cry, Dont cut your arms, Dont say goodbye. Put down that razor, Put down that light, It maybe hard but, You'll win

this fight.

~Emily Giffin

I think it's important to try to be present with whatever it is you're doing. And if you can't be present, take a break.

~Emily Giffin

Although I'm sure there are plenty of tall, gorgeous, life-of-the-party guys who are also true to their wives, I happen to believe that a disproportionate number of them are cheaters.

~Emily Giffin

I write about relationships and I try to create real-life characters.

~Emily Giffin

This is why you should never, ever get your hopes up. This is why you should see the glass as half empty. So when the whole thing spills, you aren't as devastated.

~Emily Giffin

It always takes two. For relationships to work, for them to break apart, for them to be fixed.

~Emily Giffin

(mother)" She used to tell me to get my nose out of my book and go get some fresh air.

~Emily Giffin

Recognizing that there is more heartbreak in continuous disappointment than a void.

~Emily Giffin

Happiness is the best revenge, you know? Just be happy. It's a choice.

True love is supposed to make you into a better person-uplift you.

~Emily Giffin

Nothing is ever perfect. It is what you make of it.

~Emily Giffin

Change can be good but its always tough to let go of the past ~Emily Giffin

His loyalty, so fierce and unwavering, makes my eyes water and heart ache.

~Emily Giffin

He was uncomplicated and upbeat and easy. At one point, I might have thought these traits made him a simpleton, but now I think they just translate to happiness.

~Emily Giffin

He who fails to plan, plans to fail.

~Emily Giffin

But I am learning that perfection isn't what matters. In fact, it's the very thing that can destroy you if you let it.

~Emily Giffin

In days that follow, I discover that anger is easier to handle than grief. ~Emily Giffin

He nods, as if to acknowledge that endings are almost always a little sad, even when there is something to look forward to on the other side.

~Emily Giffin

Everyone wants to belong, or be a part of something bigger than themselves, but it's important to follow your heart and be true to

yourself in the process.

~Emily Giffin

For true downtime, I enjoy going for light runs, having drinks with friends and going to the movies with my husband.

~Emily Giffin

Sweetened ice tea is one of the things I love about the South, right up there with homemade biscuits and cheese grits.

~Emily Giffin

You can run but you can't hide

~Emily Giffin

The worst is when someone in your past trumps the person in your present, and you think to yourself: if I'd known this, then maybe I wouldn't have let him go.

~Emily Giffin

Things are what they are and there's no point dwelling in the past or wondering what could have been.

~Emily Giffin

Things certainly aren't the way you imagine them when you're a kid and dreaming big dreams about what your life as a grown-up will look like.

~Emily Giffin

My head spins as I glance away, refusing to get sucked back into his gaze when so much is at risk.

~Emily Giffin

And like a favorite old movie, sometimes the sameness in a friend is what you like the most about her.

I love him wholly and unconditionally and without reservation. I love him enough to sacrifice a friendship. I love him enough to accept my own happiness and use it, in turn, to make him happy back.

~Emily Giffin

But now we have time. Endless time stretches before us.

~Emily Giffin

Life is about the gray areas. Things are seldom black and white, even when we wish they were and think they should be, and I like exploring this nuanced terrain.

~Emily Giffin

People generally didn't cheat in good relationships.

~Emily Giffin

My wants are simple: a job that I like and a guy whom I love.

~Emily Giffin

i wish i could freeze this moment, somehow delay my final decision, and just hang here in the balance between two places, two worlds, two loves.

~Emily Giffin

There is no grief like heartbreak.

~Emily Giffin

I miss him in so many ways, but right now I miss him in the way you always miss someone when you're single among a room full of couples.

~Emily Giffin

It's like when someone dies, the initial stages of grief seem to be the worst. But in some ways, it's sadder as time goes by and you consider

how much they've missed in your life. In the world.

~Emily Giffin

Love is seldomâ€"almost neverâ€"an even proposition. Someone always loves more.

~Emily Giffin

No, scratch the word "career." Careers are for people who wish to advance. I only want to survive, draw a paycheck.

~Emily Giffin

The best reason to pray is that God is really there. In praying our unbelief starts to melt. God moves smack into the middle of even an ordinary day.

~Emily Giffin

You'll never regret being a good friend.

~Emily Giffin

Anything worthwhile is tough.

~Emily Giffin

How different this moment feels, for so many reasons. I tell myself that no two loves are identical - but that I don't have to compare anymore.

~Emily Giffin

Often I feel that projects overwhelm us when we look at how many hours are involved until completion. But just getting started is usually not that difficult.

~Emily Giffin

Really-nothing is unforgivable if you truly love someone.

When I meet someone I like being with more than I like being alone, I'll marry her.

~Emily Giffin

One way isn't better than the other; they're just different.

~Emily Giffin

Evident in every small act of kindness, it was love as a verb. Love that made me feel more complete than I had ever felt in my glamorous, Jimmy Choo filled past.

~Emily Giffin

There are two kinds of women--those who eat in a crisis and those who lose their appetite in a crisis.

~Emily Giffin

It was the same night I gave myself to him completely, knowing that I would belong to him for as long as he wanted to keep me. And, as it turned out, even longer than that.

~Emily Giffin

The world is not that black and white, Rachel. There are no moral absolutes. It is complex.

~Emily Giffin

I remember that my mother once told me that the opposite of love isn't hate, it's indifference.

~Emily Giffin

After all, I think, isn't it always about a boy?

~Emily Giffin

Did she ever regret her choices? Were her decisions more clear-cut than mine - or are there always shades of gray whe it comes to matters

of the heart?

~Emily Giffin

You can love someone you mistrust.

~Emily Giffin

[The] maid of honor - the unambiguous, grown-up equivalent of wearing best friend necklaces.

~Emily Giffin

Instead of relief or gratitude, more guilt washes over me. Andy's certainly not faultless - no one ever is in a marriage

~Emily Giffin

Love as a verb. Love as a commitment.

~Emily Giffin

But I have learned that you make your own happiness, that part of going for what you want means losing something else. And when the stakes are high, the losses can be that much greater.

~Emily Giffin

What if two people want to be your partner, then what?

~Emily Giffin

There is no better audience for someone in love than someone in love.

~Emily Giffin

We are in love and meant to be together.

~Emily Giffin

I try to recognize that there is no such thing as having it all - and it's impossible to be perfect. You just have to let certain things go.

I try to write about real women, real people - in other words flawed characters.

~Emily Giffin

When I write, I picture the characters a certain way in my head, and they're not like any actor or actress. It's almost hard for me to let go of my ideas as to the way they look.

~Emily Giffin

In my stories, I think, as I've gotten older, the characters have become stronger and more independent, and more capable of making unconventional decisions.

~Emily Giffin

Whats not to love is hardly a reason to love. And the catch of your life is not the same thing as the love of your life. Be careful of that subtle but rather crucial distinction.

~Emily Giffin

I think that we have to consciously be aware that every moment we're in, every different stage in our lives, we can control.

~Emily Giffin

Throw in the intensity of emotions that come with that bittersweet summer sandwiched between high school graduation and the rest of your life.

~Emily Giffin

I'm glad you were both here," I finally manage, thinking how strange it is to be standing with the two people who made you, something most kids take for granted every day of their lives.

~Emily Giffin

I'm nostalgic and I do think about a "what if."

~Emily Giffin

I had never understood what people meant when they said they'd rather be alone if they couldn't be in the right relationship. Now I got it. ~Emily Giffin

I think the most well-adjusted people live in the present with an eye toward the future - I'm not among those.

~Emily Giffin

Which always raises the interesting question of whether redheads pursue other redheads in a narcissistic way, or simply, because they have no other choice, as nonredheads aren't interested.

~Emily Giffin

Some of my very closest friends are my guy friends, going back to the third grade, so I believe in the integrity of the male-female friendship. ~Emily Giffin

She wonders what fool ever said that it's better to have loved and lost than to have never loved at all - she has never disagreed with something so much.

~Emily Giffin

My relationship with my sister is so central to my life. She's my closest friend, my biggest supporter, and I know she would say the same about me.

~Emily Giffin

That's how life is. Sometimes there are happy endings, sometimes there aren't, and more often there are shades of gray.

~Emily Giffin

Where we belong is often where we least expect to find ourselvesâ€"a

place that we may have willed ourselves to forget, but that the heart remembers forever.

~Emily Giffin

Blurring the line between friendship and attraction was a surefire to lose a friend.

~Emily Giffin

There are two kinds of sorry. There is the sorry imbued with regret. And a pure sorry. The kind that is merely asking for forgiveness, nothing more.

~Emily Giffin

It's amazing to me how few guys know their friends' birthdays.

~Emily Giffin

I don't really know why I went to law school.

~Emily Giffin

It's like Brad Pitt for us. You might not like blond men with pretty features, but c'mon, it's Brad. You're not going to kick him out of bed for eating crackers.

~Emily Giffin

Even if we no longer have much in common, we would have always had the past, which, in some ways, is just as important as the present or future. It is where we come from, what makes us who we are.

~Emily Giffin

The person who wants out of the relationship always gets her way.

~Emily Giffin

You see yourself as very average, ordinary. And there is nothing ordinary about you, Rachel." (Something Borrowed)

~Emily Giffin

What every girl dreams of when she's dumped is - that the guy will someday feel regrest and come back and tell her all about it. And the beauty of it is you have no regrets whatsoever.

~Emily Giffin

But one thing I have to say about Darcy and dating is this: she never blew us off for a guy. She always put her friends first- which is an amazing thing for a high school girl to do.

~Emily Giffin

I do not expect to get what I want, so I don't. And I don't even try.

~Emily Giffin

You don't have to talk to someone to think about them and check up on them now and again.

~Emily Giffin

And then there is our personal history. Memories only we share. Things not another living soul would understand.

~Emily Giffin

I'm going to keep seeing him as much as I can. We'll see what happens," I say, realizing that just "seeing what happens" is my version of "going for it.

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