

# Emmet Fox

## Quotes

*Thinking, Positive, God, Believe, Love, Prayer, Life, Healing, Law Of Attraction,  
Encouragement, Motivational, Today, Life Is, Spiritual, Law, Difficulty, Love Is,  
Giving, Mistake, Overcoming*

Whenever you are afraid of something you are worshipping it.  
Whatever you fear, you bow down to and give it power.

~Emmet Fox

You must not allow yourself to dwell for a single moment on any kind of negative thought.

~Emmet Fox

The story of your life is really the story of the relations between yourself and God.

~Emmet Fox

It is the food which you furnish to your mind that determines the whole character of your life.

~Emmet Fox

The great difference between the two feelings is that love is always creative, and fear is always destructive.

~Emmet Fox

To be afraid is to have more faith in evil than in God.

~Emmet Fox

Look where you are going because you will inevitably go where you are looking.

~Emmet Fox

Most people who have a problem concentrate on the problem. They take it to bed with them and stay awake all night thinking it over. Let go of that problem. Rise above it in consciousness.

~Emmet Fox

You must not under any pretense allow your mind to dwell on any thought that is not positive, constructive, optimistic, kind.

~Emmet Fox

Claim your divine, glorious selfhood. Think it, talk it, live it and it will demonstrate itself in your life.

~Emmet Fox

Stop thinking about your difficulties, whatever they are, and start thinking about God instead.

~Emmet Fox

There is no difficulty that enough love will not conquer.

~Emmet Fox

If you have no time for prayer and meditation, you will have lots of time for sickness and trouble.

~Emmet Fox

A man dies daily, only to be reborn in the morning, bigger, better and wiser.

~Emmet Fox

When you are in difficulties, look upon the overcoming of them as a great adventure.

~Emmet Fox

We make our own world by the way in which we think; for we really do live in a world of our own thoughts.

~Emmet Fox

We build in thought the conditions that will later come into manifestation on the physical plane.

~Emmet Fox

A sufficient realization of love will dissolve it all. If only you could love

enough you would be the happiest and most powerful being in the world.

~Emmet Fox

When you resist a difficulty you antagonize it, and it bites back.

~Emmet Fox

It makes no difference how deeply seated may be the trouble, how hopeless the outlook how muddled the tangle, how great the mistake. A sufficient realization of love will dissolve it all.

~Emmet Fox

Criticism is an indirect form of self-boasting.

~Emmet Fox

The root of all difficulties is a lack of the sense of the Presence of God.

~Emmet Fox

Love is by far the most important thing of all.

~Emmet Fox

a small spark can start a great fire

~Emmet Fox

If you want to dismiss a negative thought, the only way to do so is to think of something positive and constructive.

~Emmet Fox

You cannot be healthy; you cannot be happy; you cannot be prosperous; if you have a bad disposition.

~Emmet Fox

If you could only love enough, you could be the most powerful person in the world.

~Emmet Fox

It is not possible that you could ever find yourself anywhere where God was not fully present, fully active, able and willing to set you free.

~Emmet Fox

The art of life is to live in the present moment, and to make that moment as perfect as we can by the realization that we are the instruments and expression of God Himself.

~Emmet Fox

Your Heart's Desire is the Voice of God, and that Voice must be obeyed sooner or later.

~Emmet Fox

Never forget that the circumstances of your life for tomorrow are molded by your mental conduct today.

~Emmet Fox

Supply yourself with a mental equivalent, and the thing must come to you.

~Emmet Fox

Love is always creative, fear always destructive.

~Emmet Fox

Life is consciousness.

~Emmet Fox

Live in the present moment and find your interest and happiness in the things of today.

~Emmet Fox

If people would reflect that one can only do one thing at a time and

therefore there is never more than one thing to do at a time, there would be less fatigue in the world.

~Emmet Fox

When things are going wrong declare constantly that you are not going to be afraid or intimidated by any outer condition.

~Emmet Fox

Recognize success with thanksgiving and build more success on that.

~Emmet Fox

To radiate any quality, that quality must be within yourself.

~Emmet Fox

When the mind changes the outer expression must change to correspond. We are transferred by the renewing of our minds.

~Emmet Fox

We affirm the harmony that we seek in order to provide the subconscious with a blue print of the work to be done.

~Emmet Fox

We grow into that which we admire.

~Emmet Fox

As thy days, so shall thy strength be which, in modern language, may be translated as thy thoughts so shall thy life be.

~Emmet Fox

Fear is the ultimate cause of failure and disappointment.

~Emmet Fox

Do it trembling if you must, but do it!

~Emmet Fox

You are not happy because you're healthy, you are healthy because you're happy

~Emmet Fox

Read The Golden Key several times. Do exactly what it says, and if you are persistent enough you will overcome any difficulty.

~Emmet Fox

Where you stand today does not matter; it is the direction in which your are moving, and the rate at which you travel, that count.

~Emmet Fox

The art of life is to live in the present moment

~Emmet Fox

You can never solve a problem on the same level as the problem.

~Emmet Fox

Bless a thing and it will bless you. Curse it and it will Curse you.

~Emmet Fox

Life is a state of consciousness.

~Emmet Fox

Welcome any change that comes into any phase in your life; insist that it is going to turn out for the better - and it will. See the Angel of God in it, and the Angel of God will make all things new.

~Emmet Fox

Make friends with nature by working in harmony with her and she will make friends with you.

~Emmet Fox

I will not entertain or dwell on negative things.

~Emmet Fox

Constant rhythmical movement is necessary to health and harmony.  
Much ill health is due to emotional congestion.

~Emmet Fox

Your fixed convictions concerning the things that really matter mold  
your destiny.

~Emmet Fox

A smile costs nothing in money, time, or effort but it is literally true that  
it can be of supreme importance in ones life.

~Emmet Fox

Whatever you think rightly concerning will go well. Whatever you think  
wrongly concerning, will go ill.

~Emmet Fox



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