

Ephrem the Syrian Quotes

*Christian, Inspirational, Blessed, Religious, Men, Love, Brother, Kings, Prayer,
Angel, Light, Spiritual, Heart, Reading, Mind, Eye, Shining, Skins, Sake,
Blasphemy*

Let books be your dining table, / And you shall be full of delights. / Let them be your mattress, / And you shall sleep restful nights

~Ephrem the Syrian

Virtues are formed by prayer. Prayer preserves temperance. Prayer suppresses anger. Prayer prevents emotions of pride and envy. Prayer draws into the soul the Holy Spirit, and raises man to Heaven.

~Ephrem the Syrian

Blessed the one who continually humbles himself willingly; he will be crowned by the One who willingly humbled himself for our sake.

~Ephrem the Syrian

No one is truly poor but except the one who lacks the truth.

~Ephrem the Syrian

Anyone who wants to be an example to others, must first examine himself.

~Ephrem the Syrian

O Lord, we cannot go to the pool of Siloe to which you sent the blind man. But we have the chalice of Your Precious Blood, filled with life and light. The purer we are, the more we receive.

~Ephrem the Syrian

Be a lamp in brightness, and make the works of darkness cease, so that whenever your doctrine shines, no one may dare to heed the desires of darkness.

~Ephrem the Syrian

Don't let your eyes look here and there, and don't look on someone else's beauty, so that the devil will not conquer you with the help of your eyes.

~Ephrem the Syrian

Like the apple of Thine eye preserve me, O Lord God; defend me and beneath Thy wings shelter me from temptations.

~Ephrem the Syrian

Scripture brought me to the Gate of Paradise, and the mind stood in wonder as it entered.

~Ephrem the Syrian

Whoever fears God stands above all manner of fear. He has become a stranger to all the fear of this world and placed it far from himself, and no manner of trembling comes near him.

~Ephrem the Syrian

If you wish to help someone, give secretly and avoid arrogance.

~Ephrem the Syrian

Blessed the one who has kept the mastery of his eyelids and has not deceived himself with either mind or sense with regard to the skin of the flesh that after a little while oozes putrefaction.

~Ephrem the Syrian

The seed, swollen with moisture, burst asunder its covering of soil and out peers the blade of wheat, full of symbols. So faith, whose bosom is filled with goodly fruits, is a blade of praise.

~Ephrem the Syrian

Blessed the one who meditates on death each day and destroys the base passions lurking in the vines of the heart, for he will be consoled in the moment of separation.

~Ephrem the Syrian

Yea, O Lord and King, grant me to see my own sin and not to judge my brother, for You are blessed from all ages to all ages. Amen

~Ephrem the Syrian

Blessed the one who has become a good spiritual net and caught many for the good Lord, such a one will greatly be praised by the Lord.

~Ephrem the Syrian

In the measure to which a man cuts off and humbles his own will, he proceeds toward success. But insofar as he stubbornly guards his own will, so much does he bring harm to himself.

~Ephrem the Syrian

Blessed the one who loves truth continually and has not lent his mouth as an instrument of impiety by lying, for he fears the commandment about idle speech.

~Ephrem the Syrian

It is blasphemy if you pray before God while you are full of anger.

~Ephrem the Syrian

Prayer is converse with God, equal honor with the Angels, progress in good things, averting of evils, righting of sinners.

~Ephrem the Syrian

Blessed the one who, exalted by love, has become a city founded upon a mountain, from which the enemy, when he saw it, withdrew in fear, trembling at its security in the Lord.

~Ephrem the Syrian

Related Links:

- [Christian Quotes](#)
- [Inspirational Quotes](#)
- [Blessed Quotes](#)
- [Religious Quotes](#)
- [Men Quotes](#)
- [Love Quotes](#)
- [Brother Quotes](#)
- [Kings Quotes](#)
- [Prayer Quotes](#)
- [Angel Quotes](#)
- [Light Quotes](#)
- [Spiritual Quotes](#)
- [Heart Quotes](#)
- [Reading Quotes](#)
- [Mind Quotes](#)
- [Eye Quotes](#)
- [Shining Quotes](#)
- [Skins Quotes](#)
- [Sake Quotes](#)
- [Blasphemy Quotes](#)