

# Epicurus

## Quotes

*Men, Philosophy, Pain, Evil, Justice, Happiness, Wise, Pleasure, Philosophical,  
Life, Death, Doe, Mind, Littles, Wisdom, Soul, Natural, May, Friendship, Self*

Do not spoil what you have by desiring what you have not; remember that what you now have was once among the things you only hoped for.

~Epicurus

Why should I fear death? If I am, death is not. If death is, I am not. Why should I fear that which can only exist when I do not?

~Epicurus

You don't develop courage by being happy in your relationships everyday. You develop it by surviving difficult times and challenging adversity.

~Epicurus

Happiness is man's greatest aim in life. Tranquility and rationality are the cornerstones of happiness.

~Epicurus

The things you really need are few and easy to come by; but the things you can imagine you need are infinite, and you will never be satisfied.

~Epicurus

Of all the things which wisdom provides to make us entirely happy, much the greatest is the possession of friendship.

~Epicurus

We should look for someone to eat and drink with before looking for something to eat and drink.

~Epicurus

Not what we have But what we enjoy, constitutes our abundance.

~Epicurus

Being happy is knowing how to be content with little

~Epicurus

Live your life without attracting attention.

~Epicurus

If God listened to the prayers of men, all men would quickly have perished: for they are forever praying for evil against one another.

~Epicurus

He who has peace of mind disturbs neither himself nor another.

~Epicurus

Pleasure is the first good. It is the beginning of every choice and every aversion. It is the absence of pain in the body and of troubles in the soul.

~Epicurus

Death does not concern us, because as long as we exist, death is not here. And when it does come, we no longer exist.

~Epicurus

In a philosophical dispute, he gains most who is defeated, since he learns most.

~Epicurus

The misfortune of the wise is better than the prosperity of the fool.

~Epicurus

The greater the Difficulty the more Glory in surmounting it, and the loss of false Joys secures to us a much better Possession of real ones.

~Epicurus

Death is nothing to us, since when we are, death has not come, and when death has come, we are not.

~Epicurus

I never desired to please the rabble. What pleased them, I did not learn; and what I knew was far removed from their understanding.

~Epicurus

The noble soul occupies itself with wisdom and friendship.

~Epicurus

We have been born once and there can be no second birth. For all eternity we shall no longer be. But you, although you are not master of tomorrow, are postponing your happiness.

~Epicurus

A man who causes fear cannot be free from fear.

~Epicurus

Skillful pilots gain their reputation from storms and tempest.

~Epicurus

Riches do not exhilarate us so much with their possession as they torment us with their loss.

~Epicurus

Is he able, but not willing? Then he is malevolent.

~Epicurus

The man least dependent upon the morrow goes to meet the morrow most cheerfully.

~Epicurus

Do not spoil what you have by desiring what you have not.

~Epicurus

Is he neither able nor willing? Then why call him God?

~Epicurus

A free life cannot acquire many possessions, because this is not easy to do without servility to mobs or monarchs.

~Epicurus

Freedom is the greatest fruit of self sufficiency.

~Epicurus

What will happen to me if that which this desire seeks is achieved, and what if it is not?

~Epicurus

I was not; I have been; I am not; I do not mind.

~Epicurus

If thou wilt make a man happy, add not unto his riches but take away from his desires.

~Epicurus

The art of living well and the art of dying well are one.

~Epicurus

It is not so much our friends' help that helps us, as the confidence of their help.

~Epicurus

It is better for you to be free of fear lying upon a pallet, than to have a golden couch and a rich table and be full of trouble.

~Epicurus

But the universe is infinite.

~Epicurus

Man was not intended by nature to live in communities and be civilized.

~Epicurus

It is folly for a man to pray to the gods for that which he has the power to obtain by himself.

~Epicurus

All friendship is desirable in itself, though it starts from the need of help

~Epicurus

There is nothing terrible in life for the man who realizes there is nothing terrible in death.

~Epicurus

Misfortune seldom intrudes upon the wise man; his greatest and highest interests are directed by reason throughout the course of life.

~Epicurus

A strict belief in fate is the worst of slavery, imposing upon our necks an everlasting lord and tyrant, whom we are to stand in awe of night and day.

~Epicurus

We must, therefore, pursue the things that make for happiness, seeing that when happiness is present, we have everything; but when it is absent, we do everything to possess it.

~Epicurus

Launch your boat, blessed youth, and flee at full speed from every form of culture.

~Epicurus

The summit of pleasure is the elimination of all that gives pain.

~Epicurus

I was not, I was, I am not, I care not. (Non fui, fui, non sum, non curo)

~Epicurus

Pleasure is the beginning and the end of living happily. Epicurus taught: Pleasure, defined as freedom from pain, is the highest good.

~Epicurus

Justice is a contract of expediency, entered upon to prevent men harming or being harmed.

~Epicurus

If death causes you no pain when you're dead, it is foolish to allow the fear of it to cause you pain now.

~Epicurus

Be moderate in order to taste the joys of life in abundance.

~Epicurus

It is impossible to live a pleasant life without living wisely and well and justly. And it is impossible to live wisely and well and justly without living a pleasant life.

~Epicurus

The time when most of you should withdraw into yourself is when you are forced to be in a crowd.

~Epicurus

Do everything like someone is gazing at you.

~Epicurus

Of all the means to insure happiness throughout the whole life, by far the most important is the acquisition of friends.

~Epicurus

He who is not satisfied with a little, is satisfied with nothing .

~Epicurus

Death is meaningless to the living because they are living, and meaningless to the dead because they are dead.

~Epicurus

A blessed and indestructible being has no trouble himself and brings no trouble upon any other being; so he is free from anger and partiality, for all such things imply weakness.

~Epicurus

The wealth required by nature is limited and is easy to procure; but the wealth required by vain ideals extends to infinity.

~Epicurus

Pleasure is the beginning and the end of living happily.

~Epicurus

I have never wished to cater to the crowd; for what I know they do not approve, and what they approve I do not know.

~Epicurus

For a wrongdoer to be undetected is difficult; and for him to have confidence that his concealment will continue is impossible.

~Epicurus

All other love is extinguished by self-love; beneficence, humanity, justice, philosophy, sink under it.

~Epicurus

Only the just man enjoys peace of mind.

~Epicurus



We begin every act of choice and avoidance from pleasure, and it is to pleasure that we return using our experience of pleasure as the criterion of every good thing.

~Epicurus

We must consider both the ultimate end and all clear sensory evidence, to which we refer our opinions; for otherwise everything will be full of uncertainty and confusion.

~Epicurus

Empty is the argument of the philosopher which does not relieve any human suffering.

~Epicurus

He who says either that the time for philosophy has not yet come or that it has passed is like someone who says that the time for happiness has not yet come or that it has passed.

~Epicurus

When we exist, death is not yet present, and when death is present, then we do not exist.

~Epicurus

The fool's life is empty of gratitude and full of fears; its course lies wholly toward the future.

~Epicurus

Don't fear god, Don't worry about death; What is good is easy to get, and What is terrible is easy to endure

~Epicurus

I spit upon luxurious pleasures, not for their own sake, but because of the inconveniences that follow them.

~Epicurus

We cannot live pleasantly without living wisely and nobly and righteously.

~Epicurus

Let no one be slow to seek wisdom when he is young nor weary in the search of it when he has grown old. For no age is too early or too late for the health of the soul.

~Epicurus

We must meditate on what brings happiness, since when it has, it has everything, and when he misses, we do everything to have it

~Epicurus

Virtue consisteth of three parts,--temperance, fortitude, and justice.

~Epicurus

Nothing is enough for the man to whom enough is too little.

~Epicurus

The mind that is much elevated and insolent with prosperity, and cast down with adversity, is generally abject and base.

~Epicurus

To be rich is not the end, but only a change, of worries.

~Epicurus

He who needs riches least, enjoys riches most.

~Epicurus

He who doesn't find a little enough will find nothing enough.

~Epicurus

All sensations are true; pleasure is our natural goal.

~Epicurus

Gratitude is a virtue that has commonly profit annexed to it.

~Epicurus

Most beautiful is the sight of those near and dear to us when our original kinship makes us of one mind.

~Epicurus

It is possible to provide security against other ills, but as far as death is concerned, we men live in a city without walls.

~Epicurus

Natural justice is a compact resulting from expediency by which men seek to prevent one man from injuring others and to protect him from being injured by them.

~Epicurus

Any man who does not think that what he has is more than ample, is an unhappy man, even if he is the master of the whole world.

~Epicurus

Tranquil pleasure constitutes human beings' supreme good

~Epicurus

The fool, with all his other faults, has this also, he is always getting ready to live.

~Epicurus

The acquisition of riches has been for many men, not an end, but a change, of troubles.

~Epicurus

A beneficent person is like a fountain watering the earth, and spreading fertility; it is, therefore, more delightful to give than to receive.

~Epicurus

The knowledge of sin is the beginning of salvation.

~Epicurus

Let nothing be done in your life, which will cause you fear if it becomes known to your neighbor.

~Epicurus

Self-sufficiency is the greatest of all wealth .

~Epicurus

To eat and drink without a friend is to devour like the lion and the wolf.

~Epicurus

Some men spend their whole life furnishing for themselves the things proper to life without realizing that at our birth each of us was poured a mortal brew to drink.

~Epicurus

Fortune seldom troubles the wise man. Reason has controlled his greatest and most important affairs, controls them throughout his life, and will continue to control them.

~Epicurus

Death, the most dreaded of evils, is therefore of no concern to us; for while we exist death is not present, and when death is present we no longer exist.

~Epicurus

Of all the gifts that wise Providence grants us to make life full and happy, friendship is the most beautiful.

~Epicurus

Justice has no independent existence; it results from mutual contracts, and establishes itself wherever there is a mutual engagement to guard

against doing or sustaining mutual injury.

~Epicurus

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