

Eric Berne Quotes

*Men, Giving, Long, Love Is, Thinking, Persons, Life, Compromise, Love, Hero,
Inspirational, Knowing Who You Are, Fate, Running, Civilization, Children, Half,
Nature, Mother, Awareness*

Awareness requires living in the here and now, and not in the elsewhere, the past or the future.

~Eric Berne

The moment a little boy is concerned with which is a jay and which is a sparrow, he can no longer see the birds or hear them sing.

~Eric Berne

The destiny of every human being is decided by what goes on inside his skull when confronted by what goes on outside his skull.

~Eric Berne

Love is nature's psychotherapy.

~Eric Berne

A healthy person goes 'Yes,' 'No,' and 'Whoopee!' An unhealthy person goes 'Yes, but,' 'No, but,' and 'No whoopee.'

~Eric Berne

A loser doesn't know what he'll do if he loses, but talks about what he'll do if he wins, and a winner doesn't talk about what he'll do if he wins, but knows what he'll do if he loses.

~Eric Berne

Each person designs his own life, freedom gives him the power to carry out his own designs, and power gives the freedom to interfere with the designs of others.

~Eric Berne

Awareness means the capacity to see a coffeepot and hear the birds sing in one's own way and not the way one was taught.

~Eric Berne

It is better to be a slave to your beloved woman than a free man to the

unloved one.

~Eric Berne

Some say that one-sided love is better than none, but like half a loaf of bread, it is likely to grow hard and moldy sooner.

~Eric Berne

A winner fulfills his contract with the world and with himself. That is, he sets out to do something, says that he is committed to doing it, and in the long run does it.

~Eric Berne

The eternal problem of the human being is how to structure his waking hours

~Eric Berne

We are born princes and the civilizing process makes us frogs.

~Eric Berne

Games are a compromise between intimacy and keeping intimacy away.

~Eric Berne

Every man must, in a measure, be alone in the world. No heart was ever cast in the same mould as that which we bear within us.

~Eric Berne

No man is a hero to his wife's psychiatrist.

~Eric Berne

Whatever you do, think of next morning's headlines.

~Eric Berne

Human life [is] ... a process of filling in time until the arrival of death, or

Santa Claus, with very little choice, if any, of what kind of business one is going to transact during the long wait.

~Eric Berne

Such a woman is called "Mother's FRIEND" always ready to give judicious Parental advice and living vicariously on the experience of others

~Eric Berne

Losers spend time explaining why they lost. Losers spend their lives thinking about what they're going to do. They rarely enjoy doing what they're doing.

~Eric Berne

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