People, Character, Advice, Thinking, Sexy, Looks, Giving, Ifs, Charm, Small Town, Pieces, Heart, Girl, Drama, Happily Married, Wells, Stills, Toms, Married, Upset

We all need to make time for a burger once in a while.

~Erica Durance

I'm learning to embrace who I am and what I look like.

~Erica Durance

Smallville' was my first love and it is always close to my heart.

~Erica Durance

When you're out there in Vancouver doing your thing, and then you come down and you see how positive people are - people who are so jazzed and so supportive.

~Erica Durance

You have to treat it like a fresh character. Sure, there are guidelines so that you don't upset people, but you have to find your own way.

~Erica Durance

I'm happily married but it's absolutely heavenly.

~Erica Durance

I'm pretty klutzy and I've always been, so I have to own up to it. It's part of my charm!

~Erica Durance

People think that if you're sexy you have no brains, and if you have brains you aren't in touch with your sexual side. I'm trying to tell people, 'You can have it both ways.'

~Erica Durance

It's easier to shut yourself off outside than reveal your inner thoughts.

~Erica Durance

But I still had to tell myself, Keep looking up. I will tell you, he isnt

### Superman for nothing.

~Erica Durance

I really enjoy comedy, but I also still really enjoy the drama aspect. So, I don't like to narrow my possible chances out there.

~Erica Durance

I think that you can't help but bring pieces of who you are. No matter what you do, it comes through you, as a vessel.

~Erica Durance

If you want to demoralize somebody's spirit, you take away their hope.

~Erica Durance

Any kind of advice that I've been given to cut out carbs forever, don't do it. It just doesn't work. You do okay for a while and then you just overcarb.

~Erica Durance

Well, I love TV, and I love a good script.

~Erica Durance

I'm a small-town girl, and it'll never be beaten out of me.

~Erica Durance

I'm a bit of a workaholic.

~Erica Durance

I might do my own independent film, that my husband wrote for me, if all the ducks are in a row.

~Erica Durance

I look forward to change, but there is a part of me that absolutely dreads it.

~Erica Durance

Obviously, I'm kind of loyal to Tom [Welling] because that's who I work with so to me he's my Superman.

~Erica Durance

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