

Erik Weihenmayer

Quotes

*People, Rocks, Thinking, Kids, Way, Climbing, Adversity, Basketball, Sports,
Use, Ice, Real, Baseball, Avalanches, Disability, Blurry, Nice, Emptiness,
Motivation, Common*

There is a very blurry line between the things we can't do and the things that we can.

~Erik Weihenmayer

I think that it is everyone's obligation they owe to themselves and to their lives to figure out their own way up their own mountain.

~Erik Weihenmayer

People have the inner resources to become anything they want to be. Challenge just becomes the vehicle for tapping into those inner resources.

~Erik Weihenmayer

You don't just deal with adversity. You use it to propel you forward.

~Erik Weihenmayer

When I went blind at 13, I realized that I wasn't going to be a good baseball or basketball player like I enjoyed before. It forced me to look beyond the obvious, to things that I could still do well.

~Erik Weihenmayer

It is exciting to kind of figure things out in yourself and then use other people to help you figure things out so you can really reach your potential.

~Erik Weihenmayer

The key is to really have tremendously high expectations and to teach kids how to be self sufficient and confident and give them the skills that they need to succeed.

~Erik Weihenmayer

People get trapped into thinking about just one way of doing things.

~Erik Weihenmayer

You can't have self confidence without some real skills that enable you to be successful.

~Erik Weihenmayer

I found climbing to be a very tactile sport. There's no ball that is zipping through the air ready to crack you in the head. It is just you and the rock base.

~Erik Weihenmayer

Confidence without skill is just emptiness.

~Erik Weihenmayer

Society imposes low expectations of those who have disabilitiesâ€•

~Erik Weihenmayer

I like to skin up ski resorts and, for me, being blind, that's nice because it's wide open, with no avalanche danger.

~Erik Weihenmayer

I have a variety of friends I climb with. But the common thing is I trust all of them. They're solid climbers, the sort of people I trust to know what they're doing.

~Erik Weihenmayer

You can't always get out on the mountain, so I'll put rubber on the end of my ice tools and climb the tread wall, a rotating rock wall I have in my backyard.

~Erik Weihenmayer

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