

Erin Willett

Quotes

*Trying, Believe, Artist, Thinking, New York, My Own, Want, Voice, Can Do,
Years, Excuse, Mirrors, Struggle, Validation, Loss, Able, Views, Ifs, Looks,
World*

I can be capable of anything if I allow myself to be. I really realized what an obstacle I was being in my own life.

~Erin Willett

The amount of time I spent on facing my negative conscious has been most of my struggle and changing my mind-set has been the biggest change in my life not my weight.

~Erin Willett

A lot of my friends are musicians or artists, and their talent always pushes me to think creatively.

~Erin Willett

Women come in all shapes and sizes, and we are what we want to be, not the label that is placed on us.

~Erin Willett

I would like to release an album that I truly believe in, thus it is hard to put a time limit on it. I want to really go deeper and discover myself again through music.

~Erin Willett

If we can just try every day to be the best versions of ourselves, we are offering to the world the best addition to society.

~Erin Willett

The weight loss has been a secondary change to the mental changes I have made. Weight loss does not fix problems; how you view yourself does.

~Erin Willett

Making excuses and not trying because I was scared were my go-to reactions. Nothing was going to change in my life unless I did something about it.

~Erin Willett

I am only capable of what I allow myself to believe I can do.

~Erin Willett

I started to realize that everyone goes through those doubts, and I need to try and be the best version of me I can - not only for myself but everyone around me.

~Erin Willett

Believing in myself has always been hard. For a long time, I constantly compared myself to others, and it took away from the energy I could have been putting into my career.

~Erin Willett

Meeting Justin Bieber was interesting. We were backstage at The Voice, and he was there premiering his "Boyfriend" music video. I was in six-inch heels, so I was towering over him like a giant.

~Erin Willett

Being able to meet fans who look up to me and letting me know they have been inspired by me in some way is so humbling.

~Erin Willett

There is an energy in New York that is like nowhere else I've been, and I feel free there, and that is inspiring.

~Erin Willett

I am constantly trying to figure things out, and writing and decompressing is a way for me to analyze and try and grow and understand.

~Erin Willett

I know that I cannot control anyone else's actions but my own, and how

I choose to react to situations.

~Erin Willett

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