

# Ernest Holmes

## Quotes

*Thinking, Believe, Spiritual, Men, God, Mind, Giving, Inspirational, Love Life,  
Self, Spirit, Life, Law Of Attraction, Reality, Joy, Creative, Prayer, Expression,  
Healing, Law*

Spirituality is natural goodness. God is not a person; God is a presence personified in us. Spirituality is not a thing; it is the atmosphere of God's Presence, goodness, truth, and beauty.

~Ernest Holmes

All the power of the universe is with you. Feel it, know it, and then act as though it were true.

~Ernest Holmes

I am guided by the same intelligence and inspired by the same imagination which scatters the moon beams across the waves and holds the forces of nature in it's grasp.

~Ernest Holmes

Life is a mirror and will reflect back to the thinker what he thinks into it.

~Ernest Holmes

We are all immersed in the atmosphere of our own thinking, which is the direct result of all we have ever said, thought or done. This decides what is to take place in our lives.

~Ernest Holmes

Practically the whole human race is hypnotized because it thinks what somebody else told it to think.

~Ernest Holmes

Never limit your view of life by any past experience.

~Ernest Holmes

The person who is to succeed will never let his mind dwell on past mistakes. He will forgive the past in his life and in the lives of other people. If he makes a mistake he will at once forgive it.

~Ernest Holmes

Too often, our minds are so burdened because of the mistakes we have made that we do not take the time to forgive ourselves and others and start over again.

~Ernest Holmes

You can attract only that which you mentally become and feel yourself to be in reality.

~Ernest Holmes

You can be on the cusp of something. Appreciate the cusp, not the something. Appreciate this moment now.

~Ernest Holmes

Prepare your mind to receive the best that life has to offer.

~Ernest Holmes

Stop trying, stop struggling; begin to be calm, to trust in the higher laws of life, even though you do not see them; they are still there.

~Ernest Holmes

Today I do affirm that I am Divinely guided...There is that within which knows what to do and how to do it, and it compels me to act on what it knows.

~Ernest Holmes

Life is ever giving of Itself. We must receive, utilize and extend the gift. Success and prosperity are spiritual attributes belonging to all people.

~Ernest Holmes

Instead of dwelling on negative thoughts, cause your mind to dwell on peace and joy.

~Ernest Holmes

Trust in your own self more than in all else.

~Ernest Holmes

Believe as though you are, and you will be.

~Ernest Holmes

Borrowing knowledge of reality from all sources, taking the best from every study, Science of Mind brings together the highest enlightenment of the ages.

~Ernest Holmes

You are more than you appear to be - Life is greater than you have ever known it - The best is yet to come.

~Ernest Holmes

Heaven is within us, and we experience it to the degree that we become conscious of it.

~Ernest Holmes

Life is not just something to be endured. It is to be lived in joy, in a fullness without limit (p.82)

~Ernest Holmes

Abundance is mine. I cannot be deprived of my supply. The trees do not lack for leaves, nor do the flowers fail to bloom.

~Ernest Holmes

God is all there is - God includes everything, all possibility and all action, for Spirit is the invisible essence and substance of all form.

~Ernest Holmes

Like attracts like and we attract just what we are in mind.

~Ernest Holmes

To the soul that knows its own divinity, all else must gravitate

~Ernest Holmes

Thoughts of lack manifest as limitation. Thoughts of abundance manifest as success and happiness. Failure and success are but two ends of the same stick.

~Ernest Holmes

No person whose entire time is spent in the contemplation of limitation can demonstrate freedom from such limitation.

~Ernest Holmes

. . . man is just what he thinks himself to be . . . He will attract to himself what he thinks most about. He can learn to govern his own destiny when he learns to control his thoughts.

~Ernest Holmes

The universal Mind contains all knowledge. It is the potential ultimate of all things. To it, all things are possible.

~Ernest Holmes

Every thought has a consequence. And every experience has a causative thought behind it.

~Ernest Holmes

The thought of judgment, criticism and condemnation must, in time, operate against the one who sets it into motion.

~Ernest Holmes

We already live in a Perfect Universe, but It needs to be seen mentally before It can become a part of our experience.

~Ernest Holmes

It is done to you as you believe.

~Ernest Holmes

Life externalizes at the level of our thought.

~Ernest Holmes

We cannot lead a choiceless life. Every day, every moment, every second, there is a choice. If it were not so, we would not be individuals.

~Ernest Holmes

A realization of the Presence of God is the most powerful healing agency known to the mind of man.

~Ernest Holmes

We are born to create, and we can't help it. Why is that? Because God, the great Creator, is in us.

~Ernest Holmes

The whole thing resolves itself into our mental ability to control our thought. The man who can do this can have what he wants, can do what he wishes and becomes what he wills.

~Ernest Holmes

The abundance you desire to experience must first be an experience in your mind.

~Ernest Holmes

Never let anything cause you to doubt your ability to demonstrate the Truth.

~Ernest Holmes

I am a gift of joy that God gives to a wonderful world.

~Ernest Holmes

With a penetrating vision you can dissipate the obstruction, remove the obstacle, dissolve the wrong condition.

~Ernest Holmes

The road to freedom lies not through mysteries or occult performances, but through the intelligent use of natural forces and laws.

~Ernest Holmes

The truth is true wherever you find it. Remember, sugar is sweet whether you find it in a sugar bowl or a dust pan.

~Ernest Holmes

..Whoever dwells on beauty tends to become beautiful; there will be a grace and charm to expressing itself through that person which no one can fail to recognize and appreciate.

~Ernest Holmes

We are chemists in the laboratory of the Infinite. What, then shall we create?

~Ernest Holmes

Where the mind goes energy flows.

~Ernest Holmes

A constant realization of the presence of Spirit will provide a sense of Divine Companionship that no other attitude could produce.

~Ernest Holmes

Fear brings failure; faith brings success. It's just that simple.

~Ernest Holmes

A consciousness of God releases the greatest power of all.

~Ernest Holmes

Gratitude is one of the chief graces of human existence and is crowned in heaven with a consciousness of unity.

~Ernest Holmes

The universe must exist for the self-expression of God and the delight of God.

~Ernest Holmes

Change your thinking, change your life.

~Ernest Holmes

The great spiritual geniuses, whether it was Moses, Buddha, Plato, Socrates, Jesus, or Emerson..... have taught man to look within himself to find God.

~Ernest Holmes

The Divine Plan is one of Freedom. The inherent nature of man is ever seeking to express itself in terms of freedom, because freedom is the birthright of every living soul.

~Ernest Holmes

As you discover your daily good, and believe in it, and think about it, expect it to continue.

~Ernest Holmes

Begin where you are. It would be unscientific to begin anywhere else.

~Ernest Holmes

. . . everything in life responds to the song of the heart.

~Ernest Holmes

Our vision is beclouded and the pathway of our progress is obstructed until we come to know that god can and does express as Good in every person and every situation.

~Ernest Holmes

The Power which creates and sustains everything is now creating everything necessary to my happiness.



~Ernest Holmes

Through the art of affirmative prayer the limitless resources of the Spirit are at my command. The power of the Infinite is at my disposal.

~Ernest Holmes

One who has learned to love all people will find plenty of people who will return that love.

~Ernest Holmes

When we conceive a new idea we are thinking directly from the creativity of God.

~Ernest Holmes

A state of expectancy is a great asset; a state of uncertainty-one moment thinking "perhaps" and the next moment thinking "I don't know"-will never get desired results.

~Ernest Holmes

It is right that we should be successful, for otherwise Spirit is not expressed.

~Ernest Holmes

Love is at the Center of our being, and the calm, continuous pulsations of life are governed by Love.

~Ernest Holmes

Nothing is too good to be true.

~Ernest Holmes

All limitations are self-imposed.

~Ernest Holmes

There is one power in the Universe and we can all use it.

~Ernest Holmes

When we learn to trust the universe, we shall be happy, prosperous and well

~Ernest Holmes

Blessing: Constructive thought directed toward anyone or condition. You bless a man when you recognize the divinity in him.

~Ernest Holmes

We may stumble, but always there is that eternal voice, forever whispering within our ear, that thing which causes the eternal quest, that thing which forever sings and sings.

~Ernest Holmes

If you wish to know the truth about your business or your profession, know that it is an activity of good. It is an activity of your partnership with the infinite.

~Ernest Holmes

Wait for the idea. It may not come at first, but you must be patient, never doubting, waiting in faith. It will come.

~Ernest Holmes

True imagination is not fanciful daydreaming; it is fire from heaven.

~Ernest Holmes

When prayer removes distrust and doubt and enters the field of mental certainty, it becomes faith; and the universe is built on faith.

~Ernest Holmes

We are continuously living a new life, and when the old and the new do not fit nicely together, the old - no longer able to contain the new - should be discarded.

~Ernest Holmes

We are to look for God in each other and love this God, forgetting all else.

~Ernest Holmes

There is a Power in the universe greater than you are, and you can use it.

~Ernest Holmes

Healing is the result of clear thinking.

~Ernest Holmes

You are to have implicit confidence in your own ability, knowing that it is the nature of thought to externalize itself in your health and affairs, knowing that you are the thinker.

~Ernest Holmes

We live in a spiritual Universe. God is in, through, around and for us.

~Ernest Holmes

The intellect is a cold thing and a merely intellectual idea will never stimulate thought in the same manner that a spiritual idea does.

~Ernest Holmes

We are bound by nothing except belief.

~Ernest Holmes

To believe in a just law of cause and effect, carrying with it a punishment or a reward, is to believe in righteousness.

~Ernest Holmes

Each one should realize there is nothing in (us) which denies that which (we) desire.

~Ernest Holmes

ANYONE may become a revealer of Truth who lives in close contact with the indwelling God.

~Ernest Holmes

Let us waste no further time looking for the secret of success or the key to happiness. Already the door is open and whosoever will, may enter.

~Ernest Holmes

Begin to act from your dominion. Declare the truth by telling yourself that there is nothing to be afraid of, that you no longer entertain any images of fear.

~Ernest Holmes

Whatever the mind holds to and firmly believes in, forms a new pattern of thought within its creative mold, as whatever thought is held in the mind tends to take outward form in new creations.

~Ernest Holmes

Each one of us is an outlet to God and an inlet to God.

~Ernest Holmes

But even in the Christian religion, much of its real meaning is hidden by words that are misleading and symbols that but few understand.

~Ernest Holmes

The manifest universe is the body of God ... all people are incarnations of the One Spirit.

~Ernest Holmes

Divine Intelligence working through me always knows just what I need and always supplies it when I need it.

~Ernest Holmes

Within us is the unborn possibility of limitless experience. Ours is the privilege of giving birth to it!

~Ernest Holmes

With every pill we have prescribed for us we should also be given a creative prayer, a suggested way to correct our destructive patterns of thought.

~Ernest Holmes

The one seeking to demonstrate the power of spiritual realization in everyday affairs should believe in Divine guidance... and that everything in life is controlled by love, harmony, and peace.

~Ernest Holmes

We are thinking, willing, knowing, conscious centers of Life. We are surrounded by, immersed in, and there is flowing through us, a creative Something ... call It what you will.

~Ernest Holmes

It is necessary for us to understand that the only Active Principle is Spirit.

~Ernest Holmes

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