

Esther Perel

Quotes

*People, Home, Sex, Thinking, Mean, Desire, Couple, Persons, Motivation,
Partners, Giving, Passion, Love Is, Inspiration, Today, Two, Lying, Want,
Secret, Loss*

If you start to feel that you have given up too many parts of yourself to be with your partner, then one day you will end up looking for another person in order to reconnect with those lost parts.

~Esther Perel

Women want to talk first, connect first, then have sex. For men, sex is the connection. Sex is man's language of intimacy

~Esther Perel

Love enjoys knowing everything about you; desire needs mystery.

~Esther Perel

Trouble looms when monogamy is no longer a free expression of loyalty but a form of enforced compliance.

~Esther Perel

Mystery is not always about travelling to new places, it is about looking with new eyes.

~Esther Perel

It's hard to feel attracted to someone who has abandoned her sense of autonomy.

~Esther Perel

Love is a vessel that contains both security and adventure, and commitment offers one of the great luxuries of life: time. Marriage is not the end of romance, it is the beginning.

~Esther Perel

There is no neediness in desire ... there is no caretaking in desire. Caretaking is mightily loving, [but] it's a powerful anti-aphrodisiac.

~Esther Perel

Sex is about where you can take me, not what you can do to me.

~Esther Perel

When we seek the gaze of another, it isn't always our partner we're turning away from, but the person we have ourselves become.

~Esther Perel

Love rests on two pillars: surrender and autonomy. Our need for togetherness exists alongside our need for separateness.

~Esther Perel

It's our imagination that's responsible for love, not the other person.

~Esther Perel

The mom doesn't become sexy; the woman does. You have to retrieve the woman from the mother. And she may need to separate to do that: a bath, a walk. She must cordon off an erotic space.

~Esther Perel

Our partner's sexuality does not belong to us. It isn't just for and about us, and we should not assume that it rightfully falls within our jurisdiction.

~Esther Perel

Most of us will get turned on at night by the very same things that we will demonstrate against during the day - the erotic mind is not very politically correct.

~Esther Perel

Acceptance doesn't mean predictability. Sex isn't always for 11 at night - - it's also 'meet at a hotel room at noon'. What you feel during dating can exist at home, if you don't suffocate it.

~Esther Perel

The attraction of dating is that you don't take yes for granted - - you're

fully engaged, there's seductiveness, tension.

~Esther Perel

Today, our sexuality is an open-ended personal project; it is part of who we are, an identity, and no longer merely something we do.

~Esther Perel

The very ingredients that nurture love - mutuality, reciprocity, protection, worry, responsibility for the other - are sometimes the very ingredients that stifle desire.

~Esther Perel

Romantics value intensity over stability. Realists value security over passion. But both are often disappointed, for few people can live happily at either extreme.

~Esther Perel

Modern love is the enterprise that everyone wants to be a part of, yet there's a fifty percent divorce rate in round one and a sixty-five percent divorce rate in round two.

~Esther Perel

Are you asking a question because you want to know the answer or are you asking the question because you want your partner to know that you are having this question?

~Esther Perel

It isn't so much that we want to leave the person we are with as we want to leave the person we have become.

~Esther Perel

In dating, if you say no, your lover goes on to the next person. In marriage, if you say no, the person stays.

~Esther Perel

You never know your partner as well as you think.

~Esther Perel

Success, to me, is helping one person or many people counter the isolation and pseudoconnectivity of our lives by boosting their ability to connect to themselves and to others.

~Esther Perel

Love is at once an affirmation and a transcendence of who we are.

~Esther Perel

In my community there were two groups of people, There were the ones who did not die and the ones who came back to life.

~Esther Perel

The secret to desire in a long-term relationship

~Esther Perel

When there is nothing left to hide, there is nothing left to seek.

~Esther Perel

What is the relationship between love and desire? How do they relate, and how do they conflict? ... Therein lies the mystery of eroticism.

~Esther Perel

The kiss that you have never given is just as powerful as hours of actual lovemaking. The erotic isn't just what is happening between people's legs. It is also what's happening in their erotic mind.

~Esther Perel

There's something very full in knowing that your partner accepts you as is.

~Esther Perel

Eroticism thrives in the space between the self and the other.

~Esther Perel

Marriage isn't meant to make you happy - it's there because it gives you a life in which you can find happiness.

~Esther Perel

Today, monogamy is one person at a time.

~Esther Perel

Everyone should cultivate a secret garden.

~Esther Perel

We used to moralize; today we normalize, and performance anxiety is the secular version of our old religious guilt.

~Esther Perel

Related Links:

- People Quotes
- Home Quotes
- Sex Quotes
- Thinking Quotes
- Mean Quotes
- Desire Quotes
- Couple Quotes
- Persons Quotes
- Motivation Quotes
- Partners Quotes
- Giving Quotes
- Passion Quotes
- Love Is Quotes
- Inspiration Quotes
- Today Quotes
- Two Quotes
- Lying Quotes
- Want Quotes
- Secret Quotes
- Loss Quotes