

# Frank Iero

## Quotes

*Song, Thinking, People, Art, Real, Heart, Hate, Kids, Writing, Giving, Mean,  
Dream, Pain, Appreciate, Names, Book, Ideas, Fall, Ifs, Lasts*

Love what you do and who you truly are. Be willing to die for it. If you are true to yourself, you can never go wrong

~Frank Iero

Emo always meant emotional. Any kind of art or music should be emotional. If its not, than it's pretty much just a jingle selling bleach or pizza.

~Frank Iero

The future's too bright to dwell on the past. Life moves fast, run faster.

~Frank Iero

My name is Frank Iero and I hate mushrooms. All mushrooms. No matter how they're prepared, I feel like they're all slimy and they taste like dirt.

~Frank Iero

I would rather be trampled by thousands of children than touch a spider.

~Frank Iero

My tattoos are like a scrapbook of my life. Sometimes you don't feel comfortable in your own skin, so covering it up with pictures helps

~Frank Iero

If you lose count of how many cookies you ate, the calorie intake ceases to exist. True story.

~Frank Iero

I tend to really like things that are broken, I like the ones that are perfectly imperfect.

~Frank Iero

These are dangerous days we live in and you, the artists, are our last

defense.

~Frank Iero

Popsicles should be the new black and then everyone would have one.

~Frank Iero

No one is born with hate in their heart.

~Frank Iero

Things don't happen to you, they happen for you.

~Frank Iero

If you don't listen, you're never gonna learn.

~Frank Iero

People don't always realize that a record is forever. It'll always be there under your name. You've got to be certain that it's right.

~Frank Iero

My biggest addictions have been chocolate cake, mashed potatoes, and butter sandwiches.

~Frank Iero

Every experience that you have is important.

~Frank Iero

Everything I've ever dreamed of, everything in my wildest dreams, is coming true.

~Frank Iero

Really I don't know anything other than Jersey. I like the dirtiness of it. Now I'm getting to see the world, and it's great, but it's not better than Jersey.

~Frank Iero

About six years ago my family was affected by multiple sclerosis.

~Frank Iero

I like taking my time and seeing the things around me and appreciating the now.

~Frank Iero

People never cease to amaze us.

~Frank Iero

Festivals are weird, you never know what to expect so it's a bit more nerve wracking than playing your own show.

~Frank Iero

I have a split - of my real home-life side that's real-life, and then the creative side that is not necessarily real-life, but it intersects my real-life so much.

~Frank Iero

The messenger is not as important as the message.

~Frank Iero

This is a dream come true. I have wanted to tour with Green Day since I was 15.

~Frank Iero

At times, it could be a bit difficult to understand everything that's being said when just listening, but I wanted the lyrics to be the first impression.

~Frank Iero

Anytime you put yourself in a creative box, it's going to stifle you; it's not conducive to the writing or recording process.

~Frank Iero

Sometimes art is just about getting a reaction, that's really the end-all be-all.

~Frank Iero

Having kids had a big effect on me, but nothing more than when they started to get older- that really made me realize how fleeting each moment is.

~Frank Iero

It's always awkward to pretend to play. I feel like Ashlee Simpson. Oooh, zing.

~Frank Iero

Even as a kid- do all kids think about this? I hope they don't, I hope my kids don't think about this- I was always thinking about, "Well, what are we doing? What is this all about?"

~Frank Iero

When you break it all down, my punk rock is my dad's blues. It's music from the underground, and it's real, and it's written for the downtrodden in uncertain times.

~Frank Iero

My first show was when I was a high school freshman, but it was at the junior class dance. My older friend and bandmate booked it.

~Frank Iero

Where my heart lies is in the real-life, but at the same time part of it lies in this creative realm where I need to go in and put out that fire, scratch that itch, in order to be all rounded.

~Frank Iero

Publishing the lyric books, poetry or comics of other musicians I know. That's the thing I really want to break into!

~Frank Iero

If I couldn't play, I wouldn't be alive.

~Frank Iero

I'm a big proponent of letting songs tell me what they wanna sound like.

~Frank Iero

I made songs really for myself - I didn't ever expect to put it out there.

~Frank Iero

I've always been in bands writing songs with friends in order to play shows or record a future record.

~Frank Iero

I have no want or desire to solo. I'd rather create melodies and accompanying parts.

~Frank Iero

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