

Frank Thomas

Quotes

Thinking, Guy, Baseball, Trying, Giving, Men, Hurt, Long, Maturity, Feels, Shapes, Worry, Football, Focus, Training, Communicate, You Live And Learn, Creativity, Live And Learn, Running

As you get older, it gets harder to get rid of that belly but I do a lot of cardio to try to stay in shape.

~Frank Thomas

I always try to overachieve. I feel I have something to prove every day.

~Frank Thomas

The Big Hurt describes me perfectly-not as a person, but as a player. It's what I do to a baseball.

~Frank Thomas

I take a lot of pitches. Some guys hate to do that.

~Frank Thomas

Observe Everything. Communicate Well. Draw, Draw, Draw.

~Frank Thomas

I'm not cocky. But I'm very confident.

~Frank Thomas

I always took my workouts serious because I have a football background. I came from football, so when I got to baseball, I continued my football workouts in the offseason.

~Frank Thomas

I just don't feel like I'm old. I still feel like I've got a lot of years, a lot to give in this game, and I'm able to do it because I love to work.

~Frank Thomas

My focus is on a ring, and giving the best individual performance I can.

~Frank Thomas

As you get old, you live and learn.

~Frank Thomas

I just have to be myself, and not worry about everyone looking at me and watching.

~Frank Thomas

I always wanted to be the strongest man on the field. Most of the time, they said I was lifting too much but I didn't believe in that at all.

~Frank Thomas

A lot of guys are free swingers, but I'm up there looking for a specific pitch.

~Frank Thomas

You just can't wake up out of bed and think you can figure out a gym. You definitely need some personal training.

~Frank Thomas

My maturity level is rising. I think there are certain situations that I'm handling better than in the past.

~Frank Thomas

Money doesn't motivate, but stats do.

~Frank Thomas

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