

Fred Alan Wolf

Quotes

*Thinking, People, Air, Past, Views, Real, Mind, Reality, Space, Spiritual, Able,
Believe, Moving, Medicine, Bird, Ideas, Trying, Water, Creative, Ifs*

What I thought was unreal now, for me, seems in some ways to be more real than what I think to be real, which seems now to be unreal

~Fred Alan Wolf

Reality gets created through acts of observation

~Fred Alan Wolf

When you start to try to understand everything in terms of words, the understanding of the words becomes the experience, and the experience gets lost.

~Fred Alan Wolf

Consciousness is the creative element in the universe. Without it, nothing would appear.

~Fred Alan Wolf

I read that Buddha was able to see all of his past lives, and I realized the only way any of these people could do that is by being outside of time.

~Fred Alan Wolf

The quantum is that embarrassing little piece of thread that always hangs from the sweater of space-time. Pull it and the whole thing unravels.

~Fred Alan Wolf

The self is fundamentally an illusion arising as a reflection of the soul in matter, much as a clear lake at midnight reflects the moon.

~Fred Alan Wolf

People who are creative often will spend hours doing something and come out of their period of creation and not even notice that hours have passed. In that sense, they're able to time travel.

~Fred Alan Wolf

In very subtle ways, how we regard ourselves and others continually changes us into something new.

~Fred Alan Wolf

You had to be able to lift yourself outside of the time stream - and that essentially became what is called the yoga of time travel.

~Fred Alan Wolf

Dreams - Language in a dream is unspoken but understood. Words get in the way.

~Fred Alan Wolf

That's sort of the idea that if we, in attempting to explain away that which is experienced, the experience itself is diminished.

~Fred Alan Wolf

The real alchemy is transforming the base self into gold or into spiritual awareness. That's really what new alchemy's all about.

~Fred Alan Wolf

Reality includes both the past and the future, but existence includes only the present and is totally dependent on the reality of past and future universes. Without them there is no existence now.

~Fred Alan Wolf

There is an ability to move and transform things. I think each human being has that power, and it's often one that we are willing to relinquish to others.

~Fred Alan Wolf

The shamanic realm is to get you out of the word set. For skeptics, that's impossible, and they just can't see that and it just makes no sense.

~Fred Alan Wolf

The place where...knowledge occurs is the present. That which recognizes the present is mind.

~Fred Alan Wolf

I'm not talking to you from the point of view of wishful thinking or imaginary craziness. i'm talking to you from a deeper, basic understanding.

~Fred Alan Wolf

You can't blame the person for creating that illness for themselves, because it was a creation. If you could find out how you created it, you might be able to find out a way to let go.

~Fred Alan Wolf

All we know is that you are, if you will, the acme of perfection.

~Fred Alan Wolf

Oh, scientific mind. You get all your data from us, the senses, but without us you would be nothing.

~Fred Alan Wolf

When I speak or when I offer ideas and explain how the universe seems to work from the point of view that I've understood, it seems to give people a lift - an unshackling or freeing.

~Fred Alan Wolf

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