

Freema Agyeman

Quotes

*Acting, School, People, Doctors, Marine, Swings, Sleep, Energy, Lists, Knows,
Needs, Ideas, Running, Turkeys, Breakfast, One Day, Used, Nice, Eye, Art*

My own style is one of not much effort.

~Freema Agyeman

I'm fully aware that 'Doctor Who' will always, always be part of my life, and that's not something I would run away from in the slightest. I wear it with pride, definitely.

~Freema Agyeman

I swing between procrastination and being really thorough so either way things aren't getting done quickly.

~Freema Agyeman

I know it's really square but I'm one of those people who piles on the factor 50 as soon as I'm outside.

~Freema Agyeman

I only unwind at facials and massages.

~Freema Agyeman

I constantly make lists and itineraries and then can't stick to any of them.

~Freema Agyeman

I used to be absolutely addicted to the gym and I do still love it.

~Freema Agyeman

I love hotels for their solitude and comfort, but I believe a seedy one can have as much promise as a plush one.

~Freema Agyeman

I appreciate individualism.

~Freema Agyeman

I always have to have breakfast before I leave the house, even if it's 4

A.M. and I'm not hungry.

~Freema Agyeman

I couldn't sustain myself if I skimped on food - I work 16-hour days, I need the energy, I can't afford to be stingy on what I eat.

~Freema Agyeman

I'm not very glamorous.

~Freema Agyeman

Being short works for me.

~Freema Agyeman

Whether people watch Doctor Who or not over here, everybody knows about it. It's a British icon, it's so part of the nation.

~Freema Agyeman

I was very much into science when I was young - I wanted to be a marine biologist, then I wanted to be a doctor, and then something else, I was always changing.

~Freema Agyeman

I'm one of these people that if I have a nice holiday - like I have had in Turkey repeatedly - I go back a lot.

~Freema Agyeman

I don't have an iPod! It's never appealed to me, really.

~Freema Agyeman

I've had journalists beg me to please say something negative about my estate.

~Freema Agyeman

I went to a very academic school that actually - when I got to the point

of wanting to pursue acting, they just had no idea how to do that, because all of their contacts were very academic.

~Freema Agyeman

The way sci-fi works, you can never die.

~Freema Agyeman

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