

# Fritjof Capra Quotes

*Science, Views, Spiritual, Men, Patterns, Reality, Creativity, Understanding,  
Unity, Way, Nature, Doe, Community, Essence, Religious, Learning, Events,  
Physics, Knowledge, Fundamentals*

The more complex the network is, the more complex its pattern of interconnections, the more resilient it will be.

~Fritjof Capra

Ecology and spirituality are fundamentally connected, because deep ecological awareness, ultimately, is spiritual awareness.

~Fritjof Capra

Understanding of life begins with the understanding of patterns.

~Fritjof Capra

Science does not need mysticism and mysticism does not need science but man needs both.

~Fritjof Capra

Whenever we look at life, we look at networks.

~Fritjof Capra

One of the key insights of the systems approach has been the realization that the network is a pattern that is common to all life. Wherever we see life, we see networks.

~Fritjof Capra

A sustainable human community is designed in such a manner that its ways of life, technologies, and social institutions honor, support, and cooperate with nature's inherent ability to sustain life.

~Fritjof Capra

Our Western science, ever since the 17th century, has been obsessed with the notion of control, of man dominating nature. This obsession has led to disaster.

~Fritjof Capra

Modern physics has... revealed that every sub-atomic particle not only

performs an energy dance, but also is an energy dance; a pulsating process of creation and destruction.

~Fritjof Capra

The term "paradigm," from the Greek paradeigma ("pattern"), was used by Kuhn to denote a conceptual framework shared by a community of scientists and providing them with model problems and solutions

~Fritjof Capra

Subatomic particles have no meaning as isolated entities, but can only be understood as interconnections between the preparation of an experiment and the subsequent measurement.

~Fritjof Capra

During periods of relaxation after concentrated intellectual activity, the intuitive mind seems to take over and can produce the sudden clarifying insights which give so much joy and delight.

~Fritjof Capra

In modern physics, the universe is experienced as a dynamic inseparable whole which always includes the observer in an essential way.

~Fritjof Capra

Zen phrase says The instant you speak about a thing you miss the mark.

~Fritjof Capra

As long as we do science, some things will always remain unexplained.

~Fritjof Capra

Organizations need to undergo fundamental changes, both in order to adapt to the new business environment and to become ecologically

sustainable.

~Fritjof Capra

The influence of modern physics goes beyond technology. It extends to the realm of thought and culture where it has led to a deep revision in man's conception of the universe and his relation to it

~Fritjof Capra

Subatomic particles do not exist but rather show 'tendencies to exist', and atomic events do not occur with certainty at definite times and in definite ways, but rather show 'tendencies to occur'.

~Fritjof Capra

Tektology was the first attempt in the history of science to arrive at a systematic formulation of the principles of organization operating in living and nonliving systems.

~Fritjof Capra

The elements of life are dynamic patterns of mass and energy, events rather than objects.

~Fritjof Capra

Both the physicist and the mystic want to communicate their knowledge, and when they do so with words their statements are paradoxical and full of logical contradictions.

~Fritjof Capra

A page from a journal of modern experimental physics will be as mysterious to the uninitiated as a Tibetan mandala. Both are records of enquiries into the nature of the universe.

~Fritjof Capra

For children, most importantly, being in the garden is something magical.

~Fritjof Capra

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