

Gabby Douglas Quotes

*Gymnastics, Dream, Thinking, Giving Up, Winning, Team, Girl, Mom, Hair,
Want, Believe, Sacrifice, Hard Work, Fighting, Passion, Dinner, Inspirational,
Never Forget, Fall, Kind*

Never give up and always keep fighting, because though times may be tough, the sacrifices do pay off, so just keep pushing towards your dream and just love it at the same time and enjoy it.

~Gabby Douglas

Hard days are the best because that's when champions are made.

~Gabby Douglas

My message is to never quit, never give up. When you have a little trouble here and there, just keep fighting. In the end, it will pay off.

~Gabby Douglas

Gold medals are made out of sweat, blood and tears and effort in the gym every day.

~Gabby Douglas

Never quit. Never give up.

~Gabby Douglas

You know, God has a plan for me, and I'm going to follow in his footsteps and just rejoice and be happy.

~Gabby Douglas

The most important thing is to believe in yourself and know that you can do it.

~Gabby Douglas

Don't be afraid to speak up for yourself. Keep fighting for your dreams!

~Gabby Douglas

No one is going to feel sorry for you, so you have to go out there and be fierce.

~Gabby Douglas

Always be courageous and strong, and don't fear.

~Gabby Douglas

If you push through the hard days you can get through anything.

~Gabby Douglas

You just have to be yourself and go full with confidence and be courageous!

~Gabby Douglas

I wear makeup pretty much every day. For training, I usually do a lighter base, a lighter blush and I used the mascara and a little bit of the lip gloss.

~Gabby Douglas

Sacrifices are not in vain. At the end, everything will pay off.

~Gabby Douglas

To win Olympic gold it takes a lot of **HARDWORK**, a lot of **PASSION**, a lot of **SACRIFICES**.

~Gabby Douglas

Always be courageous and strong, & don't fear. You've got to be confident when you're competing. You've got to be a beast.

~Gabby Douglas

If we set our minds, we can achieve anything.

~Gabby Douglas

I like squirrels. They're so adventurous.

~Gabby Douglas

I had to face a lot coming through this journey, a lot of sacrifices, difficulties, challenges, and injuries.

~Gabby Douglas

I've learned how to stay humble. I don't want to get in over my head because when you do that it takes you off your game.

~Gabby Douglas

It's kind of a win-win situation. The glory goes up to Him and the blessings fall down on me.

~Gabby Douglas

You need your mom and dad to protect you. It means they love you so much. It was awesome she was backing me up and defending me.

~Gabby Douglas

Believe, don't fear, believe.

~Gabby Douglas

The one snack I really love is YoCrunch yogurt. It's like an apple pie in a cup! You have your apples on the bottom, your yogurt in the middle, and piecrust crumbs on top.

~Gabby Douglas

I accomplished something big and that's a memory I will never forget.

~Gabby Douglas

The hard work definitely paid off and hard work always does.

~Gabby Douglas

I was just, you know, kind of getting racist jokes, kind of being isolated from the group. So it was definitely hard. I would come home at night and just cry my eyes out.

~Gabby Douglas

Don't be shy. Go for it and ask your crush out.

~Gabby Douglas

I would love to be remembered as someone who inspired young girls never to give up on their dreams.

~Gabby Douglas

You want to picture yourself being on top and doing amazing gymnastics.

~Gabby Douglas

I just want to continue with gymnastics because I'm still young and fresh. I think can get some more titles under my belt.

~Gabby Douglas

Did I choose my hair texture? No. I'm grateful for having this hair on my head.

~Gabby Douglas

I wanted to finish on a stronger note. Fighting through that routine, you know what I was like, 'I'm just fighting through.'

~Gabby Douglas

I just want to inspire all those people who gave up and said 'I quit,'
Never give up!

~Gabby Douglas

I used to have this lucky rock and I used to always have to rub it three times before I competed.

~Gabby Douglas

I have no regrets coming back for a second Olympic team [in 2016]. It's been an amazing experience. It's been teaching me a lot.

~Gabby Douglas

My mom used to tell me when I was little, 'When it rains, it's God's manifestation - a big day's waiting to happen.'

~Gabby Douglas

I give myself a pep talk and visualize the routine. I tell myself: "I can do this, let's go!"

~Gabby Douglas

I just spent my whole life training and focused on one thing, I really don't even think about after the fact! It's like, oh yeah, I have to do something after!

~Gabby Douglas

Let all that I am praise the LORD; may I never forget the good things he does for me.

~Gabby Douglas

I want to do all roles. The skys the limit.

~Gabby Douglas

I kind of do think of myself as a superhero and just flying high, and doing these crazy flips.

~Gabby Douglas

I like to hike and play with my dogs and spend time with my family. We go out to family dinners a lot.

~Gabby Douglas

I don't like to try strange foods. I like to explore different foods, but if you ask me to eat crocodile or frogs... I'm like no. That's where I draw the line.

~Gabby Douglas

I'd tell any girl who continues to love gymnastics enough to want pursue

a college scholarship to keep pushing yourself 100% in the gym every single day.

~Gabby Douglas

I wrote the book 'Grace, Gold & Glory' because I had to overcome many challenges and hardships. I wanted to share my story to let anyone facing hardships know that your dream is still possible.

~Gabby Douglas

I'm a very good bowler, which I discovered a few months ago.

~Gabby Douglas

I love how everybody just brings a different personality to the mix and everyone's different in their own way. There's a lot of energy - that's the vibe of Team USA.

~Gabby Douglas

Serena Williams [inspires me]. The first time I met her, she was like, "We should hang out and go to dinner," and I'm like, "Uh, yeah! If you insist."

~Gabby Douglas

I blast "Northern Sky," by the Capital Kings, on the way there, but at the gym, I totally zone out.

~Gabby Douglas

I was supporting Aly [Raisman]. I will always will support them and respect them. I don't want anyone to take it as jealous or I wanted attention.

~Gabby Douglas

Sometimes I like to watch videos of myself and see how confident I was.

~Gabby Douglas

I'm not gonna lie, I love Usain Bolt and Serena Williams. What I love about Serena is that she just gets on the floor and she dominates. She handles her business very well, I respect that.

~Gabby Douglas

I love listening to Lil' Wayne, Drake, and Eminem to get me fired up!

~Gabby Douglas

My mom says I'm a fighter, a fierce competitor, and I think I am, too.

~Gabby Douglas

I wake up at about 9 a.m., and have a few hours of school or time to relax. Then, I have practice at 2:30 p.m. with my team.

~Gabby Douglas

I think I would go for a Michael Phelps kind of guy.

~Gabby Douglas

It's definitely important to have your mom and family there to back you up and cheering from the stands.

~Gabby Douglas

It's very tough for me to focus. I'm like: 'Look, something shiny! No, focus. Oh, there goes a butterfly!'

~Gabby Douglas

I've been on a tweeting mission.

~Gabby Douglas

Nothing is going to change. I'm going to wear my hair like this during beam and bar finals. You might as well stop talking about it.

~Gabby Douglas

I googled 'Gabby Douglas,' and all these things popped up like 'Gabby

Douglas makes history!' And 'She's the champion!'

~Gabby Douglas

I would love to be a role model.

~Gabby Douglas

I wanted to tell my story and where I came from and my background, because it was not easy.

~Gabby Douglas

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