

Gail Sheehy

Quotes

Self, Age, Men, Inspirational, People, Thinking, Growth, Children, Change, Denial, America, Risk, Way, Stars, Wine, Awards, Birthday, Caring, Letting Go, Unique

The present never ages. Each moment is like a snowflake, unique, unspoiled, unrepeatable, and can be appreciated in its surprisingness.

~Gail Sheehy

If we don't change, we don't grow. If we don't grow, we are not really living.

~Gail Sheehy

Sex and older women used to be considered an oxymoron, rarely mentioned in the same breath.

~Gail Sheehy

To be tested is good. The challenged life may be the best therapist.

~Gail Sheehy

Growth demands a temporary surrender of security.

~Gail Sheehy

Although there are many trial marriages... there is no such thing as a trial child.

~Gail Sheehy

With each passage of human growth we must shed a protective structure . We are left exposed and vulnerable - but also yeasty and embryonic again, capable of stretching in ways we hadn't known before.

~Gail Sheehy

Husbands come and go; children come and eventually they go. Friends grow up and move away. But the one thing that's never lost is your sister.

~Gail Sheehy

The source of continuing aliveness was to find your passion and pursue

it, with whole heart and single mind.

~Gail Sheehy

If every day is an awakening, you will never grow old. You will just keep growing.

~Gail Sheehy

Changes are not only possible and predictable, but to deny them is to be an accomplice to one's own unnecessary vegetation.

~Gail Sheehy

Whether one has natural talent or not, any learning period requires the willingness to suffer uncertainty and embarrassment.

~Gail Sheehy

Transformation also means looking for ways to stop pushing yourself so hard professionally or inviting so much stress.

~Gail Sheehy

If we don't change, we don't grow. If we don't grow, we aren't really living.

~Gail Sheehy

No sooner do we think we have assembled a comfortable life than we find a piece of ourselves that has no place to fit in.

~Gail Sheehy

When you have self-respect, you have enough.

~Gail Sheehy

There is no more defiant denial of one man's ability to possess one woman exclusively than the prostitute who refuses to be redeemed.

~Gail Sheehy

When men reach their sixties and retire, they go to pieces. Women go right on cooking.

~Gail Sheehy

Frustration is the mother of risk.

~Gail Sheehy

A restless vitality wells up as we approach 30.

~Gail Sheehy

It is a paradox that as we reach out prime, we also see there is a place where it finishes.

~Gail Sheehy

The secret of a leader lies in the tests he has faced over the whole course of his life and the habit of action he develops in meeting those tests.

~Gail Sheehy

The delights of self-discovery are always available.

~Gail Sheehy

You may never know when things start to go bad, but when things are worse you know it.

~Gail Sheehy

The perceptions of middle age have their own luminosity.

~Gail Sheehy

by operating on the principle of human and material obsolescence, America eats her history alive.

~Gail Sheehy

In the many times I have seen Hillary [Clinton] speak, she never fails to

dazzle audiences by speaking in paragraphs, without notes.

~Gail Sheehy

The [Hillary] Clinton campaign was still operating with a White House mentality.

~Gail Sheehy

To hear how special and wonderful we are is endlessly enthralling.

~Gail Sheehy

Men are not given awards and promotions for bravery in intimacy.

~Gail Sheehy

Young women who I think do the best job of balancing family life and a big career start businesses or work for themselves. That's the best way of being in charge of your life.

~Gail Sheehy

Leaders are people we as followers want to regard with awe as the fullest flowering of our own possibilities.

~Gail Sheehy

It is a silly question to ask a prostitute why she does it ... These are the highest-paid 'professional' women in America.

~Gail Sheehy

Being a pathfinder is to be willing to risk failure and still go on.

~Gail Sheehy

By listening, by caring, by playing you back to yourself, friends ratify your better instincts and endorse your unique worth. Friends validate you.

~Gail Sheehy

With the only certainty in our daily existence being change, and a rate of change growing always faster in a kind of technological leapfrog game, speed helps people think they are catching up.

~Gail Sheehy

Adolescents are like cockroaches: They come out the minute you leave town, crawl the walls, feed indiscriminately, reproduce alarmingly unless drugged, and will certainly outlast you.

~Gail Sheehy

The secret in the search for meaning is to find your passion and pursue it.

~Gail Sheehy

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