

Gangaji Quotes

*Self, People, Awareness, Thinking, Spiritual, Heart, Who You Are, Silence, Love
Is, Usual, Suffering, Doe, Mean, Pure, Patterns, Wisdom, Moments, Running,
Needs, Maturity*

When you are willing to stop looking for something in thought, you find everything in silence.

~Gangaji

Under the obsessive thoughts and plans, under the emotions, positive and negative, there is an ocean of peace.

~Gangaji

Love has nothing to do with another person. Love is Truth. Love is Beauty. Love is Self. To know yourself, to surrender to the truth of yourself, is to surrender to love.

~Gangaji

True forgiveness and love arise naturally, effortlessly, from the silence of the heart broken all the way open.

~Gangaji

Be naked in the splendor of the truth of who you are.

~Gangaji

Pure no-thing-ness is conscious intelligence.

~Gangaji

You have the freedom, ability and authority to love your life. Just be you, then wait.

~Gangaji

If you're laughing, you're healing.

~Gangaji

Recognize, you ARE Home. Not, you are 'at home'... you ARE Home. Not, you have 'come home'... you ARE Home. You are that which IS Home.

~Gangaji

Safety is knowing that when this particular life form is finished, what it has served remains.

~Gangaji

There's great release, really, in not seeing into the future.

~Gangaji

To be truly happy you must recognize who you are with nothing.

~Gangaji

You cannot truly express yourself until you first discover who you are.

~Gangaji

Be open. And then the truth follows.

~Gangaji

You cannot be happy unless you are serving the truth of your being, however that service looks.

~Gangaji

Fulfillment has nothing to do with circumstances.

~Gangaji

There is nothing more potent than thought. Deed follows word and word follows thought. And where the thought is mighty and pure, the result is mighty and pure.

~Gangaji

Who you are, in truth, who everyone is, is whole and perfect and beautiful. And if that can be recognized, then it is possible that self-torture can stop!

~Gangaji

I'm not suggesting that you have to overcome your fear of death. But

we have to be willing to recognize at any moment, death could come.

~Gangaji

I could see that everything I had identified as really me, was not really me, but was just a pattern of strategies to avoid some kind of abyss or emptiness.

~Gangaji

In a sacred moment, when attention is pulled inward, rather than continuing in its usual outward direction, silence is realized.

~Gangaji

Need nothing and then see what happens.

~Gangaji

Meditating is not a matter of saying i am going to meditate. It is, just for a moment retreating from the need to do anything and instead just be.

~Gangaji

What ever we embrace eventually reveals the place we have been seeking.

~Gangaji

My responsibility is simply being who I am and not buying into any projection as real. No projection is finally real, but projection does play a very important role.

~Gangaji

All of the searching, all of the struggling, all of the efforting to find your true self is naturally revealed in open, relaxed simplicity.

~Gangaji

What will happen in your life if you accept the invitation to stillness cannot be known ... what can be known is you will have a larger

capacity to truly meet whatever appears.

~Gangaji

Fulfillment has nothing to do with circumstances.

~Gangaji

The choiceless truth of who you are is revealed to be permanently here permeating everything. Not a thing and not separate from anything.

~Gangaji

Finally all that is trustworthy is this immeasurable silent awareness that is the truth of who you are, that is love.

~Gangaji

The word God, to me, is like the word enlightenment. It's become so corrupted by our ideas of what God is.

~Gangaji

But somehow in identifying myself as the healer, there was still a seed of both self-righteousness and defense from a kind of emptiness.

~Gangaji

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