Motivation, Results, Giving, Focus, Thinking, Discipline, Needs, Might,
Multitasking, Done, Two, Powerful, Tasks, Enough, One Thing At A Time,
Reality, Simple, Distraction, Determine, Achievement

Multi-tasking is merely the opportunity to screw up more than one thing at a time.

~Gary W. Keller

Success is actually a short race-a sprint fueled by discipline just long enough for habit to kick in and take over.

~Gary W. Keller

Don't let small thinking cut your life down to size. Think big, aim high, act bold. And see just how big you can blow up your life.

~Gary W. Keller

Taking complete ownership of your outcomes by holding no one but yourself responsible for them is the most powerful thing you can do to drive your success.

~Gary W. Keller

Until my ONE thing is done, everything else is a distraction.

~Gary W. Keller

To ignite your life you must focus on ONE Thing long enough for it to catch fire.

~Gary W. Keller

Multitasking is a lie.

~Gary W. Keller

It is not that we have too little time to do all the things we need to do, it is that we feel the need to do too many things in the time we have.

~Gary W. Keller

A life worth living might be measured in many ways, but the one way that stands above all others is living a life of no regrets.

~Gary W. Keller

Extraordinary results happen only when you give the best you have to become the best you can be at your most important work.

~Gary W. Keller

Task switching exacts a cost few realize they are even paying.

~Gary W. Keller

All great achievements are the result of sustained focus over time-all of them.

~Gary W. Keller

Anyone who dreams of an uncommon life eventually discovers that there is no choice but to seek an uncommon approach to living it.

~Gary W. Keller

The trick to success is to choose the right habit and bring just enough discipline to establish it.

~Gary W. Keller

Success is built sequentially. It's one thing at a time.

~Gary W. Keller

You need to be doing fewer things for more effect instead of doing more things with side effects.

~Gary W. Keller

Success is sequential, not simultaneous

~Gary W. Keller

Your next step is simple. You are the first domino.

~Gary W. Keller

To be financially wealthy you must have a purpose for your life. In other words, without purpose, you'll never know when you have enough

money, and you can never be financially wealthy.

~Gary W. Keller

There is magic in knocking down your most important domino day after day. All you have to do is avoid breaking the chain, one day at a time, until you generate a powerful new habit in your life.

~Gary W. Keller

When you give your ONE Thing your most emphatic Yes! and vigorously say No! to the rest, extraordinary results become possible.

~Gary W. Keller

If everyone has the same amount of time and yet some earn more than others, can we say then say that it's how we use our time that determines the money we make?

~Gary W. Keller

What's the ONE Thing you can do such that by doing it everything else will be easier or unnecessary?

~Gary W. Keller

A different result requires doing something different.

~Gary W. Keller

You can do two things at once, but you can't focus effectively on two things at once.

~Gary W. Keller

You'd be hard pressed to find elite achievers who don't have coaches helping them in key areas of their life.

~Gary W. Keller

Extraordinary results are directly determined by how narrow you can make your focus.

~Gary W. Keller

The path of mastering something is the combination of not only doing the best you can do at it, but also doing it the best it can be done.

~Gary W. Keller

If disproportionate results come from one activity, then you must give that one activity disproportionate time.

~Gary W. Keller

In the end, the best way to succeed is to go small. And when you go small, you say no - a lot. A lot more than you might have even considered before.

~Gary W. Keller

Juggling is an illusion. ... In reality, the balls are being independently caught and thrown in rapid succession. ... It is actually task switching. ~Gary W. Keller

Find the lead domino, and whack away at it until it falls.

~Gary W. Keller

Even an idle phone conversation when driving takes a 40 percent bite out of your focus and, surprisingly, can have the same effect as being drunk.

~Gary W. Keller

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