

Gichin Funakoshi

Quotes

Art, Karate, Mind, Technique, Men, Practice, Important, Martial Arts, Thinking, Courtesy, Ends, Body, Training, Firsts, Years, Perfection, Trying, Lying, Heat, Fighting

The ultimate aim of Karate lies not in victory or defeat, but in the perfection of the character of its participants.

~Gichin Funakoshi

What you have been taught by listening to others' words you will forget very quickly; what you have learned with your whole body you will remember for the rest of your life.

~Gichin Funakoshi

True karate is this: that in daily life one's mind and body be trained and developed in a spirit of humility, and that in critical times, one be devoted utterly to the cause of justice.

~Gichin Funakoshi

Seek perfection of character. Be faithful. Endeavor. Respect others. Refrain from violent behaviour.

~Gichin Funakoshi

Once a kata has been learned, it must be practised repeatedly until it can be applied in an emergency, for knowledge of just the sequence of a kata in karate is useless.

~Gichin Funakoshi

In battle, do not think that you have to win. Think rather that you do not have to lose.

~Gichin Funakoshi

No matter how you may excel in the art of Karate, and in your scholastic endeavors, nothing is more important than your behavior and your humanity as observed in daily life.

~Gichin Funakoshi

Spirit first, technique second.

~Gichin Funakoshi

Only through training will a person learn his own weaknesses... He who is aware of his weaknesses will remain master of himself in any situation.

~Gichin Funakoshi

Beginners must master low stance and posture, natural body positions are for the advanced.

~Gichin Funakoshi

When you look at life think in terms of karate. But remember that karate is not only karate -- it is life.

~Gichin Funakoshi

To practice kata is not to memorize an order. Find the katas that work for you, understand them, digest them & stick with them for life.

~Gichin Funakoshi

Success, cannot be attained alone. Any person's time and power is limited. A wise leader enlists others in working toward organizational goals.

~Gichin Funakoshi

You must ignore the bad and adopt the good.

~Gichin Funakoshi

When two tigers fight, one is certain to be maimed, and one to die.

~Gichin Funakoshi

To search for the old is to understand the new.

~Gichin Funakoshi

Karate-do begins with courtesy and ends with rei.

~Gichin Funakoshi

Karate is like boiling water, if you do not heat it constantly, it will cool.

~Gichin Funakoshi

Inner mental technique is more important than the physical one.

~Gichin Funakoshi

Try to do exactly as you are taught without complaining or quibbling.

~Gichin Funakoshi

Karate is like boiling water: without heat, it returns to it's tepid state

~Gichin Funakoshi

The spirit of karate practice and the elements of training are applicable to each and every aspect of our daily lives.

~Gichin Funakoshi

In the past, it was expected that about three years were required to learn a single kata, and usually even an expert of considerable skill would only know three, or at most five, kata.

~Gichin Funakoshi

When you are learning a new technique, practice it wholeheartedly until you truly understand it.

~Gichin Funakoshi

Remember that you must always have a deep regard for courtesy, and you must be respectful and obedient toward your seniors.

~Gichin Funakoshi

The correct understanding of Karate and its proper use is Karate-do. One who truly trains in this do [way] and actually understands Karate-do is never easily drawn into a fight.

~Gichin Funakoshi

Students of any art, including Karate-do must never forget the cultivation of the mind and the body.

~Gichin Funakoshi

First know yourself, then know others.

~Gichin Funakoshi

Only a true weakling is capable of true courage.

~Gichin Funakoshi

Apply the way of karate to all things. Therein lies its beauty.

~Gichin Funakoshi

There is no first strike in Karate.

~Gichin Funakoshi

Always be ready to release your mind.

~Gichin Funakoshi

Karate is a defensive art from beginning to end.

~Gichin Funakoshi

In karate, hitting, thrusting, and kicking are not the only methods, throwing techniques and pressure against joints are included. All these techniques should be studied referring to basic kata

~Gichin Funakoshi

Don't pretend to be a great master and don't try to show off your strength.

~Gichin Funakoshi

One of the most striking features of karate is that it may be engaged in by anybody, young or old, strong or weak, male or female.

~Gichin Funakoshi

Karate is a technique that permits one to defend himself with his bare hands and fists without weapons.

~Gichin Funakoshi

When you leave your home, think that you have numerous opponents waiting for you (it is your behavior that invites trouble from them).

~Gichin Funakoshi

Put Karate into your everyday living, that is how you will see true beauty.

~Gichin Funakoshi

In time of grave public crisis, one must have the courage to face a million and one opponents.

~Gichin Funakoshi

Karate begins and ends with courtesy.

~Gichin Funakoshi

Since karate is a martial art, you must practice with the utmost seriousness from the very beginning.

~Gichin Funakoshi

It is important that karate can be practiced by the young and old, men and women alike.

~Gichin Funakoshi

The Â«wayÂ», who will pass it on straight and well?

~Gichin Funakoshi

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