

# Goldie Hawn Quotes

*Thinking, People, Children, Believe, Men, Eye, Giving, Happiness, Heart, Girl,  
Joy, Keys, World, Wall, Looks, Beautiful, Age, Letting Go, Years, Dream*

I have witnessed the softening of the hardest of hearts by a simple smile.

~Goldie Hawn

Ditzy dumb blonde? I can be ditzy. I can be.

~Goldie Hawn

You often meet your fate on the road you take to avoid it.

~Goldie Hawn

There are three words I like to repeat to myself: glass half full. Just to remind myself to be grateful for everything I have.

~Goldie Hawn

We have to embrace obstacles to reach the next stage of joy

~Goldie Hawn

We need to have empathy. When we lose empathy, we lose our humanity.

~Goldie Hawn

At 11 years old I made a very definitive decision. And my decision was that I wanted to be happy.

~Goldie Hawn

The only thing that will make you happy is being happy with who you are, and not who people think you are.

~Goldie Hawn

The biggest lesson we have to give our children is truth.

~Goldie Hawn

Why not just live in the moment, especially if it has a good beat?

~Goldie Hawn

Stress is something that's created in the mind, basically. It's how we look at things. So our greatest defense against stress is the ability to change our minds; to change our thinking.

~Goldie Hawn

I've finally stopped running away from myself. Who else is there better to be?

~Goldie Hawn

We are born with the seed of joy; it is up to us to nurture it.

~Goldie Hawn

the smile you give is the smile you get back.

~Goldie Hawn

The beauty of getting older is the surprise of what else you can do to make the world a better place with the wisdom that you've accrued over those years.

~Goldie Hawn

I believe that life is about doing. It's about changing. It's about transitioning. I can't imagine, as a human being, not being able to grow.

~Goldie Hawn

I've come to believe that seeking happiness is not a frivolous pursuit. It's honorable and necessary. And most people forget even to think about it.

~Goldie Hawn

A rested face is a beautiful face. However you can, find your place of rest and peace.

~Goldie Hawn

if we cultivate compassion for those who have hurt us, we have the possibility of overcoming our anger,pain, and fear. compassion is a great medicine.

~Goldie Hawn

Everybody ages. Everybody dies. There is no turning back the clock. So the question in life becomes: What are you going to do while you're here

~Goldie Hawn

There are only three ages for women in Hollywood-Babe, District Attorney, and Driving Miss Daisy.

~Goldie Hawn

Marriage is ridiculous.

~Goldie Hawn

I'm not afraid of my femininity and I'm not afraid of my sexuality.

~Goldie Hawn

We need to habituate better thinking to appreciate more of your day because that has a neurological correlate.

~Goldie Hawn

Never apologize for your success because you worked hard for it.

~Goldie Hawn

Comedy breaks down walls. It frees us for just a moment from the ugliness of this world.

~Goldie Hawn

So curiosity, I think, is a really important aspect of staying young or youthful.

~Goldie Hawn

It is not the question, what am I going to be when I grow up; you should ask the question, who am I going to be when I grow up.

~Goldie Hawn

I got a heart tattooed on my foot. It's my first tattoo.

~Goldie Hawn

What I've learned through my meditation is a sense of equanimity, a sense of all things being equal.

~Goldie Hawn

I noted that people are happy here in India. When I went back home, people had everything in the materialistic sense and were surrounded with abundance, but they were not happy.

~Goldie Hawn

You don't have to tell a child not to bully. You know, you talk at kids, they don't hear you, but when you give them a visceral experience, then they have something to remember.

~Goldie Hawn

I wrote the book because I wanted to be able to share some things that I had learned and as pompous as that may sound, as you get to a certain point in life, you figure so what am I doing?

~Goldie Hawn

We're social animals; we're meant to be together, but we were never necessarily meant to be together without being together. That was never the plan, I don't think.

~Goldie Hawn

The key is to figure out what you want out of life, not what you want out of your career.

~Goldie Hawn

The key is to learn to respect and honor the complications of other people's lives

~Goldie Hawn

I really think that to a lot of people hair is everything. Bad hair takes over everything, it really does. I think if somebody has bad hair it doesn't matter what else is happening.

~Goldie Hawn

So maybe that's what the difference is, is that when you intend to be happy, then you figure out ways to sustain your happiness or your ability to feel moments of joy in your life.

~Goldie Hawn

Comedy is like catching lightning in a bottle.

~Goldie Hawn

One of Buddhism's main practices is understanding and experiencing compassion, and how that ultimately is a road to happiness.

~Goldie Hawn

Liberation is an interesting word, because you can be liberated from external things, and also from your internal dialogue.

~Goldie Hawn

I practice Buddhist philosophy and contemplation but I don't know if I'm more of anything.

~Goldie Hawn

Family has always been the most important thing in my life. The only real goal that I ever had was to be a good mother.

~Goldie Hawn

If you have a sense of yourself, your mission, your belief system, those

things will lead you to success

~Goldie Hawn

If you put junk food in your body, your body will turn to junk.

~Goldie Hawn

All I ever wanted to be was happy.

~Goldie Hawn

I think that the boys have a tendency to be less receptive than the girls.

~Goldie Hawn

Paparazzi will try to get the most controversial picture of you in a compromising position because that's how they're going to sell it.

~Goldie Hawn

So, but I've always been very realistic about what it is when you're in the public eye.

~Goldie Hawn

My mother loved the Bible.

~Goldie Hawn

I'll have a lot of wrinkles on my face, but I feel like my heart will be fat and full.

~Goldie Hawn

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